Wellness Committee Requirements Checklist - Implementation and Compliance

Federal requirements are highlighted below; Arkansas rules for nutrition and physical activity are noted by "Ark 0.00."

See Commissioner's Memo CNU-17-038 Wellness Policies: Meeting Requirements of the Triennial Assessment for instructions and guidance.

	Part 1										Part 2
	Aug	Sept	0 0	Nov	Dec	Jan	Feb	Mar	Apr	Мау	Included in Policy?
Ark 6.07.1.1 Include in the local Wellness Policy, goals for nutrition education, physical activity, and other school based activities that are designed to promote student wellness in a manner that the LEA determines is appropriate (may have standards in the Wellness Policy and annually updated goals in the ACSIP School Form)											X
Ark 6.07.1.2 Include in the local Wellness Policy, nutrition guidelines selected by the LEA for all foods available (both sold and provided) on each school campus under the LEA during the school day with the objectives of promoting student health and reducing childhood obesity											X
Ark 6.07.1.3 Include in the local Wellness Policy, guidelines for reimbursable meals, which are no less restrictive than regulations and guidance issued by USDA			lia)								X
Ark 6.07.1.4 Include in the local Wellness Policy, a plan for measuring implementation of the local wellness policy, including designation of 1 or more persons within the LEA charged with operational responsibility for ensuring that each school fulfills the district's local wellness policy (ACSIP District Form – chair and co-chair)											X
LEAs are required to inform and update the public about the content and implementation of the local wellness policy								4			X

 EAs must measure periodically and make available to the public an assessment of the local wellness policy including (Triennial Assessment): Extent to which schools are in compliance with the local wellness policy (using this checklist) Extent to which the LEAs' local wellness policy compares to model local school wellness policies (using the "Included in Policy?" checkbox on this form) 			
 And progress made in attaining the goals of the local wellness policy (using BMI data, SHI, and ACSIP) 			
nclude in the Wellness Policy, a standard for food and beverage marketing that allows marketing and advertising of only those foods and beverages that meet the Smart Snacks nutrition requirements.			X
nclude in the Wellness Policy, a description of public involvement, public updates, policy leadership, and evaluation plan.			X
Ark 6.06.5 The Wellness Committee shall review and make written recommendations to the district's Child Nutrition Director regarding the district's school meal menus and other foods sold in the cafeteria. *District's Child Nutrition Program will provide the district Wellness Committee information on the requirements and standards of the National School Lunch Program (NSLP), and menus for the NSLP and other foods sold in the school cafeteria on a QUARTERLY basis.			X
ark 6.02 The **school nutrition and physical activity advisory committee will help ctivity and assist in the development of local policies that address issues and goal ark 6.02.1 Assist with the implementation of nutrition and physical activity tandards developed by the school nutrition and physical activity advisory ommittee with the approval of the Arkansas Department of Education and		-	d physical
• • • • • • • • • • • • • • • • • • • •			
nd BMI – updated May 2016, including Federal Smart Snack Regulations)			X
he State Board of Health (The Rules Governing Nutrition, Physical Activity, and BMI – updated May 2016, including Federal Smart Snack Regulations) Ark 6.02.2 Integrate nutrition and physical activity into the overall curriculum Ark 6.02.3 Ensure that professional development of staff includes nutrition and physical activity issues			X X

Fayetteville Public School

Ark 6.02.5 Improve the quality of physical education curricula and increase training of physical education teachers		X
Ark 6.02.6 Enforce existing physical education requirements		X
Ark 6.02.7 Pursue contracts that both encourage healthful eating by students and reduce school dependence on profits from the sale of competitive foods		X
Ark 6.06 At a minimum, the School Nutrition and Physical Activity Advisory Con	nmittee will:	X
Ark 6.06.1 Annually, assess each school campus, using the School Health Index for Physical Activity, Healthy Eating and a Tobacco-Free Lifestyle using the following modules: #1 – School Health Policies and Environment #2 – Health Education #3 – Physical Education and other Physical Activity Programs #4 – Nutrition Services #8 – Family and Community Involvement Assessment		X
Ark 6.06.2 Compare the physical education and health education assessment from the School Health Index to the standards defined by the Arkansas Department of Education Physical Education and Health Curriculum Frameworks		X
Ark 6.06.3 Compile the results of the School Health Index and provide a copy to the principal of each school in the district to be included in the individual school improvement plan (ACSIP)		X
Ark 6.06.6 Assist the schools in implementing the Arkansas Child Health Advisory Committee recommendations for all foods and beverages sold or served anywhere on the school campus, including all foods and beverages other than those offered as part of reimbursable meals, including a la carte, vending machines, snack bars, fundraisers, school stores, class parties, and		X
other venues that compete with healthy school meals Ark 6.06.7 Annually maintain and update a written list of recommended locally available healthier options for food and beverages available for sale to students		Х
Ark 6.06.8 Encourage the use of non-food alternatives for fundraisers		

ALTERNATION OF THE

	recommendations to the local school be included in food and beverage vending			Mirid Shard					X
	strict's annual report to parents and the		Board						
community the amount of funds rec	·	15	inty.		Į.				
competitive food and beverage cont			כויוו	 					
Arkansas Required Members:	USDA Required Members:								
School Board	School Board		- 1						
Administration	Administration								
Food Service	Food Service			i					
Teacher Organization	Teachers of Physical Education		- [X
Parents	Parents		ľ						^
Students	Students								
Professional Groups – Nurses	School Health Professionals				ľ				
Community Members	Public								
List additional policies adopted at th	e local level and implemented through the								
Local Wellness Policy:			4						
,			1						
			- 1				3		
		1							
			1						
		1							

^{*}Arkansas Act 2285 of 2005 "An Act to Provide Statewide Standards for School Lunch Programs; And for Other Purposes"

Please refer to the Arkansas Department of Education Rules Governing Nutrition and Physical Activity Standards and Body Mass Index for Age Assessment Protocols in Arkansas Public Schools – May 2016, the USDA Food and Nutrition Service Smart Snack Regulations, and the USDA FNS Local School Wellness Policy Implementation

^{**}Wellness Committee = School Nutrition and Physical Activity Advisory Committee