

MARCH 2024

Old Town High School

LUNCH

**Where Students are
Challenged to Learn &
Supported to Succeed**



March is National Nutrition Month! To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.

References: Academy of Nutrition & Dietetics, USDA MyPlate

MONDAY

National School Breakfast Week
March 4 - 8
Celebrate Breakfast at School!

TUESDAY



WEDNESDAY



THURSDAY



FRIDAY

Cheeseburger on WG Roll **4**
Fruit & Veggie Bar
Milk: 1%, Skim, or FF Chocolate

General Tso Chicken **5**
w/Rice & Veggie Egg Roll
Fruit & Veggie Bar
Milk: 1%, Skim, or FF Chocolate

Tomato Soup **6**
Cheese Filled Bread Sticks
Fruit & Veggie Bar
Milk: 1%, Skim, or FF Chocolate

Hot Dog on WG Roll **7**
Fruit & Veggie Bar
Milk: 1%, Skim, or FF Chocolate

1
Assorted Pizza Slices
Fruit & Veggie Bar
Milk: 1%, Skim, or FF Chocolate

Cheese Quesadilla **11**
& Salsa
Fruit & Veggie Bar
Milk: 1%, Skim, or FF Chocolate

Crispy Chicken on WG Roll **12**
Fruit & Veggie Bar
Milk: 1%, Skim, or FF Chocolate

Turkey BLT on WG Roll **13**
Fruit & Veggie Bar
Milk: 1%, Skim, or FF Chocolate

Roasted Pork & Gravy Meal **14**
Fruit & Veggie Bar
Milk: 1%, Skim, or FF Chocolate

TEACHERS IN SERVICE 15
NO SCHOOL FOR STUDENTS

Cheese Filled Breadsticks **18**
w/Marinara
Fruit & Veggie Bar
Milk: 1%, Skim, or FF Chocolate

Steak & Cheese **19**
on WG Roll
Fruit & Veggie Bar
Milk: 1%, Skim, or FF Chocolate

Popcorn Chicken **20**
Fruit & Veggie Bar
Milk: 1%, Skim, or FF Chocolate

Walking Taco **21**
Taco Bar
Fruit & Veggie Bar
Milk: 1%, Skim, or FF Chocolate

22
Assorted Pizza Slices
Fruit & Veggie Bar
Milk: 1%, Skim, or FF Chocolate

Cheeseburger on WG Roll **25**
Fruit & Veggie Bar
Milk: 1%, Skim, or FF Chocolate

Buffalo Chicken Dip **26**
Tortilla Chips
Fruit & Veggie Bar
Milk: 1%, Skim, or FF Chocolate

BBQ Rib on WG Roll **27**
Fruit & Veggie Bar
Milk: 1%, Skim, or FF Chocolate

Crispy Chicken on WG Roll **28**
Fruit & Veggie Bar
Milk: 1%, Skim, or FF Chocolate

29
Assorted Pizza Slices
Fruit & Veggie Bar
Milk: 1%, Skim, or FF Chocolate