

## January 2024 TMS THS Lunch Menu



|                         | Monday   |    | Tuesday   |   | Wednesday   |    | Thursday   | Friday  |  |
|-------------------------|--|----|---|---|---|----|--|---|--|
| Menus Subject to Change |  |    |   | 3 Hotdog on Bun Ketchup Baked Beans Potato Chips Cup of Fruit Milk - Assorted |   | 4  | Pizza Cheese Crunchers<br>Seasoned Corn<br>Monster Cookie<br>Cup of Fruit<br>Milk - Assorted                         | 5 Cheeseburger Dill Pickles French Fries Cup of Fruit Milk - Assorted   |  |
| 3                       | Country Fried Steak Whole Grain Bread Mashed Potatoes w/Gravy Green Beans Cup of Fruit Milk - Assorted Salad Bar/THS | 9  | Popcorn Shrimp<br>Au gratin Potatoes<br>Peanut Butter Cookie<br>Cup of Fruit<br>Milk - Assorted<br>Salad Bar/THS      | 10  | Haystacks Lettuce, Tomato & Cheese Salsa/Sour Cream Black Beans Tiger Grahams Cup of Fruit Milk - Assorted            | 11 | Pepperoni Pizza, WG Leafy Green Salad Choice of Dressing Blueberry Buckle Cup of Fruit Milk - Assorted Salad Bar/THS | Pork Fritter on Bun Potato Tots Cup of Fruit Milk – Assorted Salad Bar/THS  |  |
| .5                      | Martin Luther<br>King Day<br>No School   | 16 | Whole Grain Corndog<br>Baked Beans<br>Sunchips<br>Cup of Fruit<br>Milk - Assorted<br>Salad Bar/THS                    | 17  | Tomato Soup<br>Whole Grain Saltines<br>Grilled Cheese<br>Cup of Fruit<br>Milk - Assorted<br>Salad Bar/THS             | 18 | Chicken Breast on Bun Peas & Carrots Whole Grain Doritos Nacho Cheese Cup of Fruit Milk - Assorted Salad Bar/THS     | Mr Rib on a Bun French Fries Dill Pickle Spear Cup of Fruit Milk - Assorted Salad Bar/THS                                     |  |
| 22                      | Fiestada Pizza<br>Seasoned Corn<br>Chocolate Chip<br>Cookies<br>Cup of Fruit<br>Milk - Assorted<br>Salad Bar/THS     | 23 | Popcorn Chicken Smackers<br>Macaroni & Cheese WIG<br>Carroteenies<br>Cup of Fruit<br>Milk - Assorted<br>Salad Bar/THS | 24  | Chicken Tetrazzini<br>Mixed Vegetables<br>Cherry Crunch<br>Cup of Fruit<br>Milk - Assorted<br>Salad Bar/THS           | 25 | Cheeseburger Dill Pickles Potato Tots Cup of Fruit Milk - Assorted Salad Bar/THS                                     | Chicken Wrap  Lettuce, Tomato & Cheese  Ranch Dressing  Pork & Beans  Harvest Cheddar Sunchips  Cup of Fruit  Milk - Assorted |  |
| 29                      | Crispito<br>Nacho Cheese<br>Tortilla Chips<br>Raw Broccoli<br>Cup of Fruit<br>Milk – Assorted<br>Salad Bar/THS       | 30 | Galaxy Cheese Pizza Leafy Green Salad Ranch Dressing Snickerdoodles Cup of Fruit Milk - Assorted Salad Bar/THS        | 31  | Chicken Breast Fillet<br>Waffles, WG<br>Maple Syrup<br>Tri-Potato<br>Cup of Fruit<br>Milk - Assorted<br>Salad Bar/THS |    | This institution is an equal opportunity provider.   |   |  |