



# Shiloh 6-12

# SEPTEMBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p><b>Chipotle Cheesy Bean Nachos</b> FLAVORS FROM THE SOUTHWEST</p>	<p><b>Join us the Week of September 11-15 for Flavors from the Southwest with our Limited Time Offer!</b></p>		<p><b>Eat lunch with us on Friday September 8<sup>th</sup> and get a free cookie!</b></p>	<p><u>Cinni-Mini/ Apple Orange Yogurt Smoothie</u></p> <ol style="list-style-type: none"> <li>Pizza Meatball Sub</li> <li>Spicy Chicken Sandwich</li> <li>Turkey &amp; Cheese Sub</li> <li>Cheese Pizza*</li> </ol> <p>Romaine Salad, Cucumber Slices, Apricot Halves, Fresh Whole Apple</p>
<p><b>LABOR Day</b></p>	<p><u>Pumpkin Breakfast Bread/ Peach Yogurt Parfait</u></p> <ol style="list-style-type: none"> <li>Popcorn Chicken Flatbread</li> <li>Grilled Cheese*</li> <li>Pretzel, Yogurt, Cheese Plate*</li> <li>Cheese Pizza*</li> </ol> <p><b>National Cheese Pizza Day!</b> Fresh Broccoli, Steamed Carrots, Diced Pears, Orange Slices</p>	<p><u>Chicken Breakfast Biscuit/ Strawberry Pineapple Yogurt Smoothie</u></p> <ol style="list-style-type: none"> <li>Walking Taco</li> <li>Chicken Quesadilla</li> <li>Ham &amp; Cheese Sub</li> <li>Buffalo Chicken Pizza</li> </ol> <p>Baby Carrots, Kickin Pinto Beans, Diced Peaches, Fresh Apple</p>	<p><u>Pancake on a Stick/ Strawberry Yogurt Parfait</u></p> <ol style="list-style-type: none"> <li>Buzzer Beater Basket &amp; BrdStk</li> <li>Bosco Sticks &amp; Sauce*</li> <li>Turkey Chef Salad &amp; Roll</li> <li>Sausage Pizza</li> </ol> <p>Celery Sticks, Mixed Vegetables, Applesauce, Fresh Pear</p>	<p><u>Biscuit &amp; Gravy/ Pink Lemonade Yogurt Smoothie</u></p> <ol style="list-style-type: none"> <li>Bacon Cheeseburger on a Bun</li> <li>Hot Dog on a Bun</li> <li>Peanut Butter and Jelly Sandwich*</li> <li>Cheese Pizza*</li> </ol> <p>Fresh Spinach, Fresh Baby Carrots, Apricot Halves, Fresh Whole Apple</p>
<p><u>French Toast Sticks/ Strawberry Apple Yogurt Smoothie</u></p> <ol style="list-style-type: none"> <li>Pasta &amp; Meatballs</li> <li>Chicken Tenders &amp; BrdStk</li> <li>Make-Your-Own Pizza Bagel</li> <li>Pepperoni Pizza</li> </ol> <p>Fresh Broccoli, Green Beans, Fruit Mix, Fresh Oranges</p>	<p><u>Sausage Breakfast Pizza/ Pineapple Yogurt Parfait</u> <b>Limited Time Offer!</b></p> <ol style="list-style-type: none"> <li>Chipotle Cheesy Bean Nachos</li> <li>BBQ Rib on a Bun</li> <li>Asian Chicken Wrap</li> <li>Cheese Pizza*</li> </ol> <p>Red Pepper Strips, Mashed Potatoes, Diced Pears, Fresh Banana</p>	<p><u>Egg &amp; Cheese English Muffin/ Purple Haze Yogurt Smoothie</u></p> <ol style="list-style-type: none"> <li>Chicken Dumpling &amp; Fried Rice</li> <li>Cheeseburger on a Bun</li> <li>Turkey &amp; Cheese Sandwich</li> <li>Cheeseburger Pizza</li> </ol> <p>Edamame Beans, Peas &amp; Carrots, Diced Peaches, Fresh Apple</p>	<p><u>Egg, Sausage &amp; Cheese Tacos/ Blueberry Yogurt Parfait</u> <b>Limited Time Offer!</b></p> <ol style="list-style-type: none"> <li>Chipotle Cheesy Bean Nachos</li> <li>Chicken Patty on a Bun</li> <li>Popcorn Chicken Salad &amp; Roll</li> <li>Sausage Pizza</li> </ol> <p>Zucchini Slices, Celery Sticks, Warm Apple Slices, Fresh Pear</p>	<p><u>French Toast Sticks/ Choc Strawberry Yogurt Smoothie</u></p> <ol style="list-style-type: none"> <li>Chili Fries &amp; Roll</li> <li>Grilled Bacon &amp; Cheese</li> <li>Pretzel, Yogurt, Cheese Plate*</li> <li>Cheese Pizza*</li> </ol> <p>Fresh Spinach, Fresh Baby Carrots, Apricot Halves, Fresh Whole Apple</p>
<p><u>Sausage, Egg, Cheese Flatbread/ Apple Orange Yogurt Smoothie</u></p> <ol style="list-style-type: none"> <li>Mini Corn Dogs w/ Mac &amp; Cheese</li> <li>Cheeseburger on a Bun</li> <li>Peanut Butter &amp; Jelly Sandwich*</li> <li>Pepperoni Pizza</li> </ol> <p><b>National Cheeseburger Day!</b> Romaine Salad, Celery Sticks, Fruit Mix, Fresh Oranges</p>	<p><u>Bacon Breakfast Pizza/ Strawberry Yogurt Parfait</u></p> <ol style="list-style-type: none"> <li>Beef &amp; Cheese Nachos</li> <li>Grilled Chicken on a Bun</li> <li>Baja Vegetable Salad &amp; Roll*</li> <li>Cheese Pizza*</li> </ol> <p>Refried Beans, Street Style Corn, Diced Pears, Fresh Banana</p>	<p><u>Pancake on a Stick/ Tropical Yogurt Smoothie</u></p> <ol style="list-style-type: none"> <li>Popcorn Chicken Bowl &amp; BrdStk</li> <li>Cheese Pizzadilla*</li> <li>Turkey Chef Salad &amp; Roll</li> <li>Meat Lover Pizza</li> </ol> <p>Fresh Broccoli, Red Pepper Strips, Diced Peaches, Fresh Apple</p>	<p><u>Bacon, Egg, Cheese Burrito/ Peach Yogurt Parfait</u></p> <ol style="list-style-type: none"> <li>BBQ Chicken Flatbread</li> <li>Chicken Nuggets &amp; BrdStk</li> <li>Turkey &amp; Chz Sandwich</li> <li>Sausage Pizza</li> </ol> <p>Romaine Salad, Edamame Beans, Applesauce, Fresh Strawberries</p>	<p><u>Chicken &amp; Cheese Biscuit/ Apple Cinnamon Yogurt Smoothie</u></p> <ol style="list-style-type: none"> <li>Cheesy Baked Penne</li> <li>Spicy Chicken on a Bun</li> <li>Chicken &amp; Cheese Salad &amp; Roll</li> <li>Pepperoni Pizza</li> </ol> <p>Baby Carrots, Mixed Vegetables, Apricot Halves, Fresh Whole Apple</p>
<p><u>Biscuit &amp; Gravy/ Pink Lemonade Yogurt Smoothie</u></p> <ol style="list-style-type: none"> <li>Twin Soft Tacos</li> <li>Cheese Quesadilla*</li> <li>Cookie Humus &amp; Yogurt Plate*</li> <li>Pepperoni Pizza</li> </ol> <p>Romaine Salad, Green Beans, Fruit Mix, Fresh Oranges</p>	<p><u>Bacon Egg &amp; Cheese Frittata &amp; Tst/ Blueberry Yogurt Parfait</u></p> <ol style="list-style-type: none"> <li>Cheeseburger Meatloaf Sandwich</li> <li>Pizza Sticks &amp; Sauce*</li> <li>Chicken Ranch Wrap</li> <li>Cheese Pizza*</li> </ol> <p>Pickled Cucumbers, Baked Beans, Diced Pears, Fresh Banana</p>	<p><u>Sausage English Muffin Sandwich/ Berry Banana Yogurt Smoothie</u></p> <ol style="list-style-type: none"> <li>Pancakes &amp; Scrambled Eggs</li> <li>Chicken Patty on a Bun</li> <li>Italian Salad w/ Ham &amp; Roll</li> <li>Cheeseburger Pizza</li> </ol> <p>Fresh Baby Carrots, Celery Sticks, Warm Peach Slices, Fresh Apple</p>	<p><u>French Toast Sticks/ Strawberry Yogurt Parfait</u></p> <ol style="list-style-type: none"> <li>Thai Chicken Tenders &amp; Rice</li> <li>Hamburger on a Bun</li> <li>Santa Fe Turkey Wrap</li> <li>Sausage Pizza</li> </ol> <p>Golden Corn, Edamame Beans, Applesauce, Fresh Watermelon</p>	<p><u>Orange Glazed Cinnamon Roll/ Purple Haze Yogurt Smoothie</u></p> <ol style="list-style-type: none"> <li>Buffalo Chicken Mac &amp; Cheese</li> <li>Grilled Cheese*</li> <li>Yogurt, Apple, Cheese Plate*</li> <li>Cheese Pizza*</li> </ol> <p>Fresh Spinach, Red Pepper Strips, Apricot Halves, Fresh Whole Apple</p>

**NOTES**

Daily Milk Options: 1% White Milk, 1% chocolate  
100% Juice offered Daily at Breakfast & Lunch

**Breakfast:** Pick 2 options offered daily.  
**Lunch:** Tater Tots M/W/F & Curly Fries T/TH

