

MARCH 2024

Old Town Elementary School

LUNCH

Work Hard
And Be Kind



March is National Nutrition Month! To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.

References: Academy of Nutrition & Dietetics, USDA MyPlate

MONDAY

National School Breakfast Week
March 4-8
Celebrate Breakfast at School!

TUESDAY



WEDNESDAY



THURSDAY



FRIDAY

Pancake Bites
Sausage Patty
Hashbrown
Apple Slices
Milk: 1%, Skim, or FF Chocolate

4

Breakfast Sandwich
Broccoli
Orange
Milk: 1%, Skim, or FF Chocolate

5

Chicken Tenders
WG Waffles
Sweet Potato Fries
Pineapple
Milk: 1%, Skim, or FF Chocolate

6

Fruit & Yogurt Parfait
w/GF Granola
WG Muffin
Chickpeas
Milk: 1%, Skim, or FF Chocolate

7

Breakfast Pizza
Green Beans
Fruit Salad
Milk: 1%, Skim, or FF Chocolate

8

Fish Sticks
Baked Fries
Peaches
Milk: 1%, Skim, or FF Chocolate

11

Pulled Pork on WG Roll
Cucumbers
Craisins
Milk: 1%, Skim, or FF Chocolate

12

Cheesy Beef Nachos
Tossed Salad
Pear
Milk: 1%, Skim, or FF Chocolate

13

Pizza Munchable Lunch
Marinara Sauce
Carrots
Grapes
Milk: 1%, Skim, or FF Chocolate

14

TEACHERS IN SERVICE
NO SCHOOL FOR STUDENTS

15

Chicken Nuggets
Potato Wedges
Mixed Fruit
Milk: 1%, Skim, or FF Chocolate

18

Cheeseburger on WG Roll
Onion Rings
Pineapple
Milk: 1%, Skim, or FF Chocolate

19

American Chop Suey
Garlic Knot
Chickpeas
Peaches
Milk: 1%, Skim, or FF Chocolate

20

Chef's Surprise
Tossed Salad
Cantaloupe
Milk: 1%, Skim, or FF Chocolate

21

WG Pizza
Celery w/Sun Butter
Strawberry Cup
Milk: 1%, Skim, or FF Chocolate

22

Orange Chicken
Broccoli
Mandarin Oranges
Milk: 1%, Skim, or FF Chocolate

25

Meatball Sub on WG Roll
Green Beans
Applesauce Cup
Milk: 1%, Skim, or FF Chocolate

26

Turkey & Mashed Potatoes
w/Gravy
WG Dinner Roll
Cranberry Sauce
Milk: 1%, Skim, or FF Chocolate

27

Chicken Tenders
Sweet Potato Fries
Pears
Milk: 1%, Skim, or FF Chocolate

28

Cheesy Breadsticks
Marinara Sauce
Baked Beans
Fresh Apple
Milk: 1%, Skim, or FF Chocolate

29