

The afterschool dinner menus are consistent with the Dietary Guidelines for Americans. We offer whole grains and a variety of fruits and vegetables weekly. In addition we offer 1% plain milk and fat free flavored milk.

A reimbursable Dinner must contain a minimum 1/2 cup fruit or vegetable and two other food components..

**March
2024**

Newman-Crows Landing SD Supper Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				03/01
				WG PB&J Uncrustable w/String Cheese 2M/MA + 1Grain Carrots (1/2 cup V) Orange (1/2 cup F) Milk (8oz)
03/04	03/05	03/06	03/07	03/08
WG Corn Dog 2M/MA + 2 Grain Carrots (1/2 cup V) Apple (1/2 cup F) Milk (8oz)	WG Grilled Cheese Sandwich 2 M/MA + 2 Grain Carrots (1/2 cup V) Orange (1/2 cup F) Milk (8oz)	WG Cheese Nachos 2M/MA + 2 Grain Carrots (1/2 cup V) Apple (1/2 cup F) Milk (8oz)	Hamburger 2M/MA + 2 Grain Carrots (1/2 cup V) Apple (1/2 cup F) Milk (8oz)	WG PB&J Uncrustable w/String Cheese 2M/MA + 1Grain Carrots (1/2 cup V) Orange (1/2 cup F) Milk (8oz)
03/11	03/12	03/13	03/14	03/15
WG Corn Dog 2M/MA + 2 Grain Carrots (1/2 cup V) Apple (1/2 cup F) Milk (8oz)	WG Chicken Patty Sandwich 2M/MA + 3 Grain Carrots (1/2 cup V) Apple (1/2 cup F) Milk (8oz)		WG Turkey Hot Dog 2 M/MA + 2 Grain Carrots (1/2 cup V) Apple (1/2 cup F) Milk (8oz)	WG PB&J Uncrustable w/String Cheese 2M/MA + 1Grain Carrots (1/2 cup V) Orange (1/2 cup F)
03/18	03/19	03/20	03/21	03/22
WG Corn Dog 2M/MA + 2 Grain Carrots (1/2 cup V) Apple (1/2 cup F) Milk (8oz)	WG Grilled Cheese Sandwich 2 M/MA + 2 Grain Carrots (1/2 cup V) Orange (1/2 cup F) Milk (8oz)	WG Cheese Nachos 2M/MA + 2 Grain Carrots (1/2 cup V) Apple (1/2 cup F) Milk (8oz)	Hamburger 2M/MA + 2 Grain Carrots (1/2 cup V) Apple (1/2 cup F) Milk (8oz)	WG PB&J Uncrustable w/String Cheese 2M/MA + 1Grain Carrots (1/2 cup V) Orange (1/2 cup F) Milk (8oz)
03/25	03/26	03/27	03/28	03/29
WG Corn Dog 2M/MA + 2 Grain Carrots (1/2 cup V) Apple (1/2 cup F) Milk (8oz)	WG Chicken Patty Sandwich 2M/MA + 3 Grain Carrots (1/2 cup V) Apple (1/2 cup F) Milk (8oz)	WG Cheese Quesadilla 2 M/MA + 2.5 Grain Carrots (1/2 cup V) Orange (1/2 cup F) Milk (8oz)	WG Turkey Hot Dog 2 M/MA + 2 Grain Carrots (1/2 cup V) Apple (1/2 cup F) Milk (8oz)	



This menu is subject to change



Afterschool Student Programs

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