

SANFORD SPOTLIGHT

SMS 8th Grader Offers Helping Hand Every Morning



Najhaun Simpson, a Sanford Middle School 8th Grader, has taken on a unique role alongside School Resource Officer Joe Jourdain.

Every morning from 7:15 a.m. to 7:40 a.m., Najhaun assists Officer Jourdain in the drop-off line in front of the school. Najhaun helps direct incoming traffic and allows students to cross the street on their way to the school safely.

On one chilly Friday morning, Najhaun is waving for cars to come through and directing them to stop when students are crossing, all while providing infectious energy. As students walk into the school, Najhaun gives them his smile. More often than not, he'll give a student a fist bump as they walk in. His enthusiasm gives the students the extra jolt of positivity they need to continue their day. Officer Jourdain says Najhaun has that same personality all day long.

[Read more here](#)

Resources For Families

The articles below may help in talking to your child/children in developmentally appropriate ways about the recent events in Lewiston.

Don't hesitate to get in touch with your child's school counselor or social worker if you have particular questions or need assistance in navigating these difficult conversations.

- [Helping Children Hope With Tragedy Related Anxiety](#)
- [Tips For Talking With Children And Youth After Traumatic Events](#)
- [Coping After Mass Violence](#)

Challenge Day



Challenge Day took place at Sanford High School and Middle School, reaching the entire 7th grade for a full day and an assembly at SHS.

Challenge Day is typically a day-long interactive workshop where teens, teachers, and community members experience for themselves that compassion and connection are indeed possible in our schools. The goal of Challenge Day is to build community and to help stop teasing, violence, and alienation.

Read more [here](#)

Carl J. Lamb's New Playground



They say it takes a village, and the Sanford village was out in full force on Saturday, October 14, at Carl J. Lamb Elementary as the school received its new playground equipment. The equipment replaces the old playground, which had been used for over 30 years, and was delivered on Friday, October 13.

On Saturday, Carl J. Lamb staff, families, Parent-Teacher Association members, and a few school committee members all provided a helping hand to put together the new structure behind the elementary school.

Read more [here](#)

SRTC Building Trades Program Receives Donation From Deering Lumber



The Building Trades Program at Sanford Regional Technical Center recently received a donation from Deering Lumber. Deering Lumber holds an annual golf tournament and has donated some of the proceeds to the program.

Instructor Troy Hathaway says the funds can be used to do more individualized projects with students.

Read more [here](#)

Sights Around Our Schools

Margaret Chase Smith



Margaret Chase Smith 4th graders have been working on growth mindset skills this fall. Students learn how to develop these skills to make effective plans and reach goals. Click [here](#) for the school's newsletter.

Carl J. Lamb



WMTW Meteorologist Ted McInerney visited Carl J. Lamb for Weather at Your School, and gave an all-school assembly following his forecast. Click [here](#) for the school's newsletter.

Sanford Middle School



Sanford Middle School has been busy from Challenge Day to Pie Fundraisers, fall athletics and more! Congratulations to the 7th grade girls and 8th grade boys soccer teams for ending their seasons with wins. Click [here](#) for the school's newsletter.

Sanford Pride



Sanford Pride held its Spirit Week. They had Crazy Hair Day, PJ Day, students dressing like teachers, and teachers dressing like students. Click [here](#) for the school's newsletter.

SRTC Program Highlight

We are highlighting all of the programs at Sanford Regional Technical Center. Read more about the Academy of Business Program below.



SANFORD REGIONAL TECHNICAL CENTER

ACADEMY OF BUSINESS

The Academy of Business program creates an enriching environment for students to build skills in Finance, Marketing, Management and Entrepreneurship. As students grow their knowledge of the business world, they strengthen their ability to work in a rigorous setting as well as potentially earn more than a dozen college credits before leaving high school. The Academy of Business offers a fluid technical topic that allows for many career opportunities and also enhances personal strengths and skills beyond the classroom.

Areas of Focus

- Finance
- Marketing
- Management
- Entrepreneurship
- Computer Applications
- Communication
- Career Readiness

Dual Enrollment Credits

Current Dual Enrollment Opportunity
Thomas College (3 credits each)

- FN25 – Personal Financial Planning
- MK25 – Principles of Marketing
- MG224 – Management Principles
- MG347 – Entrepreneurship

Future Dual Enrollments (pending approval)

- VCCC: BUS 10 – Introduction to Business
- Thomas College: CSIS Intro to Computer Applications

Welcome
To the Sanford Regional Technical Center
ACADEMY OF BUSINESS

Instructor – Susan Lamoreau

207-324-2942 | www.sanford.org/ SanfordRegional-Technical-Center

What are the main objectives of the program?

Students enrolled in the Academy of Business program at Sanford Regional Technical Center have the opportunity to earn high school elective credits focusing on a wide variety of business concepts before leaving high school. Along with those high school credits, students may also earn up to 15 college credits through a dual enrollment program at Thomas College.

Read more [here](#)

The SpartanTimes

The Spartan Times is the high school's online newspaper. The writing staff is composed of reporters in grades 9-12 who are enrolled in or have completed the CCP Journalism Elective course or the School Newspaper Enrichment class.



The Spartans play their final game of the regular season on Tuesday, Oct. 27 at Falmouth, falling 3-0. Sanford had 5 shots on goal and Beckett Barlow finished the game with 13 saves. The team hosted their final game of the regular season – and Senior Recognition Night – on Monday, Oct. 16 against Portland, defeating the Bull Dogs 2-1.

Read more [here](#)

Next Up On Stage At The Sanford Performing Arts Center



SANFORD — Recover from any Thanksgiving Day trauma with Comedian Juston McKinney! He's back by popular demand with humor that has landed him specials on Comedy Central, Showtime, Amazon Prime, and multiple Tonight Show appearances.

Last year, McKinney split our sides with his show, "Parentally Challenged." He quickly became a regular at Comic Strip Live, Carolines on Broadway, Stand-Up New York, Dangerfield's, and Gotham Comedy Club.

[Read more here](#)

Sanford School Department Network Changes




Sanford Schools IT took proactive measures last winter to reassess their network security and implemented changes to safeguard the student, staff, and faculty data.


By implementing a split network, the network is now divided into three distinct sections: Staff_Sanford_Schools, Student_Sanford_Schools, and Guest_Sanford_Schools.

Staff_Sanford_Schools: This network section caters to faculty and staff members who utilize devices owned and managed by Sanford Schools IT.

[Read more here](#)

Fuel Assistance For York County Residents

MaineHousing.org/HEAP 



THIS WINTER, FEEL WARM INSIDE.
Get help with your home heating costs.


Oil • Propane • Wood • Electricity • Other Fuels

Who Should Apply?

- Seniors
- Households with children under age 2
- People at risk of hypothermia due to age or illness
- Homeowners & renters

Home Energy Assistance Program (HEAP) services include:

- Fuel payment assistance
- Emergency fuel delivery
- Heating system repair or replacement
- Eligibility screening for home weatherization and other energy-related programs



Call us for information and to set up an appointment:
(207) 324-5762 or 1-800-965-5762
www.yccac.org

Income eligibility rules apply.

HEAP is administered by MaineHousing in partnership with Maine Community Action Agencies.

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The Home Energy Assistance Program (HEAP) is available to help York County residents pay for their heat or utility bills.

Seniors, householders with children under the age of 2, people at risk of hypothermia due to age or illness, and homeowners and renters are encouraged to apply.

HEAP services include fuel payment assistance, emergency fuel delivery, heating system repair or replacement, and eligibility screening for home weatherization and other energy-related programs.

Call York County Community Action for information or to set up an appointment at 207-324-5762 or 1-800-965-5762.

MaineHousing administers HEAP in partnership with Maine Community Action Agencies.

Did you miss our Homecoming Parade?



Click [here](#) to watch the Homecoming Parade on WSSRTV's YouTube page.

Announcements



The Sanford School Department is hiring! Scan the QR code on the left to check out all of our openings.




Click this [link](#) for a list of announcements in the Sanford Community.

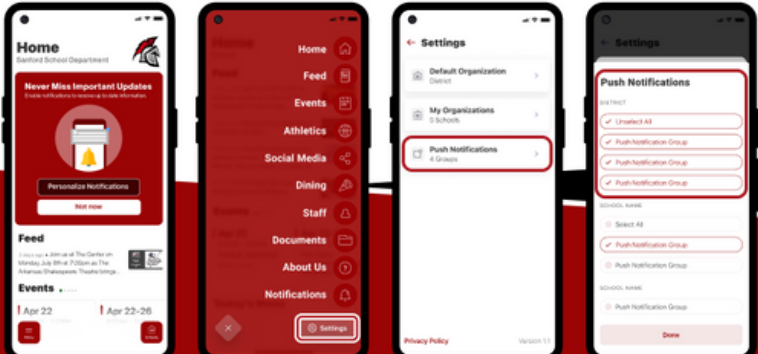


Do you have a story idea that you think should be in a future newsletter? We want to hear from you! Contact Communications Coordinator Sam Bonsey at sbonsey@sanford.org.

Download the Sanford Spartan App!

Don't miss any updates from Sanford! 

1. Search **Sanford School Department, ME** in your phone's app store and download the app
2. Select **'Personalize Notifications'** when prompted on initial download to ensure you receive notifications
3. Open the app and navigate to the bottom menu then tap **'SETTINGS'**
4. Access Push Notifications to select preferred group(s)



Main Street Memo



Friends of Downtown Sanford, Selfies with Scarecrows, the reopening of Goodall Library and more in the City of Sanford's Main Street Memo. Click [here](#) to read it!

Additional links to stay up to date with the Sanford Community

- [City of Sanford](#)
- [WSSR-TV](#)
- [Sanford Athletics Instagram](#)
- [Spartan Times Online Newspaper](#)
- [Sanford Springvale News](#)