

Coordinated School Health April 25, 2023, at 3:30 pm
Fayetteville Public Schools Mackey Conference Room

Meeting Minutes

Attending

Melissa Alderson, Steven Weber, Joey Cox, Ted Whitehead, Jennifer Schilling, Sara Blickenstaff, Monica Vasiloff, and Sheila Gorton

Announcements and Activities

Topic of Meeting: School Health Index: “What is it, and where do I fit in?”

Each attendees provided the area of expertise where they would fit into in accordance with CDC School Health Index modules; a team exercise was done for members to gain more understanding of SHI. A PowerPoint on SHI was provided by Melissa Alderson, RN, Director of Health Services, FPS

Discussion/New Business

Members gained a broader understanding on how they can support goals in SHI in their departments and community groups and verbalized understanding of how the SHI fits into the School Level Improvement Plan in FPS.

Roundtable

A Menu Review was presented by Ted Whitehead, FPS Child Nutrition Assistant Director

Conversation between members focused on how nutrition is a part of building a healthy learner along with ways to promote healthy nutrition in the schools; staff members were encouraged to eat at least one meal a week in their school cafeteria to engage in healthy habits with students.

Minutes presented by Melissa Alderson