

Coordinated School Health September 26, 2023, at 3:30 pm
AppleSeeds Teaching Farm, Fayetteville, Arkansas

Meeting Minutes

Attending

Melissa Alderson, Joey Cox, Ted Whitehead, Jennifer Schilling, Monica Vasiloff, , Grace Bloodworth, Missi Guerian, and Sheila Gorton

Announcements and Activities

Introductions and a fun game involving favorite fall activities was played.

Discussion/New Business

AppleSeeds Teaching Farm Program Director, Ryan Patterson, provided insight and a tour of the grounds that was enlightening and exciting for our CSH members. AppleSeeds began in 2007 when a small group of leaders from Ozark Natural Foods, Fayetteville saw a need to reconnect students with where their food comes from. The 501c(3) organization has grown to provide education for students of all grade levels, K-12 through sharing of their love of gardening, cooking, and care for the earth. This year FPS students from ALLPS, all students in grades 1 and 4, and more are able to receive education through their “Growing My Plate” program. AppleSeeds also provides special events at it’s beautiful location in central Fayetteville nestled beside Gulley Park on Old Wire Road.

Roundtable

A Menu Review was presented by Ted Whitehead, FPS Child Nutrition Assistant Director

Our team was inspired by the environment and accommodations of AppleSeeds, so we held our Menu Review outside under a large oak tree beside the garden and orchard area. We are planning a return trip on a day when classes are enjoying their education at AppleSeeds.

Minutes presented by Melissa Alderson