## Harvest of the Month

NYS Apples NYS Potatoes



## **FEBRUARY 2024**

Lyndonville CSD

K-8





Monday

Tuesday

Wednesday

Thursday

Chicken Alfredo

Baked Beans 1/2C

Fruit 1/2C

Milk-8oz

Italian Dunkers

Friday

w/ Sauce
Sweet Potatoes 3/4C
Fresh Fruit 1 piece
Milk-8oz

\*Upstate Farms Dairy
-milk, yogurt, sour cream
\*LynOaken Farms Apples
\*Local Farm Vegetables and
Fruit

NYS LOCAL FOODS

used in Meal Program highlighted in green

In addition to the Entrée of the Day,

we also serve the following Items

Daily:

Salads Made to Order

(Includes Flatbread) 2M2G

Peanut Butter & Jelly Sandwich
(2M2G)

Fruit & Yogurt Parfait w/Flat-

bread(2M2G)

Chicken Nuggets Baked Beans 1/2C Fresh Fruit -1 piece

Frozen Yogurt Day 6
Hot Dog On a WG BunFrench Fries 1/2C
Fruit 1/2c
Milk -8oz

Pizza
Steamed Broccoli 1/2C
NYS Apple-1Piece
Milk-8oz

Chicken Patty on a Bun 1C Romaine Salad= 1/2C Fruit 1/2c Milk-8oz French Toast Sticks
Sausage
Carrots 3/4C
Fresh Fruit 1 piece
Milk-8oz

Chicken n Waffles

Maple Glazed Carrots 3/4C
Fruit 1/2C
Milk-8oz

Milk-8oz

Nachos

Corn 1/2C

NYS Apple -1 Piece
Milk-8oz

Cheese Quesadilla

Mixed Vegetables 1/2C
Fruit 1/2C
Milk-8oz

Pizza

1C Romaine Salad= 1/2C
Fresh Fruit -1 Piece
Milk -80z

Mozzarella Sticks w Sauce Steamed Broccoli 1/2C Fruit 1/2c Milk-8oz

Mid- Winter Break

Mid- Winter Break

21 Mid- Winter Break

Mid- Winter Break

Mid- Winter Break

23

Offered daily with all School Lunches:

Fresh or Prepared Fruit (Must take ½ cup of Fruit or Vegetable – may take up to 1 cup)

NY State Non or Low Fat White or Non Fat Chocolate Milk 8oz

Chicken Tenders

Broccoli 1/2C
Fruit 1/2C
Milk-80z

Taco
Corn 1/2C
Fresh Fruit- 1 Piece
Milk-8oz

Pizza
Mixed Vegetables 1/2C
Fruit 1/2C
Milk-8oz

French Toast w/ Sausage NYS Roasted Potatoes 1/2C NYS Apple-1Piece Milk-8oz If your child has a particular allergy please contact Mary Kurz in the health office @ 585-765-3124 or Michelle Higgins in the cafe @ 585-765-3166



PAY FOR MEALS ONLINE

MySchoolBucks.com