

COVID-19 & Respiratory Virus Protocol

Updated 3/18/24

- The RSU 1 Schools will continue to follow US CDC guidance.
- US CDC guidance for COVID is now included in the CDC's [Respiratory Virus Guidance](#).
- This guidance now specifies that if you are sick with any respiratory illness, including COVID-19, Influenza, or RSV, you should:
 - Stay home and away from other for 24 hours until:
 - Symptoms are improving AND
 - You have not had a fever (and are not using fever-reducing medication).
 - Use additional precautions for 5 days after resuming normal activities such as frequent hand washing, wearing a well-fitting mask (if desired), and/or getting tested for respiratory viruses.
- You no longer have to report COVID-19 test results to the school nurse.

