



# ELLSWORTH JUNIOR/SENIOR HIGH

John Cannon Principal

211 W 11<sup>th</sup>, Ellsworth Kansas 67439  
Phone 785-472-4471 Fax 785-472-8109

April 2, 2024

Dear Parents of Eighth Graders,

On April 22, 2024 – April 26, 2024, I will be teaching a course on Human Sexuality/Health and Sexually Transmitted Diseases to the 8<sup>th</sup> grade students. This 5 day class will be taught during PE classes. We promote **Abstinence**, discuss the importance of **Mutual Monogamy in relationships**, and will discuss possible consequences / outcomes if abstinence or mutual monogamy is not achieved.

**This is an OPT OUT program** Unless you sign and return this form to **OPT OUT**, your child is to be considered as having your consent to attend the lessons. **ONLY SIGN THIS FORM IF YOU WISH FOR YOUR CHILD TO BE EXCUSED FROM THESE LESSONS.** If you do not wish to have your child participate in the class, they will be sent to an alternate location to work quietly on other schoolwork for that time.

**Signed form is due back to the office BEFORE the first day of the lessons as stated above or your student will attend the classes.**

Topics discussed will include:

- Male & Female Reproductive Systems, Review of anatomy and functions
- Potential Outcomes of Sexual Activity, Sexual Risk Behaviors (HIV, STD's, & Teen Pregnancy),
- Condom do's & don'ts
- Responsible Behaviors within Relationships (Communication/Abstinence), Refusal Skills/Setting Boundaries, Sexual Harassment and Bullying
- Seeking reliable Adult Advice
- Laws associated with Sexual Behaviors (Consent, Harassment, Assault, Rape)
- **Self Breast Exams / Self Testicular Exams** – . Boys/Girls will be separated for this part of the lesson. I have male/female anatomical models for instruction on self breast and self testicular exams. I will conduct a lesson on how to do a self-breast exam to the girls and I have Shawn McGowan and Ryan Lahey, PA's from the Rural Health Clinic scheduled to give a lesson to the boys on how to do a self-testicular exam and to answer any questions they may have about male reproductive health.
- **RNs from the Ellsworth County Health Department** will be here to discuss services that are offered there for teens and young adults.

I am choosing for my child, \_\_\_\_\_ to **OPT OUT** of the 8th grade Human Sexuality lessons.

Parent/Legal Guardian Signature

Date

As always, we are very interested in your opinions and concerns as parents and invite your comments. You are welcome to call to speak with me or email me at [BPeterman@usd327.org](mailto:BPeterman@usd327.org) to discuss the curriculum

Sincerely,

Bonnie Peterman, RN  
School Nurse, USD 327

John Cannon  
EJSHS Principal