

Menu is subject to

Monday

Tuesday

Wednesday

Thursday

Friday



5

Chicken Nuggets

Baked Beans 1/2C
Green Beans 1/2C
Fresh Fruit -1 piece
Milk-8oz

Frozen Yogurt Day

Hot Dog On a WG Bun

French Fries 1/2C
Baby Carrots 1/2C
Fruit 1/2c
Milk -8oz

7

Pizza

Steamed Broccoli 1/2C
Mixed Vegetables 1/2C
NYS Apple-1Piece
Milk-8oz

8

Buffalo Chicken Sub

1C Romaine Salad= 1/2C
Corn 1/2C
Fruit 1/2c
Milk-8oz

9

French Toast Sticks w/ Sausage

Carrots 3/4C
Cauliflower 1/2C
Fresh Fruit 1 piece
Milk-8oz

12

Chicken n Waffles

Maple Glazed Carrots 3/4C
Green Beans 1/2C
Fruit 1/2C
Milk-8oz

13

Nachos

Black Bean Salad 1/2 C
Corn 1/2C
NYS Apple-1 Piece
Milk-8oz

14

Pizza

Sliced Green Peppers 1/2C
Mixed Vegetables 1/2C
Fruit 1/2C
Milk-8oz

15

Chicken Patty on a Bun

NYS RoastedPotatoes 1/2C
1C Romaine Salad= 1/2C
Fresh Fruit -1 Piece
Milk -8oz

16

Italian Dunkers w/ Sauce

Steamed Broccoli 1/2C
Baby Carrots 1/2C
Fruit 1/2c
Milk-8oz

19

Mid- Winter Break

20

Mid- Winter Break

21

Mid- Winter Break

22

Mid- Winter Break

23

Mid- Winter Break

26

Chicken Tenders w/ Dinner Roll

Broccoli 1/2C
Baked beans 1/2C
Fruit 1/2C
Milk-8oz

27

Taco

Corn 1/2C
Cauliflower 1/2C
Fresh Fruit- 1 Piece
Milk-8oz

28

Pizza

Mixed Vegetables 1/2C
Green Peas 1/2C
Fruit 1/2C
Milk-8oz

29

French toast w/ Sausage

NYS Roasted Potatoes 1/2C
Sliced Carrots 3/4C
NYS Apple-1Piece
Milk-8oz

NYS LOCAL FOODS

**Upstate Farms Dairy
-milk, yogurt, sour cream
*LynOaken Farms Apples
*Local Farm Vegetables and Fruit
used in Meal Program
highlighted in green*

In addition to the Entrée of the Day,
we also serve the following Items
Daily:

6" Subs and Wraps Made to Order
(2M2G)

Salads Made to Order
(Includes Flatbread) 2M2G

Peanut Butter & Jelly Sandwich
(2M2G)
Fruit & Yogurt Parfait w/Flat-bread(2M2G)

Offered daily
with all School Lunches:
Fresh or Prepared Fruit
(Must take ½ cup of Fruit or Vegetable – may take up to 1 cup)

NY State Non or Low Fat White or

If your child has a particular allergy please contact Mary Kurz in the health office @ 585-765-3124 or Michelle Higgins in the cafe @ 585-765-3166

MY SCHOOL BUCKS

PAY FOR MEALS ONLINE
 MySchoolBucks.com