

Torrey Hill Popcorn Fridays



Beginning **Tuesday, September 5th** you can purchase a popcorn ticket for your child for the entire year. Tickets are \$15 per student. The ticket is good for popcorn every Friday starting September 15th through May 31st.

If you would like to purchase a popcorn ticket, please turn in the bottom portion of this flyer along with your \$15 (cash or check) to your child's teacher. Checks must be made out to Lake Fenton Community Schools. **If you opt not to participate in the popcorn ticket fundraiser, your child can purchase popcorn for .50 cents on popcorn Fridays.*

100% of the money raised will be used to improve our students' educational programs, activities, and/or classroom needs.

Popcorn for the 2023-2024 school year.

Student Name: _____ Teacher _____

****Make checks payable to LFCS

Fall CRAFT SHOW

LAKE FENTON HIGH SCHOOL

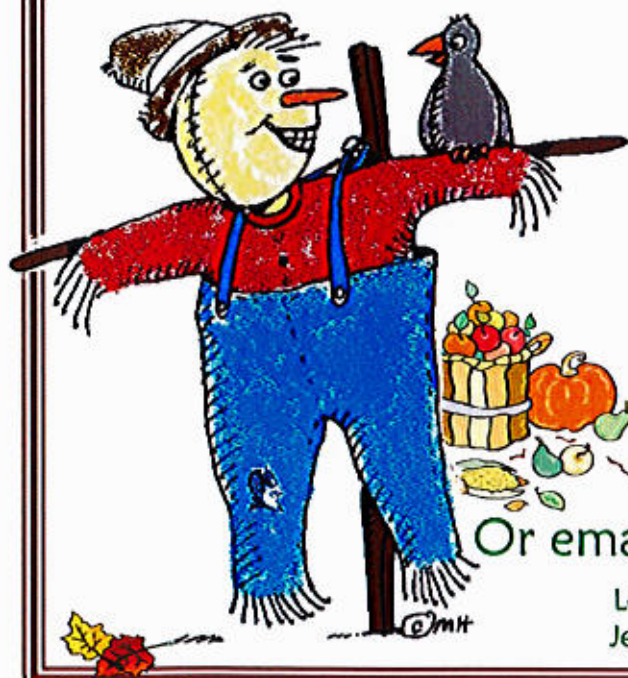
and Merry Marketplace

The First Sunday in November

10:00 a.m. – 4:00 p.m.

Now Accepting Crafter Applications!

Large Annual Craft Show featuring many returning as well as new exhibitors, with a wide variety of juried for duplicate media and limited marketplace vendors



Large booth sizes – small booth fees!

Lake Fenton High School
4070 Lahring Road – Linden, MI

For INFO call: 810-591-9493

Or email: LFCraftshow@lakefentonschools.org

Located at the corner of Lahring & Jennings Rds. In Linden MI
Jennings Rd. is just west of the Thompson Rd. exit from US-23



Old Newsboys of Flint, Inc.
6255 Taylor Drive, Flint, MI 48507

*Coat and Shoe/Boot Program 2023 School Year
August 29, 2023*

Dear Parents and administrators:

The Old Newsboys of Flint wants to make sure you are aware of our Coat and Shoe / Boot Program for students in Genesee County Schools K-8th Grade.

To see if your child is eligible for a shoe /boot certificate:

- *Contact our office at 810.744.1840. Basically, the only eligibility requirements for the shoe /boot certificates are:*
- *Students / children are in K-8 Grade.*
- *They DID NOT receive services last year as this program is offered every other year to students to ensure we help as many as we can.*

Once you contact our office we can mail your shoe /boot certificate(s) to you or you can pick up at our office.

The eligibility requirements for a new coat are the same as the Shoe / Boot requirement with the addition of the following:

- *The parent / guardian MUST make an Appointment for the student / child to be fitted for the coat AND the Child must be present.*
- *As a note, if your child is a 2X or larger we need to have you tell us that on the phone when you call for the appointment as our supply of 2X's is very limited.*
- *Appointment will most likely be during school hours. We will supply a note upon request to excuse the absence if necessary.*

*This is a first come first serve program while supplies last. We will begin to supply Shoe / Boot Certificates **August 28h 2023** and making Coat appointments beginning the week of **October 30th**.*

*Lisa D. Kirk
Director of Programs and Volunteers
810.744.1840
lkirk@oldnewsboys.org*



Torrey Hill & West Shore Menu August 28- Sept. 29, 2023




To complete the meal, you must choose 1 or more of the vegetables and/or fruits offered.

Students Breakfast \$0.00 Lunch \$0.00 Milk \$.60 Adult Breakfast \$2.00 Lunch \$5.11

Numbers in (0) are approximate carb count for that item

Mon	Tue	Wed	Thu	Fri
28	29	30	31	Sept. 1
Breakfast 1. Mini Pancakes (36) 2. Cereal/String Cheese (22) 3. Breakfast Bar (47) Choice of Fruit & Milk Lunch  Half Day no lunches served! Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Refried Beans (24) Fruit Choices: Fresh Pears (25), Pineapple (20) Choice of Milk: 1% White (13) or 1% Chocolate (19)	Breakfast 1. Eggo French Tst (37) 2. Cereal/String Cheese (22) 3. Bagel/Cream Cheese (35) Choice of Fruit & Milk Lunch A. Maple Pancakes (36), Syrup (30), Sausage patties-2 (2) B. Chicken Nuggets(13)Goldfish Crackers(14) Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Hash Browns (15) Fruit Choices: Fresh Pears (25), Pineapple (20) Choice of Milk: 1% White (13) or 1% Chocolate (19)	Breakfast 1. Breakfast Sandwich (37) 2. Cereal Kit (23) 3. Poptart/String Cheese (37) Choice of Fruit & Milk Lunch A. Hot Dog on a Bun (22) B. Chicken Nuggets(13)Goldfish Crackers(14) Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Peas (12) Fruit Choices: Orange Wedges (8), Chilled Sliced Pears (18) Choice of Milk: 1% White (13) or 1% Chocolate (19)	Breakfast 1. Granola(20)/Yogurt(31)Fruit (7) Parfait 2. Cereal Kit (23) 3. Bagel/Cream Cheese (35) Choice of Fruit & Milk Lunch A. Dominos Pepperoni Pizza (32) B. Chicken Nuggets(13)Goldfish Crackers(14) Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Mich Green Beans (4) Fruit Choices: Michigan Apple (18), Fruit cocktail (16) Choice of Milk: 1% White (13) or 1% Chocolate (19)	Breakfast No Classes! Enjoy your weekend!  Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Hash Browns (15) Fruit Choices: Fresh Pears (25), Pineapple (20) Choice of Milk: 1% White (13) or 1% Chocolate (19)

4	5	6	7	8
Breakfast Labor Day!! No Classes Enjoy!!  Cold Vegetable Choices: Romaine with Spinach (2), Tomatoes (4), Broccoli (6), Peppers (20), Carrots(12) Hot Vegetables: Green Beans (4) Fruit Choices: Michigan Apple Slices (7), Chilled Sliced Peaches (18) Choice of Milk: 1% White (13) or 1% Chocolate (19)	Breakfast 1. Eggo French Tst (37) 2. Cereal/String Cheese (22) 3. Bagel/Cream Cheese (35) Choice of Fruit & Milk Lunch A. Mini Pancakes and Sausage (37) B. Bosco Sticks (34) Cold Vegetable Choices: Romaine with Spinach (2), Tomatoes (4), Broccoli (6), Peppers (20), Carrots(12) Hot Vegetables: Emoji Fries (20) Fruit Choices: Cinnamon Applesauce (20), Michigan Blueberries (10) Choice of Milk: 1% White (13) or 1% Chocolate (19)	Breakfast 1. Breakfast Sandwich (37) 2. Cereal Kit (23) 3. Poptart/String Cheese (37) Choice of Fruit & Milk Lunch A. Nachos (chips 28) Meat (5) Cheese(2) B. Bosco Sticks (34) Cold Vegetable Choices: Romaine with Spinach (2), Tomatoes (4), Broccoli (6), Peppers (20), Carrots(12) Hot Vegetables: Refried Beans (24) Fruit Choices: Fresh Apple Slices (7), Mandarin Orange (20) Choice of Milk: 1% White (13) or 1% Chocolate (19)	Breakfast 1. Granola(20)/Yogurt(31)Fruit (7) Parfait 2. Cereal Kit (23) 3. Bagel/Cream Cheese (35) Choice of Fruit & Milk Lunch A. Dominos Pepperoni Pizza (32) B. Bosco Sticks (34) Cold Vegetable Choices: Romaine with Spinach (2), Tomatoes (4), Broccoli (6), Peppers (20), Carrots(12) Hot Vegetables: Mixed Veggies (10) Fruit Choices: Orange smiles (9), Strawberry Cup (22) Choice of Milk: 1% White (13) or 1% Chocolate (19)	Breakfast 1. WG Cinnamon Roll (48) 2. Cereal/Cheese Stick (23) 3. Donut (41) Choice of Fruit & Milk Lunch A. Popcorn Chicken (17) Dinner Roll (12) B. Bosco Sticks (34) Cold Vegetable Choices: Romaine with Spinach (2), Tomatoes (4), Broccoli (6), Peppers (20), Carrots(12) Hot Vegetables: Michigan Zucchini (3) Fruit Choices: Sidekick (22), Chilled Sliced Pineapple (20) Choice of Milk: 1% White (13) or 1% Chocolate (19)

11	12	13	14	15
Breakfast 1. Mini Pancakes (36) 2. Cereal/String Cheese (22) 3. Breakfast Bar (47) Choice of Fruit & Milk Lunch A. Cheese Quesadilla (39) B. Mini Cheeseburger(33) Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Refried Beans (24) Fruit Choices: Michigan Apple Slices (7), Chilled Sliced Peaches (18) Choice of Milk: 1% White (13) or 1% Chocolate (19)	Breakfast 1. Eggo French Tst (37) 2. Cereal/String Cheese (22) 3. Bagel/Cream Cheese (35) Choice of Fruit & Milk Lunch A. Cinnamon Glazed French Tst Sticks (29), Syrup (31), yogurt(14) B. Mini Cheeseburger(33) Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Hash Browns (15) Fruit Choices: Orange (9), Michigan Apple (10) Choice of Milk: 1% White (13) or 1% Chocolate (19)	Breakfast 1. Breakfast Sandwich (37) 2. Cereal Kit (23) 3. Poptart/String Cheese (37) Choice of Fruit & Milk Lunch A. Popcorn Chicken (17) Dinner Roll (12) B. Mini Cheeseburger(33) Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Michigan Sweet Corn (16) Fruit Choices: Michigan Blueberries (10), Mandarin Orange (20) Choice of Milk: 1% White (13) or 1% Chocolate (19)	Breakfast 1. Granola(20)/Yogurt(31)Fruit (7) Parfait 2. Cereal Kit (23) 3. Bagel/Cream Cheese (35) Choice of Fruit & Milk Lunch B. Dominos Cheese Pizza (37) B. Mini Cheeseburger(33) Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Green Beans (4) Fruit Choices: Banana (27), Strawberry Cup (22) Choice of Milk: 1% White (13) or 1% Chocolate (19)	Breakfast 1. WG Cinnamon Roll (48) 2. Cereal/Cheese Stick (23) 3. Donut (41) Choice of Fruit & Milk Lunch A. Pasta with meatsauce (24) Garlic Bread (14) B. Mini Cheeseburger(33) Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Peas (10) Fruit Choices: Cinnamon Applesauce (20), Chilled Sliced Pineapple (20) Choice of Milk: 1% White (13) or 1% Chocolate (19)

18	19	20	21	22
Breakfast 1. Mini Pancakes (36) 2. Cereal/String Cheese (22) 3. Breakfast Bar (47) Choice of Fruit and Milk Lunch A. Chicken Patty on a Bun B. Turkey bacon Grilled Wrap Turkey, Turkey Bacon, cheese with ranch) (38) Cold Vegetable Choices: Romaine Lettuce (2), Tomatoes (3.5), Baby Carrots(4), Edamame (6), Cauliflower(2), Corn (28) Hot Vegetables: Green Beans (4) Fruit Choices: Orange (9) Mich Frozen Strawberries (7) Choice of Milk: 1% White (13) or 1% Chocolate (19)	Breakfast 1. Eggo French Tst (37) 2. Cereal/String Cheese (22) 3. Bagel/Cream Cheese (35) Choice of Fruit and Milk Lunch A. French Toast 2 slices (52), Syrup (29) B. Turkey bacon Grilled Wrap Turkey, Turkey Bacon, cheese with ranch) (38) Cold Vegetable Choices: Romaine Lettuce (2), Tomatoes (3.5), Baby Carrots(4), Edamame (6), Cauliflower(2), Corn (28) Hot Vegetables: Hash Browns (15) Fruit Choices: Fresh Pears (25) Pineapple (20) Choice of Milk: 1% White (13) or 1% Chocolate (19)	Breakfast 1. Breakfast Bagel (23) (274456) 2. Cereal Kit (23) 3. Poptart/String Cheese (37) Choice of Fruit and Milk Lunch A. Mini Calzones (35) B. Turkey bacon Grilled Wrap Turkey, Turkey Bacon, cheese with ranch) (38) Cold Vegetable Choices: Romaine Lettuce (2), Tomatoes (3.5), Baby Carrots(4), Edamame (6), Cauliflower(2), Corn (28) Hot Vegetables: California Blend (3) Fruit Choices: Michigan Apple Slices (7) Canned Pears (25) Choice of Milk: 1% White (13) or 1% Chocolate (19)	Breakfast 1. Granola(20)/Yogurt(31)/Fruit (7) Parfait 2. Cereal Kit (23) 3. Bagel/Cream Cheese (35) Choice of Fruit and Milk Lunch A. Dominos Pepperoni Pizza (32) B. Turkey bacon Grilled Wrap Turkey, Turkey Bacon, cheese with ranch) (38) Cold Vegetable Choices: Romaine Lettuce (2), Tomatoes (3.5), Baby Carrots(4), Edamame (6), Cauliflower(2), Corn (28) Hot Vegetables: Roasted Broccoli Fruit Choices: Grapes (14) Fruit Cocktail (16) Choice of Milk: 1% White (13) or 1% Chocolate (19)	Breakfast 1. WG Cinnamon Roll (48) 2. Cereal/Cheese Stick (23) 3. Donut (41) Choice of Fruit and Milk Lunch A. Mini Cheese Burger (38) B. Turkey bacon Grilled Wrap Turkey, Turkey Bacon, cheese with ranch) (38) Cold Vegetable Choices: Romaine Lettuce (2), Tomatoes (3.5), Baby Carrots(4), Edamame (6), Cauliflower(2), Corn (28) Hot Vegetables: Baked Beans (24) Fruit Choices: Fresh Apple Slices (7) Michigan Frozen Peaches(18) Choice of Milk: 1% White (13) or 1% Chocolate (19)
25	26	27	28	29
Breakfast 1. Mini Pancakes (36) 2. Cereal/String Cheese (22) 3. Breakfast Bar (47) Choice of Fruit & Milk Lunch A. Nacho(chips 28) Meat (5) Cheese (2) B. Popcorn Chicken (17) Corn bread (30) Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Refried Beans (24) Fruit Choices: Fresh Pears (25) Pineapple (20) Choice of Milk: 1% White (13) or 1% Chocolate (19)	Breakfast 1. Eggo French Tst (37) 2. Cereal/String Cheese (22) 3. Bagel/Cream Cheese (35) Choice of Fruit & Milk Lunch A. Maple Pancakes (36), Syrup (30), Sausage patties-2 (2) B. Popcorn Chicken (17) Corn bread (30) Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Hash Browns (15) Fruit Choices: Cinnamon Applesauce (20) Michigan Blueberries (10) Choice of Milk: 1% White (13) or 1% Chocolate (19)	Breakfast 1. Breakfast Sandwich (37) 2. Cereal Kit (23) 3. Poptart/String Cheese (37) Choice of Fruit & Milk Lunch A. Hot Dog on a Bun (22) B. Popcorn Chicken (17) Corn bread (30) Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Peas (12) Fruit Choices: Orange Wedges (9) Chilled Sliced Pears (18) Choice of Milk: 1% White (13) or 1% Chocolate (19)	Breakfast 1. Granola(20)/Yogurt(31)/Fruit (7) Parfait 2. Cereal Kit (23) 3. Bagel/Cream Cheese (35) Choice of Fruit & Milk Lunch A. Dominos Pepperoni Pizza (32) B. Popcorn Chicken (17) Corn bread (30) Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Mich Green Beans (4) Fruit Choices: Michigan Apple (18) Fruit cocktail (16) Choice of Milk: 1% White (13) or 1% Chocolate (19)	Breakfast 1. Apple Pastry (36) 2. Cereal/Cheese Stick (23) 3. Donut (41) Choice of Fruit & Milk Lunch A. Mac & Cheese (35) Soft pretzel (14) B. Popcorn Chicken (17) Corn bread (30) Cold Vegetable Choices: Romaine Lettuce (2), Cherry Tomatoes (3.5), Carrots (12), Cucumbers(1), Celery(2) Hot Vegetables: Brussel Sprouts (8) Fruit Choices: Strawberry Cup (22) Michigan Apple Slices (7) Choice of Milk: 1% White (13) or 1% Chocolate (19)