

NYS Apples NYS Chips NYS Apple Slices



## **APRIL 2024**

Lyndonville CSD

9-12



#### Personal Touch FOOD SERVIC

Menu is subject to change.

NYS LOCAL FOODS \*Upstate Farms Dairy -milk, vogurt, sour cream \*LynOaken Farms Apples \*Local Farm Vegetables and Fruit

Items used in Meal Program highlighted in green

In addition to the Entrée of the Day, we also serve the following Items Daily:

6" Subs and Wraps (2M2G)

Salads (Includes Flatbread) 2M2G

Peanut Butter & Jelly Sandwich (2M2G)

Fruit & Yogurt Parfait w/Flatbread(2M2G)

Offered daily with all School Lunches:

Fresh or Prepared Fruit

(Must take 1/2 cup of Fruit or Vegetable - may take up to 1 cup)

NY State 8oz Non or Low Fat White or Non Fat Chocolate Milk

If your Son or Daughter has a particular food allergy, please contact the food service office @ 585-765-3166 or Mary Kurz @ 585-765-3124

MY SCHOOL BUCKS

**PAY FOR MEALS ONLINE** MvSchoolBucks.com

#### Monday **Tuesday**

NO SCHOOL

## Wednesday

# **Thursday**

NO SCHOOL



Friday



**NO School** 

**Chicken Nuggets** Rice

9

16

23

30

Corn 1/2C Mixed Vegetables 1/2C Fruit 1/2c Milk -8oz

French Toast Sticks and Ham Slice

Cauliflower 1/2C Carrots 3/4C **NY Apple Slices** Milk-8oz

**Mac and Cheese** Dinner Roll

Steamed Broccoli 1/2C Peas 1/2C **NYS Apple-1Piece** Milk-8oz

Pizza

Baby Carrots 3/4 C 1C Romaine Salad=1/2C Fresh Fruit 1 piece Milk-8oz

**Chicken Patty** On a Bun

Sweet Potatoes 3/4C Green Beans 1/2C Fruit 1/2C Milk-8oz

0

Taco in a Bag

Black Bean Salad 1/2 C Corn 1/2C Fruit -1 Piece Milk-8oz

Chicken Nuggets w/ Rice

**Baby Carrots 1/2C** Mashed Potato 1/2C Fruit 1/2C Milk-8oz

Cheeseburger

NYS Chips 1/2C NYS 1C Romaine Salad=1/2C Apple -1 Piece

Mozzarella Sticks w/ Marinara Sauce

Steamed Broccoli 1/2C Mixed Vegetables 1/2C Fruit 1/2c Milk-8oz

Chicken Nuggets w/ Pasta

Green Beans 1/2C Carrots 3/4C Fresh Fruit -1 Piece Taco

Corn 1/2C Peas 1/2C Fruit 1/2C Milk-8oz

Pizza

24

Baked beans 1/2C Mixed Vegetables 1/2C Fruit 1/2C Milk-8oz

Beef Alfredo

25

Steamed Broccoli 1/2C Cauliflower 1/2C NYS Apple -1Piece Milk-8oz

National Pretzel Da<mark>y</mark>

Mozzarella Sticks w/Dipping Sauce

Soft Pretzel Baby Carrots 1/2C 1C Romaine Salad=1/2C Fresh Fruit 1 piece Milk-80z

Chicken Patty On a Bun

Broccoli 1/2C **Maple Glazed Carrots 3/4C** Fruit 1/2C Milk-8oz

Nachos

Corn 1/2C Black Bean Salad 1/2 C Fresh Fruit- 1 Piece Milk-8oz