

Coordinated School Health March 14, 2023, at 3:30 pm
Fayetteville Public Schools Mackey Conference Room

Meeting Minutes

Attending

Melissa Alderson, Steven Weber, Joey Cox, Ted Whitehead, Jennifer Schilling, Sara Blickenstaff, Monica Vasiloff, Mary Farrell, Angela Wommack, Janice Cowart, Tammy Tucker, Sandy Montero, Grace Bloodworth, Becca Vest, Jeremy Stark, Amy Jefferson, Tara Lechtenberger, Sim Barrow, and Sheila Gorton

Announcements and Activities

Introductions and announcements by attendees. Melissa reminded members of the tour of SBHC, Community Clinic at Owl Creek scheduled for March 28, 2023.

Discussion/New Business

Carey Ashworth, Spark Foundation, presented on the partnership Spark has with FPS. Spark Foundation is committed to their mission to increase access to health and fitness education opportunities in FPS and in NWA. The board, staff, and volunteers create opportunities through racing events, outreach programming, and give back to FPS by sponsoring grants that go directly from race entry fees to the schools. Spark has also partners with FPS for neighborhood gathering as a partner in events centered around healthy lifestyles. Each spring Spark hosts the Cow Paddy run that directly benefits FPS.

Roundtable

A Menu Review was presented by Ted Whitehead, FPS Child Nutrition Assistant Director

Conversation between members focused on how nutrition is a part of building a healthy learner along with ways to promote healthy nutrition in the schools; healthy students make better learners!

Minutes presented by Melissa Alderson