

OCTOBER 2023

Central District 51

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	Monday	Tuesday	Wednesday	Thursday	Friday	
	Chicken Nuggets 2	Chicken Fajitas	BBQ Chicken Sandwich 4	Corn Dog 5		6
	Broccoli/Ranch	Meat/cheese/lettuce	Carrot sticks/ranch	Green Beans	1	
	Pineapple	Fiesta Beans	Doritos	Grapes	NO SCHOOL	
	Dinner Roll	Pears	Peaches	Cheez its		
	Milk	Milk	Milk	Milk		
1		Spaghetti 10	Pork Tenderloin/Bun	Breakfast for Lunch 12	Cheese Sticks	12
	9	Spaghetti Garlic Breadstick		Breakfast for Lunch French Toast	Baked Beans	13
/	No scuool		Celery/Ranch			
	NO SCHOOL	Pineapple	Applesauce cup	Hash browns	Pears	
		Romaine Salad/Ranch	Cookie	Sausage Patties	Lays Potato chips	
		Milk	Milk	Orange Slices	Milk	
	Hamburger/Bun 16	Walking Tacos	Country Fried Steak 18	Chicken & Noodles 19	Pizza Bites	20
	Seasoned Fries	Meat/cheese/lettuce	Cooked Carrots	Cheese stick	Broccoli/Ranch	/- /
	Apple Slices	Tortilla Chips	Roll	Green Beans	Fruit cup	/ /
	Yogurt	Fiesta Beans	Pineapple	Peaches	Cookie	× ,
	Milk	Pears	Milk	Milk	Milk	\sim
			22 11 11 11			
	Turkey Wrap 23	Orange Chicken/Rice 24	Maidrite/bun 25	Breakfast for Lunch 26	Cheese Pizza	27
	Lettuce/cheese	Oriental Veggies	Carrot sticks/Ranch	Breakfast English Muffin	Pears	
	Grapes	Peaches	Apple Slices	Sausage Patty/cheese	Corn	
1	Chips	Fortune Cookie	Lays Potato chips	Hash Browns	Jello	
	Milk	Milk	Milk	Orange slices	Milk	
	Popcorn Chicken 30	Happy Halloween 31			FI X	
	Mashed Potatoes/Gravy	Goulash	XX			
	Pears	(Ground beef, egg noodles, tomato sauce)				
>	Dinner Roll	Romaine Salad/Ranch	Look on our websit	e for nutrition Labels	and Recipes	
	Milk	Garlic Bread	X / \			
	IVIIIK	Pineapple	$\times \setminus \wedge \setminus$	111111	VITT	



