



Presents:



5TH QUARTER EVENT

Please join us after the Lake Fenton Home football game at Fenton Farms Golf Course on Torrey Rd.
Doors Open at 8:00 pm

FRIDAY, OCTOBER 13, 2023

**ALL LFCS STAFF,
ALUMNI, AND
FRIENDS**
Come share
memories, the LF win
and network at an
adults only event.

- \$5 donation at the door
- 50/50 Raffle
- Giveaways

LAKE FENTON PTO

Trunk *or* Treat

Friday, October 27th

**LAKE FENTON HIGH SCHOOL PARKING LOT
FOR WEST SHORE, TORREY HILL, AND
LAKE FENTON EARLY LEARNING FAMILIES
[event is weather dependent]**



**CLASSROOM TRUNKS OPEN FROM 5-7PM
FOOD TRUCKS WILL BE ON-SITE WITH ITEMS FOR PURCHASE 430-8PM**

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**FOR MORE DETAILS
AND TO SIGN UP PLEASE VISIT
<https://bit.ly/lfptotrunkortreat>**



Fall

LAKE FENTON HIGH SCHOOL

CRAFT SHOW

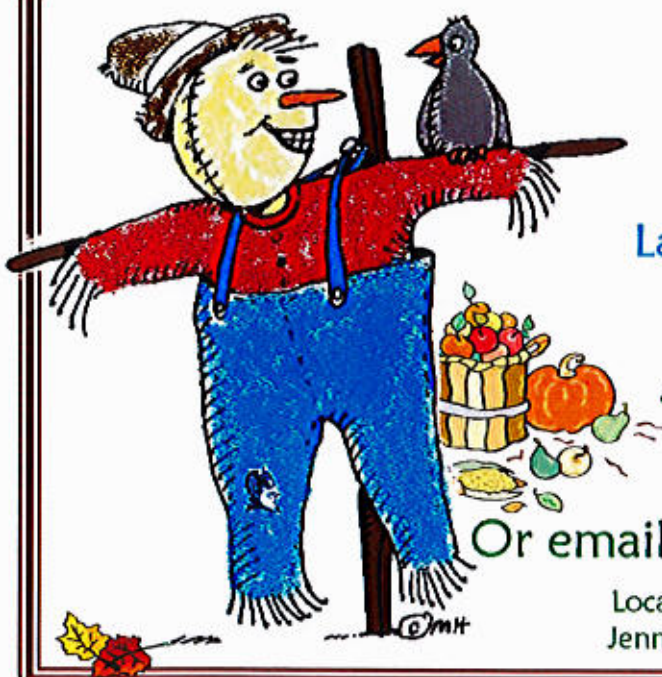
and *Merry Marketplace*

The First Sunday in November

10:00 a.m. – 4:00 p.m.

Now Accepting Crafter Applications!

Large Annual Craft Show featuring many returning as well as new exhibitors, with a wide variety of juried for duplicate media and limited marketplace vendors



Large booth sizes – small booth fees!

Lake Fenton High School
4070 Lahring Road – Linden, MI

For INFO call: 810-591-9493

Or email: LFCraftshow@lakefentonschools.org

Located at the corner of Lahring & Jennings Rds. In Linden MI
Jennings Rd. is just west of the Thompson Rd. exit from US-23



Old Newsboys of Flint, Inc.
6255 Taylor Drive, Flint, MI 48507

*Coat and Shoe/Boot Program 2023 School Year
August 29, 2023*

Dear Parents and administrators:

The Old Newsboys of Flint wants to make sure you are aware of our Coat and Shoe / Boot Program for students in Genesee County Schools K-8th Grade.

To see if your child is eligible for a shoe /boot certificate:

- *Contact our office at 810.744.1840. Basically, the only eligibility requirements for the shoe /boot certificates are:*
- *Students / children are in K-8 Grade.*
- *They DID NOT receive services last year as this program is offered every other year to students to ensure we help as many as we can.*

Once you contact our office we can mail your shoe /boot certificate(s) to you or you can pick up at our office.

The eligibility requirements for a new coat are the same as the Shoe / Boot requirement with the addition of the following:

- *The parent / guardian MUST make an Appointment for the student / child to be fitted for the coat AND the Child must be present.*
- *As a note, if your child is a 2X or larger we need to have you tell us that on the phone when you call for the appointment as our supply of 2X's is very limited.*
- *Appointment will most likely be during school hours. We will supply a note upon request to excuse the absence if necessary.*

*This is a first come first serve program while supplies last. We will begin to supply Shoe / Boot Certificates **August 28h 2023** and making Coat appointments beginning the week of **October 30th.***

*Lisa D. Kirk
Director of Programs and Volunteers
810.744.1840
lkirk@oldnewsboys.org*

Torrey Hill & West Shore Menu Oct. 2-Nov. 3, 2023



Students Breakfast \$0.00 Lunch \$0.00 Milk \$0.60 Adult Breakfast \$2.00 Lunch \$5.11

Numbers in (0) are approximate carb count for that item

Choice of Milk offered daily: 1% White (13) or Fat Free Chocolate
To complete the meal, you must choose 1 or more of the vegetables and/or fruits offered.

Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
Breakfast 1. Mini Pancakes (36) 2. Cereal/String Cheese (22) 3. Breakfast Bar (47) Choice of Fruit & Milk Lunch A. Honey BBQ Beef Rib (13) on Bun(19) B. Chicken Nuggets(13)Goldfish Crackers(14) Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Refried Beans (24) Fruit Choices: Fresh Pears (25) Pineapple (20)	Breakfast 1. Eggo French Tst (37) 2. Cereal/String Cheese (22) 3. Bagel/Cream Cheese (35) Choice of Fruit & Milk Lunch A. Maple Pancakes (36), Syrup (30), Sausage patties-2 (2) B. Chicken Nuggets(13)Goldfish Crackers(14) Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Corn (16) Fruit Choices: Fresh Pears (25) Pineapple (20)	Breakfast 1. Breakfast Sandwich (37) 2. Cereal Kit (23) 3. Poptart/String Cheese (37) Choice of Fruit & Milk Lunch A. Hot Dog on a Bun (22) B. Chicken Nuggets(13)Goldfish Crackers(14) Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Peas (12) Fruit Choices: Orange Wedges (9) Chilled Sliced Pears (18)	Breakfast 1. Granola(20)/Yogurt(31)/Fruit (7) Parfait 2. Cereal Kit (23) 3. Bagel/Cream Cheese (35) Choice of Fruit & Milk Lunch A. Dominos Pepperoni Pizza (32) B. Chicken Nuggets(13)Goldfish Crackers(14) Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Mich Green Beans (4) Fruit Choices: Michigan Apple (18) Fruit cocktail (18)	Breakfast 1. Apple Pastry (36) 2. Cereal/Cheese Stick (23) 3. Donut (41) Choice of Fruit & Milk Lunch A. Mini Chicken Corn dogs (22) B. Chicken Nuggets(13)Goldfish Crackers(14) Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Hash Browns (15) Fruit Choices: Fresh Pears (25) Pineapple (20)
9	10	11	12	13
Breakfast 1. Mini Pancakes (36) 2. Cereal/String Cheese (22) 3. Breakfast Bar (47) Choice of Fruit & Milk Lunch A. Popcorn Chicken (17) Corn bread (30) B. Bosco Sticks (34) Cold Vegetable Choices: Romaine with Spinach (2), Tomatoes (4), Broccoli (6), Peppers (20), Carrots(12) Hot Vegetables: Green Beans (4) Fruit Choices: Michigan Apple Slices (7) Chilled Sliced Peaches (18)	Breakfast 1. Eggo French Tst (37) 2. Cereal/String Cheese (22) 3. Bagel/Cream Cheese (35) Choice of Fruit & Milk Lunch A. Mini Pancakes and Sausage (37) B. Bosco Sticks (34) Cold Vegetable Choices: Romaine with Spinach (2), Tomatoes (4), Broccoli (6), Peppers (20), Carrots(12) Hot Vegetables: Emoji Fries (20) Fruit Choices: Cinnamon Applesauce (20) Michigan Blueberries (10)	Breakfast 1. Breakfast Sandwich (37) 2. Cereal Kit (23) 3. Poptart/String Cheese (37) Choice of Fruit & Milk Lunch A. Nachos (chips 28) Meat (5) Cheese(2) B. Bosco Sticks (34) Cold Vegetable Choices: Romaine with Spinach (2), Tomatoes (4), Broccoli (6), Peppers (20), Carrots(12) Hot Vegetables: Refried Beans (24) Fruit Choices: Fresh Apple Slices (7) Mandarin Orange (20)	Breakfast 1. Granola(20)/Yogurt(31)/Fruit (7) Parfait 2. Cereal Kit (23) 3. Bagel/Cream Cheese (35) Choice of Fruit & Milk Lunch Half Day no lunches served! Cold Vegetable Choices: Romaine with Spinach (2), Tomatoes (4), Broccoli (6), Peppers (20), Carrots(12) Hot Vegetables: Mixed Veggies (10) Fruit Choices: Orange smiles (9) Strawberry Cup (22)	Breakfast No Classes!!  Cold Vegetable Choices: Romaine with Spinach (2), Tomatoes (4), Broccoli (6), Peppers (20), Carrots(12) Hot Vegetables: Michigan Zucchini (3) Fruit Choices: Sidekick (22) Chilled Sliced Pineapple (20)
16	17	18	19	20
Breakfast 1. Mini Pancakes (36) 2. Cereal/String Cheese (22) 3. Breakfast Bar (47) Choice of Fruit and Milk Lunch A. Cheese Quesadilla (39) B. Mini Cheeseburger(33) Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Refried Beans (24) Fruit Choices: Michigan Apple Slices (7) Chilled Sliced Peaches (18)	Breakfast 1. Eggo French Tst (37) 2. Cereal/String Cheese (22) 3. Bagel/Cream Cheese (35) Choice of Fruit and Milk Lunch A. Cinnamon Glazed French Tst Sticks (29), Syrup (31), yogurt(14) B. Mini Cheeseburger(33) Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Hash Browns (15) Fruit Choices: Orange (9) Michigan Apple (10)	Breakfast 1. Breakfast Sandwich (37) 2. Cereal Kit (23) 3. Poptart/String Cheese (37) Choice of Fruit and Milk Lunch A. Popcorn Chicken (17) Dinner Roll (12) B. Mini Cheeseburger(33) Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Michigan Sweet Corn (16) Fruit Choices: Michigan Blueberries (10) Mandarin Orange (20)	Breakfast 1. Granola(20)/Yogurt(31)/Fruit (7) Parfait 2. Cereal Kit (23) 3. Bagel/Cream Cheese (35) Choice of Fruit and Milk Lunch B. Dominos Cheese Pizza (37) B. Mini Cheeseburger(33) Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Green Beans (4) Fruit Choices: Banana (27) Strawberry Cup (22)	Breakfast 1. WG Cinnamon Roll (48) 2. Cereal/Cheese Stick (23) 3. Donut (41) Choice of Fruit and Milk Lunch A. Pasta with meatsauce (24) Garlic Bread (14) B. Mini Cheeseburger(33) Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Peas (10) Fruit Choices: Cinnamon Applesauce (20) Chilled Sliced Pineapple (20)

23	24	25	26	27
Breakfast 1. Mini Pancakes (36) 2. Cereal/String Cheese (22) 3. Breakfast Bar (47) Choice of Fruit and Milk Lunch A. Chicken Patty on a Bun B. Turkey bacon Grilled Wrap Turkey, Turkey Bacon, cheese with ranch) (38) Cold Vegetable Choices: Romaine Lettuce (2), Tomatoes (3.5), Baby Carrots(4), Edamame (6), Cauliflower(2), Corn (28) Hot Vegetables: Green Beans (4) Fruit Choices: Orange (9) Mich Frozen Strawberries (7)	Breakfast 1. Eggo French Tst (37) 2. Cereal/String Cheese (22) 3. Bagel/Cream Cheese (35) Choice of Fruit and Milk Lunch A. French Toast 2 slices (52), Syrup (29) B. Turkey bacon Grilled Wrap Turkey, Turkey Bacon, cheese with ranch) (38) Cold Vegetable Choices: Romaine Lettuce (2), Tomatoes (3.5), Baby Carrots(4), Edamame (6), Cauliflower(2), Corn (28) Hot Vegetables: Hash Browns (15) Fruit Choices: Fresh Pears (25) Pineapple (20)	Breakfast 1. Breakfast Bagel (23) (274458) 2. Cereal Kit (23) 3. Poplart/String Cheese (37) Choice of Fruit and Milk Lunch A. Mini Calzones (35) B. Turkey bacon Grilled Wrap Turkey, Turkey Bacon, cheese with ranch) (38) Cold Vegetable Choices: Romaine Lettuce (2), Tomatoes (3.5), Baby Carrots(4), Edamame (6), Cauliflower(2), Corn (28) Hot Vegetables: California Blend (3) Fruit Choices: Michigan Apple Slices (7) Canned Pears (25)	Breakfast 1. Granola(20)/Yogurt(31)/Fruit (7) Parfait 2. Cereal Kit (23) 3. Bagel/Cream Cheese (35) Choice of Fruit and Milk Lunch A. Dominos Pepperoni Pizza (32) B. Turkey bacon Grilled Wrap Turkey, Turkey Bacon, cheese with ranch) (38) Cold Vegetable Choices: Romaine Lettuce (2), Tomatoes (3.5), Baby Carrots(4), Edamame (6), Cauliflower(2), Corn (28) Hot Vegetables: Roasted Broccoli Fruit Choices: Grapes (14) Fruit Cocktail (16)	Breakfast 1. WG Cinnamon Roll (48) 2. Cereal/Cheese Stick (23) 3. Donut (41) Choice of Fruit and Milk Lunch A. Mini Cheese Burger (36) B. Turkey bacon Grilled Wrap Turkey, Turkey Bacon, cheese with ranch) (38) Cold Vegetable Choices: Romaine Lettuce (2), Tomatoes (3.5), Baby Carrots(4), Edamame (6), Cauliflower(2), Corn (28) Hot Vegetables: Baked Beans (24) Fruit Choices: Fresh Apple Slices (7) Michigan Frozen Peaches(18)

30	31	Nov. 1	2	3
Breakfast 1. Mini Pancakes (36) 2. Cereal/String Cheese (22) 3. Breakfast Bar (47) Choice of Fruit & Milk Lunch A. Nacho(chips 28) Meat (5) Cheese (2) B. Popcorn Chicken (17) Corn bread (30) Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Refried Beans (24) Fruit Choices: Fresh Pears (25) Pineapple (20)	Breakfast 1. Eggo French Tst (37) 2. Cereal/String Cheese (22) 3. Bagel/Cream Cheese (35) Choice of Fruit & Milk Lunch A. Maple Pancakes (36), Syrup (30), Sausage patties-2 (2) B. Popcorn Chicken (17) Corn bread (30) Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Hash Browns (15) Fruit Choices: Cinnamon Applesauce (20) Michigan Blueberries (10)	Breakfast 1. Breakfast Sandwich (37) 2. Cereal Kit (23) 3. Poplart/String Cheese (37) Choice of Fruit & Milk Lunch A. Hot Dog on a Bun (22) B. Popcorn Chicken (17) Corn bread (30) Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Peas (12) Fruit Choices: Orange Wedges (9) Chilled Sliced Pears (18)	Breakfast 1. Granola(20)/Yogurt(31)/Fruit (7) Parfait 2. Cereal Kit (23) 3. Bagel/Cream Cheese (35) Choice of Fruit & Milk Lunch A. Dominos Pepperoni Pizza (32) B. Popcorn Chicken (17) Corn bread (30) Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Mich Green Beans (4) Fruit Choices: Michigan Apple (18) Fruit cocktail (16)	Breakfast 1. Apple Pastry (36) 2. Cereal/Cheese Stick (23) 3. Donut (41) Choice of Fruit & Milk Lunch A. Mac & Cheese (35) Soft pretzel (14) B. Popcorn Chicken (17) Corn bread (30) Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Brussel Sprouts (8) Fruit Choices: Strawberry Cup (22) Michigan Apple Slices (7)