Helping Hands Resource Guide 2022

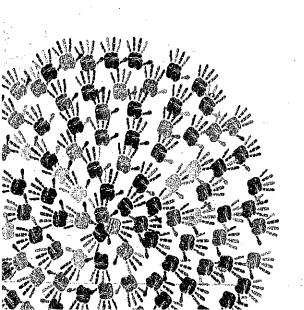


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The Helping Hands Resource Guide was
developed for use by professionals and
human resource agencies. The guide is to
be used in helping our clients find the
proper resources for their particular needs.
It provides quick access to basic information
on many of the human services agencies and
programs in Clinton County and surrounding
areas. ,
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Information, Referral & Assistance Services grants permission to reprint any or all of this booklet for nonprofit purposes.



We apologize for any errors or omissions that may have occurred in the data collection or printing of this Helping Hands Resource Guide.



If you have a service not addressed in the guide or you have corrections, additions or changes, please feel free to submit them to:

Information, Referral & Assistance Services
219 1st Avenue
Clinton, IA 52732

Phone:(563)243-5818 Email: irasmichaelsen@gmail.com

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BASIC NEEDS Clothing

Carroll Assistance Center.......563-374-1520 205 East Washington Street, Wheatland, IA 52777 Clothing and more for low-income families. Open Tuesdays 4pm-6pm.

Dewitt Referral Center & Thrift Store......563-659-9612 615 8th Street, Dewitt, IA 52742

Provides emergency financial assistance, food, and referral services to the residents of the Central Dewitt Community School District. Assistance with school supplies, school clothes, prescriptions, car repairs, and household items also available. Donation Center and Thrift Store is open to the public weekdays 8am-5pm.

Information, Referral & Assistance ..563-243-5818 219 1st Avenue, Clinton, IA 52732

Free clothing, household items and occasionally furniture for low-income families and individuals. Shopping hours: weekdays 11am-3pm.

Emergency Shelters

Crouch Youth Transitional Housing

Program......309-793-6391 Shelter for homeless youth ages 16-21, male & female.

Family Resources Crisis Line......866-921-3354
Provides emergency shelter due to DA, SA, and other violent crimes.

Humility Homes & Services Inc......563-326-1330 3805 Mississippi Avenue, Davenport IA 52807 Emergency Shelter for Single Adults, Rapid Rehousing, Veterans Transitional Housing

Rehousing, Veterans Transitional Housing, Supportive Services for Veterans and their Families, Permanent Supportive Housing, Mission Focused Housing Emergency Shelter is accessed on a first come first serve basis. Intakes are completed 24 hours a day/7days a week. Call to see if there is an opening.

Project Now......309-793-6391 Rock Island, IL 61201

Transitional housing for families with children.

Salvation Army of the Quad Cities.....563-324-4808 100 Kirkwood Blvd., Davenport IA 52801

Utilizing motels for families to stay in for shelter. Each families has to work with a case manager every week to work on goals (housing, job, child care, etc.). Accepts women with children, men with children and two parent families.

Emergency Shelter (continued)

Food

Pantries United.......563-243-5818 219 1st Avenue, Clinton, IA 52732

Emergency food provided at sites for residents of Clinton County.

Referral & Assistance

Pantry sites at Information, Referral & Assistance 219 1st Avenue, Clinton, IA.52732 Weekdays 11am-3pm Gateway Area Community Center 1850 South Bluff Blvd., Clinton, IA ,52732 Weekdays 10am-2pm.

Church of the Open Door Food Pantry 816 13th Avenue North, Clinton, IA, 52732 Wednesdays – 10am to Noon

Our Food Pantry is a drive-thru process. Each individual receiving a pre-packed food box is required to complete a TEFAP Eligibility Form. This document is required by the River Bend Food Bank. No other identification is required. Our Pantry volunteers are on site to assist with this step of the process. Individuals may come to receive a food box once a month. #FOLLOW US ON FACEBOOK FOR PANTRY UPDATES/CANCELLATIONS

DHS, Food Stamps.......563-242-0573

121 6th Avenue South, Clinton, IA 52732

Administered by the Department of Human Services.

Elvira Food Pantry (Nancy Smith).......563-522-2312 Elvira Zion Lutheran......563-522-2177 2207 380th Avenue, Clinton, IA 52732

Serving west of Clinton-East of Dewitt and South to Follet's-North to Maquoketa on the 2nd Tuesday of each month 8am-12pm.

Hillcrest Family Services, W.I.C......563-243-9329

215 6th Avenue South, 1st Floor, Clinton, IA 52732 Nutrition and breast feeding education and support along with supplemental food and referral to other health or social service programs. Hillcrest WIC provides services to pregnant, breastfeeding and postpartum women, infants and children to the age if 6 years old.

Food (continued)

Mobile Meals United, Inc. (RSVP)......563-243-7787 1900 North 3rd Street, Clinton, IA 52732 Volunteers deliver hot, nutritious noon meals to Clinton area elderly, disabled and other shut-ins, for a low cost.

Free Meal Sites

Brown Bag 4 U.......563-212-0351 brownbag4u2009@gmail.com

A community group who regularly shares food, water, blankets, coats and other items with homeless and needy persons. On the 4th Saturday of every month.

Gateway Area Community Center.....563-559-2004 1850 South Bluff Blvd. Clinton, IA, 52732 Free meals open to the public on Tuesday nights. Thursday night meals for teens only. Posted on social media or call the office for details. Gacciowa.org

Housing

City of Clinton, Iowa Housing Authority
......563-243-1280

Provides rental assistance for eligible low-income, elderly, disabled, families and singles.

food vouchers available.

Family Resources......563-326-6431 2800 Eastern Avenue, Davenport, IA 52803 Transitional Housing-

A scattered site program that serves Scott, Clinton, Jackson, Muscatine, & Louisa counties. A long term rental assistance program in which client rent & utilities will be paid for the duration of their participation in the program. Access to a myriad of services including intensive case management. Targeted at underserved populations: AA, LBGTQ & Veterans.

 $[\cdot]$

Habitat for Humanity of Clinton County Inc. 563-242-4494
PO Box 2282, Clinton, IA 52733-2282
clintoncountyiowahabitat.com
clintoncountyiowahabitat@yahoo.com

clintoncountylowahabitat@yahoo.com Meets 2nd Monday of each month at 6pm, Zion Lutheran Church.

Information, Referral & Assistance......563-243-5818 Limited financial aid for rent to eligible individuals as well as 24/7 Motel Voucher Program to temporarily shelter individuals in emergency situations or who are without shelter.

Housing (continued)

YWCA Empowerment Center833-849-8976563-242-2110

317 7th Avenue South, Clinton, IA 52732

Offers services to assist those facing housing instability secure safe, affordable housing, through Coordinated Entry, Rapid rehousing, Homelessness, Prevention, Workforce Readiness Programs, Case Management/Community referral support, as well as wrap around services including access to proper fitting footwear through our Sole Purpose Program, and additional services through our CHAMP Program.

Utilities

Assurance Wireless......888-321-5880 www.assurancewireless.com

A federal Lifeline cell phone service provider, offering eligible customers free phones, minutes and data.

Carroll Assistance Center......563-374-1520 205 East Washington Street, Wheatland, IA 52777 Offers referrals & assistance for some utilities.

Clinton County Community Supports Department General Assistance......563-244-0576 1900 North 3rd Street, Clinton, IA 52732 Offers referrals & assistance for some utilities.

Community Action of Eastern Iowa....563-243-5220 1900 North 4th Street, Clinton, IA 52732 Provides energy assistance & weatherization.

Information, Referral & Assistance....563-243-5818 219 1st Avenue, Clinton, IA 52732

Offers referrals & limited assistance for utilities to eligible individuals.

Link-Up Lifeline......888-641-8722 www.lifelinesupport.org

Assists qualified low-income lowans to obtain basic telephone service & a monthly reduction on their phone bill.

Operation New View......563-652-5197 904 East Quarry Street, Maquoketa, IA 52060 Provides LIHEAP utility assistance for Jackson County.

CHILD CARE

Child Care Resource & Referral Community Action of Eastern lowa......563-243-5220 1900 N 4th Street, Clinton, IA 52732 Family development & self sufficiency, Head Start,

preschool & child care resources.

Child Care (continued)

DHS, Iowa Department of Human Services866-488-4605

121 6th Avenue South, Clinton, IA 52732 Provides help with daycare costs. Administers Title 4 child care programs. Free health & safety information for home & center based child care providers.

MercyOne Childcare Center and Preschool......563-244-3627 638 S. Bluff Blvd Clinton, IA 52732 Monday - Friday 6:00 am - 6:00 pm

Prince of Peace Preschool and Childcare.....563-242-9258 245 26th Avenue North, Clinton IA 52732 Preschool program for 3, 4 and 5 year old's, also Childcare. Hours: 7am-5:30pm.

Stay-N-Play Childcare/Preschool......563-242-1214 1811 27th Avenue South, Clinton IA 52732 Childcare and preschool for children 18 months to 12 years. Hours 6: am-6: pm.

Wee School for Little People......563-243-6650 949 12th Avenue North, Clinton, IA 52732 Childcare for infant to 5th grade. Monday-Friday 6:30am-6pm.

YWCA Children's Center......563-244-8340 317 7th Avenue South, Clinton, IA 52732 Childcare, preschool & early learning educational programs for children 6 weeks to 11 years. K-5 After School Care offered at select elementary schools within the Clinton Community School District. Call for more information. Open 6am-12am.

YWCA Children's Center Lyons Campus 250 20th Avenue North, Clinton, IA 52732 Childcare, preschool and early learning educational programs for children 6 weeks — 5 years of age. - K-5 After School Child Care offered on-site. Hours 6:00am to 6:00pm.

Zion Child Care Preschool......563-243-9393 430 3rd Ave South, Clinton IA 52732 Day care and preschool programs for children 6 weeks to 12 years of age. Hours: 5:45am-5:30pm.

COMMUNITY RESOURCES/SERVICES

14 week training for citizens interested in law enforcement who want to know more about the police department and its operations.

Clinton Area Chamber of Commerce...563-242-5702 721 So 2nd St. Clinton 52732

Non-profit dedicated to improving the economic climate of the Clinton area. Memberships available to businesses and individuals.

Clinton Convention & Visitors Bureau

Our main goal is to maximize the overnight Clinton visitor potential.

Clinton Regional Development............563-242-4536Our goals are to improve the regional business climate by attracting new industry and encouraging quality jobs.

Clinton County Community Supports..563-244-0576 1900 North 3rd Street, Clinton, IA 52732

<u>Protective Payee Services:</u> Provide financial management for recipients of Social Security benefits. Adults only.

<u>Property Tax Suspensions:</u> Assistance to individuals meeting qualifications per lowa Code 427.9 or the Clinton County BOS Property Tax Suspension Guidelines.

Council of Social Agencies 215 6th Ave So. Suite 33 Clinton IA 52732 (mailing address only) csa.clintoncounty@gmail.com

Provides network opportunities for local service agencies.

City of Clinton/City of Maquoketa......563-690-5776 email: leadpaint@ecia.org
Lead Paint & Healthy Homes Program
7600 Commerce Park, Dubuque, IA 52002

If your home (owner or rental) was built prior to 1978 and there are kids under 5 living there or visiting (or a baby on the way) check out the Lead Paint & Healthy Homes Program! They award funds (up to \$25,000) to remove lead and home hazards to families that qualify. Currently working in Dubuque County, Delaware County, the City of Clinton and the City of Maquoketa.

Community Resources (continued)

611 South 3rd Street, Clinton IA52732
City of Clinton Engineering Department
Responsible for new construction of streets.
Clinton Building and Neighborhood Services.
Deals with housing, tenant/landlord responsibilities.
Rental property housing inspections.
Building code inspections and nuisance abatement.

Getting Ahead in a Just-Getting'-by-World

215 6th Avenue South Suite. 33, Clinton, IA 52732
Getting Ahead program is based on the Framework of Ruby Payne, Ph. D. that helps people living in poverty rise above the tyranny of the moment to find their future plan.

Holiday Network (RSVP)563-243-7887 Local agencies and community groups come together to screen and coordinate the giving of Christmas food and toys, clothing, etc., for low-income families and individuals. Donations welcome.

Make-A-Wish Foundation Clinton County
563-249-9016

1507 Honey Lane, Clinton IA 52732 Clinton County President, Barb Jacobsen Work to fulfill the wishes of seriously ill children.

Medication Disposal

Disposal of unneeded or expired medications at the following locations;

Camanche Police Department......563-259-8575 819 South Washington Blvd., Camanche IA 52730

HyVee Pharmacy.......563-243-6063 901 South 4th Street, Clinton, IA 52732

Scott White Pharmacy563-659-5042

629 6th Avenue, Dewitt IA 52742

Wagner Pharmacy & Integrated Health......563-242-0626 1726 North 2nd Street, Clinton IA 52732

1726 North 2nd Street, Clinton IA 52752
Walgreens Pharmacy......563-243-2247

1905 North 2nd Street, Clinton, IA 52732

Community Resources (continued)

Public Libraries	
306 8 th Avenue South, Clinton IA 52732	
5	
Lyons Branch 105 Main Avenue, Clinton	IA 52732
50	63-242-5355
Camanche 102 12 th Avenue, Camanche	A 52730
56	
DeWitt 505 10 th Street, DeWitt IA 52742	
	63-659-5523

Crisis aid to disaster victims and relief to rescue personnel.

Soaring Eagle Nature Center.....563-847-7202 Located just before Eagle Point Park

Open by appointment. Barn serves as educational center. Has nature trails, prairie grasses, flowers and wildlife. Also one-room schoolhouse and children's exhibits. Environmental education classes available during school year.

COUNSELING/MENTAL HEALTH

1320 19th Avenue NW, Clinton, IA 52732

Outpatient Psychotherapy, Counseling Services, and

Psychiatric Services:

Outpatient psychotherapy and counseling services at Bridgeview Community Mental Health Center involve a dynamic process in which the therapist uses professional skills, knowledge, and training to enable individuals using the service to realize and mobilize their strengths and abilities, take more control of their lives, and resolve their issues and problems. Psychotherapy services may be individual, group, or family, and are provided by a mental health professional or a person with a master's degree in a mental health field who is supervised by a mental health professional. A co-occurring group for individuals with a dual diagnosis is available. This group focuses on recovery from substance abuse in addition to mental health issues that are impacting the individual's life.

Counseling/Mental Health (continued)

(Bridgeview continued) Psychiatric Services:
Psychiatric evaluations, diagnosis, and treatment services are available as needed by the individual utilizing our services. Psychiatric services are provided by licensed psychiatrists, nurse practitioners, and registered nurses. Individuals needing medication management services can also access nurses who will establish and monitor their medications, compliance, and effectiveness. Patient assistance programs, for individuals who are unable to afford prescribed psychiatric medications, are also available.

Emergency Services:

Emergency services are crisis services which provide a focused assessment and rapid stabilization of acute symptoms of mental illness or emotional distress and are available and accessible twenty-four hours a day. The clinical assessment and psychotherapeutic services are provided by a mental health professional and/or other staff who have access to a mental health professional for consultation. Emergency services are available by telephone and/or in the office setting.

Supported Community Living Services:

Supported community living services are those services provided to individuals with a mental illness, mental retardation, or developmental disability which enable them to develop supports and learn skills that will allow them to live, learn, socialize, and work in the community. Services are individualized, need and abilities focused, and organized according to the following components: outreach to appropriate support or treatment services; assistance and referral in meeting basic human needs; assistance in housing and living arrangements; crisis intervention and assistance; social and vocational assistance; the provision of or arrangement for personal, environmental, family, and community supports; facilitation of the individual's identification and development of natural support systems; support, assistance, and education to the individual's family and to the community; protection and advocacy; service coordination; protective payee services. Integrated Health Home Services: Integrated Health Home services are those services provided to adults with a qualified mental health diagnosis (adults with a serious mental illness [SMI], and qualified Medicaid coverage. Services are classified as Whole Person Care; Whole Person Care refers to your physical health, mental health and lifestyle choices that impact your overall wellness. Services are provided by an Integrated Health Home Team and include a nurse care manager, a care coordinator, and peer support specialists. Integrated Health Home providers will help you manage your physical and behavioral health services, create a whole health plan for you medical care and wellness goals, focus on your choices, your strengths, good health and total wellness, help with transportation to healthcare appointments if needed, use technology to link all of your services together, and provide peer support services to encourage recovery, resiliency and independence.

Counseling/Mental Health (continued)

Counseling/Mental Health (continued)

(Bridgeview continued) School Based Services:

Counseling, crisis intervention, evaluations, consultations, and parent/school administration collaborations and services are provided in various public schools throughout Clinton county. Students, parents, and school personnel can access a mental health professional in the school setting.

"The help you want when you need it."
Information and referral for children/youth with behavioral and emotional challenges. Providing assessment, diagnosis, care coordination and parent & youth support. We accept Medicaid and all private insurance.

Clinton Community School District.....563-243-9600 Administration Center:

1401 12th Avenue North, Clinton IA 52732
Offers ongoing support groups for elementary through high school students who are interested in learning and coping with issues that face children today. Contact your school counselor.

Clinton County Supports Department......563-244-0563 1900 North 3rd Street, Clinton, IA 52732

Mental Health Services: Ensure local access to mental health and disability services for adults and children. Referrals to services including linkage to the EIMH/DS Region Crisis System Services, Managed Care or IHH for ongoing Care Coordination. Able to assist with applications for Medicaid and on a limited basis, able to assist with applications for Disability. Coordination and payment for individuals committed under the 229 Section of the Code of lowa.

Cornerstone Wellness Center.................563-243-6054 1523 South Bluff Blvd, Clinton IA 52732 Cornerstonewellnesscenter@hotmail.com Group and individual counseling service. Play therapy. Evaluation of learning and attention problems. Sliding fee. Title X1X accepted.

Hillcrest Family Services......563-652-4958 117 South Olive, Maquoketa IA 52060 www.hillcrest-fs.org

Provides counseling for individuals, families, and couples. Therapy services available in some Jackson County Schools (subject to availability).

Child Mental Health Waiver-In Home Family
Therapy and FCS services for Children 4-18
ABA-Applied Behavior Analysis for children with
Autism Spectrum Disorder
Substance Use Program-Substance Use Evaluation
(Includes OWI, Court-Ordered, Probation/Parole,
DHS, and Self-Referral), Outpatient Substance Use
Treatment (IDOT approved), Substance Use Group
for Youth (Ages 12-18), Treatment for Co-Occurring
Mental Health and Substance Use Disorders

Lutheran Services of Iowa.......563-243-8200 244 23rd Avenue North, Clinton IA 52732 www.lsiowa.org

Mental health, foster care and foster care licensing. Also behavior health intervention services, resources for expecting parents and early childhood services.

Sliding fee-scale.

Inpatient mental health unit serving individuals to years of age and older. Using a team approach, we assist individuals who are suffering from mental illness by providing therapeutic care based on each person's needs. Our caring and dedicated staff of psychiatrists, physicians, care managers, nurses, and spiritual caregivers, work together to provide a program that emphasizes dignity and respect for each individual. Our goal is to help reintegrate our patients into family and community life as quickly as possible.

Rhonda's House.......563-659-9072563-659-1171

909 6th Avenue, Dewitt, IA 52742

A place where individuals experiencing Mental Health Issues can work on their recovery with trained Peer Support Specialists. What is unique about our organization is that we are a Peer-Run, Peer-Owned Organization; our staff offers many of the same lived experiences as our guests and serves as models of recovery, we will serve all individuals whether or not they can pay. Rhonda's House (Iowa's Only Peer-run Respite Center) provides a safe and welcoming environment for individuals who are experiencing a mental health crisis and who voluntarily choose temporary respite services to restore well-being and the ability to manage their lives. Rhonda's House is an alternative to the more restrictive care of a locked psychiatric hospital facility.

Counseling/Mental Health (continued)

DISASTER RELIEF

Disaster services offers a full cycle of support for response and recovery, and preparedness efforts that include home fire safety initiatives. Red Cross services are delivered at no cost and are available 24/7, 365 days of the year to help victims of disaster.

Information, Referral & Assistance.......563-243-5818 219 1st Avenue, Clinton, IA 52732 Supplies clothing, household items, furniture and small appliances when available.

Clinton County Community Needs Assessment Emergency Preparedness Planning Genesis Visiting Nurse Association.......563-242-7165 611 North 2nd Street, Clinton IA 52732 Data collection, facilitation, revision and implementation of emergency planning.

Salvation Army 360 Life Center............563-242-4502 219 1st Avenue, Clinton IA 52732 (Located in Information, Referral & Assistance Services Building) Crisis aid to disaster victims and relief to rescue

personnel.

EDUCATION

Community Schools

Education (continued)

Post-Secondary/Adult Education

Clinton Community College, Eastern Iowa.....563-244-7001 1000 Lincoln Blvd., Clinton IA 52732

Adult education programs including High School Equivalency Program, Literacy, and English Language Acquisition. Offers programs leading to an Associate of Arts degree for transferring and Associate of Applied Science degrees in a variety of Career and Technical Programs.

Iowa State University Extension Office
563-659-5125
Clinton County: 400 East 11th Street, DeWitt IA 52742
Information and education for Clinton County
residents about agriculture and natural resources,

Information and education for Clinton County residents about agriculture and natural resources, business and industry, community and economic development, families, 4-H youth development and continuing education.

Private Schools

Miscellaneous Education

American Red Cross......1-800-RED CROSS(1-800-733-2767)

Call or visit redcross.org for more information about CPR, First Aid, AED, and other Red Cross preparedness training and class schedules. See Community resources, Disaster relief, Veterans, Youth Juvenile

Head Start......563-243-1462 350 5th Avenue North, Clinton IA 52732 Ages 0-3 year round

Mississippi Bend Area Education Agency

2001 Manufacturing Court, Clinton IA 52732 www.aea9.k12.ia.us

9 months and ages 3-5 7:45am to 2pm

Special education staff members work with parents, school staff and outside agencies to plan and support equitable access to quality education for all students, and early intervention services to infants and toddlers with disabilities.

Education (continued)

EMPLOYMENT/JOB TRAINING

Information, Referral & Assistance....563-243-5818 219 1st Avenue, Clinton, IA 52732 Provides assistance with employment needs when

available.

Pursuits

For job-ready women who are scheduled to have an interview, but do not have appropriate clothing, referrals can be made by Clinton social service agencies. Clients are matched with a *Confidence Coach* who will meet them at Renaissance Resale Boutique, 2319 North 2nd Street, Clinton, to help them put together an outfit. Clients are coached on soft skills and interview techniques to help build confidence. Hair and make-up consultation, as well as an opportunity for a mock interview.

HEATH/MEDICAL

AIDS/HIV/STDs

The Project of the Quad Cities.....309-762-5433 www.tpqc.org

Prevention service for those at high risk and community education. Provides services to persons with HIV/AIDS and limited service to friends & family members in the same household.

Alzheimer's

Good Samaritan Society-Services@Home563-242-2308

240 North Bluff Blvd. Suite 101B, Clinton IA 52732 In-home and memory care services available 24 hours a day 7 days a week. From meal preparation to medication reminders, light housekeeping to companionship, transportation and personal care our services provide the support you need in a way that helps you or your loved one stay at home longer.

Alverno Memory Care & Enriched Long Term Care
563-242-1521
849 13th Avenue North, Clinton IA 52732

Miscellaneous Health

Clinton County Health Department...563-659-8148 226 11th Street, DeWitt IA 52742

Referrals to Genesis VNA for public health services. Tests, inspects and issues permits for wells and septic systems. Investigates environmental health situations.

UCS Healthcare.....515-280-3860 1300 Woodland Avenue WDM, IA 50265 1555 SE Deleware Ave Suite M, Ankeny, IA 50021 813 North Lincoln Street, Ste 9, Knoxvile, IA 50138 UCS Healthcare delivers comprehensive health care services including Medical & Behavioral Health diagnosis, Education & Treatment including Therapy, Psychiatric services, Substance Use Disorder therapy & Medication Assisted Treatment. We offer confidential, individualized & compassionate healthcare to our patients to address most needs including Mental Health, Substance Abuse Disorder, Medication Assisted Treatment, Psychiatric & Medical Care. We have three main locations, as well as many MAT med unit locations throughout the state of lowa (including Clinton IA).

Health/Medical (continued)

Clinics

Child Health Specialty Clinic..........563-243-0292 240 North Bluff, Suite 200, Clinton IA 52732 Information and referral for children and youth with behavioral and emotional challenges. Providing assessment, diagnosis, care coordination, parent and youth support. Take Title 19 and insurance.

Community Health Care Clinic......563-336-3000 925 South 4th Street Clinton, IA 52732

Offers primary medical care in Internal Medicine and Pediatric Services and Behavior Health for current patients. Sliding fee based on family size, income and Medicaid eligibility.

MercyOne North Health Plaza......563-243-2511 915 13th Avenue North, Clinton IA 52732 Family practice and internal medicine.

MercyOne Urgent Care.....563-243-1200 2400 Lillian Way, Clinton IA 52732

Provides the communities served with the finest quality, easily accessible medical services and care when needed. Offering virtual/telehealth. Open Monday through Friday 8am to 8pm, Saturday and Sunday 9am to 4pm.

Community Health

Department for the Blind, Iowa......800-362-2587 524 4th Street, Des Moines IA 50309 Blind.lowa.gov

A State agency providing a wide variety of services because of vision loss. Counselors and teachers will travel state wide to meet with individuals in the homes. Also features a residential training program located in Des Moines. Library services provide materials in alternative formats mailed to our home. While there is no cost to the services listed above, the Department also offers a small Aids and Device Store which sells a wide variety of adaptive devices and low vision aids.

Community Health (continued)

Genesis Visiting Nurse Association....563-242-7165 611 North 2nd Street, Clinton IA 52732 1108 11th Avenue, DeWitt IA 52742...563-659-5548 In-home nursing care by a registered nurse, Home Care Aide services including personal care and basic housekeeping. Physical, occupational and speech therapy, counseling services, medication management. Free doctor referral for those unable to pay. Sliding fee available. 24 hour-on-call nursing service.

Breast & Cervical Cancer Screening Program
563-244-4925

Care for Yourself is a no-cost program offered by the Iowa Department of Public Health & coordinated by the VNA for Iowa women aged 40 & over(younger if experiencing a breast symptom). CFY has generous income guidelines, & does not require documentation of income or citizenship. Cardiovascular Program - Wisewoman Cardiovascular screening for eligible women. Childhood Lead Poisoning Prevention Program State certified Lead Inspector, Environmental and medical management of the child with elevated lead level until home is determined to be lead safe. Community education upon request Communicable Disease Reporting Clinton County Communicable Disease reporting and follow up to the lowa Department of Public Health. Community Health Assessment every 5 years starting

in 2015.

Community Outreach Nurse and Foot Care

Health care screening and assessment services for the elderly. Foot care clinics. The Client receives foot care, nail care and assessment with education.

Skilled Nursing Service

1

1

In-home nursing care by a registered nurse. Home Care Ald services include; personal care and basic housekeeping, physical, occupational and speech therapy, counseling services and medication management.

MercyOne Community Access Line......563-244-3539 Call this line for any questions about community health and wellness programs.

MercyOne Diabetes Prevention Program.....563-244-3539 1410 N. 4th St. Clinton, IA 52732

A yearlong program to help people prevent diabetes by learning life long behaviors on exercise, nutrition and weight loss.

MercyOne Stepping On......563-244-3539 1410 N. 4th St. Clinton, IA 52732

A 7 week class to teach participants ways to prevent falling. Participants will learn strengthening and balance exercises and will receive resources and tools to help prevent falls.

Community Health (continued)

MercyOne Freedom From Smoking.....563-244-3539 1410 N 4th St. Clinton, IA 52732

A 7-week class to help participants quit smoking sponsored by the American Lung Association.

MercyOne Home Medical Equipment-563-244-3600 638 S. Bluff Bivd Clinton, IA 52732

Dentai

Community Health Dental Clinic.......563-336 3000 925 South 4th Street Clinton, IA 52732

Offers general, restorative and preventative dental care. Sliding Scale Fee based on family size, income and Medicald eligibility.

Hospital Dentistry Institute......319-356-2601 University of Iowa Hospitals and Clinics (Iowa City) www.uihealthcare.com/depts/hospitaldentistry

The institute provides the complete spectrum of dental, oral and maxillofacial surgical care services. Counties in Iowa and Carroll & Whiteside and lower Jo Davies Counties in Illinois.

Hospice/Respite Care

Genesis Visiting Nurse Association......563-242-7165 611 North 2nd Street, Clinton |A 52732 1108 11th Avenue, DeWitt IA, 52742

MercyOne South Health Plaza......563-244-3766 638 South Bluff Blvd., Clinton IA 52732

Hospice provides care and support for terminally ill and their families. Homecare provides disease management, rehabilitation with in-home nursing, therapy and social services. Medicare certified. 24-hour phone. Serves Clinton, Jackson & Scott Counties.

Clarissa C. Cook Hospice House.......563-421-5400 2546 Tech Drive, Bettendorf, IA 52722 www.genesishealth.com/hospice

Provides support and comfort to patients and their families when a cure is no longer possible. You can receive care in your home, at the Clarissa C. Cook Hospice House, assisted living facility or skilled care facility.

Hospitals

Genesis Medical Center.......563-659-4200 1118 11th St. DeWitt 52742

MercyOne Medical Center......563-244-5555 Main North Campus 1410 North 4th Street, Clinton, IA 52732

University of Iowa Hospitals & Clinics......800-777-8442 www.uihc.org
Serving as Iowa's only comprehensive academic health center.

<u>Immunizations</u>

Genesis Visiting Nurse Association......563-242-7165 611 North 2nd Street, Clinton IA 52732 1108 11th Street, DeWitt IA 52742.......563-659-5548 Offers immunizations to children regardless of their ability to pay based on IDPH guidelines. Adult immunizations that are provided are Hepatitis B, TB testing, flu and pneumonia.

Insurance

Retired Senior Volunteer Program....563-243-7787 1900 North 3rd Street, Clinton, IA 52732

SHIP Program Trained volunteers help with Medicare enrollment for 65 and over and Medicaid enrollment.

United Health Care-Community Plan
Member Service Line......800-464-9484

Medication

Information, Referral & Assistance....563-243-5818 219 1st Avenue, Clinton IA 52732

Provides assistance with needed medication through the med tree program.

Clinton County General Assistance. 244-0576 Ext 5537 1900 North 3rd Street, Clinton IA 52732

Patient Assistance, Linda Schroeder.....563-519-0270 348 2nd Avenue South, Clinton IA 52732 Assists uninsured individuals in receiving

Assists uninsured individuals in receiving prescription medications through the drug companies for a minimal fee. Tuesdays 9am-12pm

Veterans Outreach to Homeless.......800-637-0128
Or for Illinois residents call.....800-346-1843
Department of Veterans Affairs, Iowa City Health
Care System.

LEGAL ASSISTANCE

Legal Assistance (continued)

H.E.L.P. Legal Assistance Regional Office Senior Citizens Law Project......800-627-1596 Statewide number for persons under 60.....800-532-1275 Statewide number for persons over 60......800-992-8161 www.iowalegalaid.org

Phone or walk-in intake. Simple wills, nursing home rights, living wills, health care and financial powers of attorney, landlord-tenant, veteran's benefits, domestic violence, welfare, SSI, Social Security, Medicare. Medicaid, unemployment compensation and unfair debt collection assistance. Phone Applications: 9-11am, Monday through Friday and 1:30-3:30pm, Monday, Tuesday, Wednesday, Friday.

Juvenile Court Services, Clinton County.....563-243-3349 121 6th Avenue South, Clinton, IA 52732 Services for family, school, personal or legal problems. Protect the community from delinquency, to impose accountability for offenses committed and to equip juvenile offenders with the required competencies to live productively and responsibly in the community.

Human Rights Commission Liaison...563-244-3421 City Hall, 611 South, 3rd Street, Clinton, IA 52732 Aid for cases involving discrimination because of age, race or sex in employment, housing, etc.

Mental Health Advocate......888-301-3451 PO Box 2957, Clinton 52733-2957

MENTALLY/PHYSICALLY CHALLENGED

Clinton County Special Athletes.......563-321-2110 250 20th Avenue North Suite 138, Clinton, IA 52732 Athletic and community centered activities for the mentally and physically challenged. Activities include; basketball, bowling, flag football, powerlifting, soccer, softball, swimming, track & field, and cheerleading.

Mentally/Physically Challenged (continued)

Clinton Public Library Homebound Program
563-242-8441

306 8th Ave South, Clinton 52732

Delivers to your home or nursing care facility, audio books, magazines and books (regular and large print) to those who can not get to the library.

Department for the Blind, Iowa.......800-362-2587 524 4th Street, Des Moines IA 50309 www.ISBonline.org

A state agency providing a wide variety of services because of vision loss. Counselors and teachers will Travel state wide to meet with individuals in their homes. Also features a residential training program located in Des Moines. Library services provide materials in alternative formats mailed to your home. While there is no cost to the services listed above, the Department also offers a small Aids and Device Store which sells a wide variety of adaptive devices and low vision aids.

Handicapped Parking Permits......563-243-7144 316 South 2nd Street, Clinton IA 52732 Apply to Iowa Driver's License Examiner.

Homemaker Services Genesis Visiting Nurse Association....563-242-7165 611 North 2nd Street, Clinton IA 52732 1108 11th Avenue, DeWitt IA 52742

Assists individuals in performing household activities to maintain an environment that is safe and clean.

Ilinois/Iowa Center for Independent Living......309-793-0090 501 11th Street, Rock Island IL 61201 www.iicil.com

Advocacy, peer counseling, independent living skills, education and outreach. Services for hearing and visually impaired. No age or income limits.

Iowa Office of Consumer Affairs.........563-726-3244
toddnoack@yahoo.com www.ocalowa.org
OCA Iowa Office of Consumer Affairs, giving a voice
to those in recovery and their loved ones. A
statewide resource for information, referrals,
community education, one on one problem solving
and system navigation.

Iowa Vocational Rehabilitation......563-242-7914 240 North Bluff Blvd., Suite #102, Clinton, IA 52732 Iowa Vocational Rehabilitation Service is an employment program for individuals who experience a disability. We focus on service delivery that assists Individuals to prepare for, obtain, retain, and advance in employment.

Mentally/Physically Challenged (continued)

Life Connections Peer Recovery.......563-659-1171 www.lifeconnectionsrecovery.org Mental Health Advocate of Clinton County888-301-9451

PO Box 2957, Clinton IA 52733-2957

Assists mental health patients with services involving court commitment process and aftercare. Must be court ordered for assistance.

New Choices Inc......563-243-6771 2320 North 2nd Street, Clinton IA 52732

Assists persons with disabilities to live and participate in their communities. Provides services to individuals with intellectual disabilities, brain injury, mental illness, physical disabilities, developmental disabilities and the elderly. Offers supported community living and consumer directed attendant care to provide assistance with self care tasks.

Pathway Living Center......563-242-3687 562 2nd Avenue South, Clinton IA 52732

For adults with severe and persistent mental illness. Offers therapy, evaluations, habilitation, supportive community living, transitional housing and supportive services, 24 hour community services and support to improve learning, living, working and social environments.

PARENTING/FAMILY

Child Birth Education Classes......563-244-3917 Healthy Expectations Classes, Pregnancy Classes, Birth and Beyond Classes. Please call to register.

LaLeche League of Clinton Laura Gassman......815-503-8955 lgassman@hotmail.com

Shannon Hardigan......563-242-1869

shannonhardigan@yahoo.com

LeLeche League of Clinton offers breastfeeding support through phone calls, email and Facebook. Please contact us for answers to your breastfeeding questions.

Parent Pals......563-271-6966 www.bemypal.com

Parent Pals is free, voluntary for all parents who are pregnant or parenting ages 0-5. Parent Pals in Iowa matches parents with a family support professional who can provide information on child development, parenting strategies, activities and connection to resources in the community.

PETS/ANIMALS

Animal Protection......563-243-1458 Animal Protection Officer (APO). The APO duties include: Barking dog complaints Animals running at large Animal bites Animal welfare checks Picking up dead animals on roadways Dangerous dog checks

Clinton Humane Society.....563-242-2457 1473 Main Avenue, Clinton IA 52732

Provides care and shelter for stray animals, pet adoptions available. Educational programs are available for children, dog bite prevention, dog fight awareness and humane treatment of animals.

Midwest Pets for Life......563-503-8153 A non-profit animal welfare organization. Assists with emergency in-home care, educational information & program, behavioral & training programs, foster homes, re-homing, adoption, lowcost spay/neuter clinics, vaccination & microchip clinics, & ani-meals kibble & litter pantry. Works hand in hand with Clinton County Emergency Management for disasters. Assists elderly & disabled & low-income people provide for their pets. An all volunteer organization.

PREGNANCY/DIAPERS/MATERINTY NEEDS

Bright Beginnings......563-242-7165 611 North 2nd Street, Clinton IA 52732 weetst@genesishealth.com

A one-on-one program encouraging healthy pregnancies and successful parenting.

Mary's Inn Maternity Home......563-552-6288 PO Box 3338 Dubuque, IA, 52004-3338

Mary's Inn is dedicated to the physical, emotional. and spiritual well being of pregnant and/or parenting mothers and their infants. We are not a shelter, we are a residential program for women who want to make a better life. We can serve a minor if she is an lowa resident, we can serve an adult woman from any state. A women may bring one other child 2 years old or under with her. Find us on Facebook or the web.

The Pregnancy Center.....563-242-6628 240 North Bluff Blvd. Suite 105, Clinton IA 52732 SMART WOMEN mentoring program offers an Incentive program to earn and make purchases with moneys earned in WISE WOMEN classes.

Pregnancy/Diapers/Maturnity needs (continued)

Information, Referral & Assistance...563-243-5818 219 1st Avenue, Clinton, IA 52732

Limited amounts of diapers and formula available.

Hillcrest Family Services, W.I.C......563-243-9329877-437-2942

215 6th Ave So, 1st Floor, Clinton 52732

Nutrition and breast feeding education and support along with supplemental foods and referral to other health or social service programs. Hillcrest WiC provides services to pregnant, breastfeeding and postpartum women, infants and children to the age of 6 years old.

RECREATION

Boy Scouts of America.....563-388-7233 4412 Brady Street, Davenport IA 52806 www.illowabsa.org

Character building programs for boys, girls and young male adults. Call your local school for information on becoming a scout or volunteer.

Glinton Recreation Department......563-243-1260 1401 11th Avenue North, Clinton IA 52732 Activities for all ages. Facilities include the Erickson Center, Eagle Point Lodge, Riverview Pool, Band Shell and Softball fields. Public classes and activities for nominal fee.

Girl Scouts of Eastern Iowa & Western Illinois......800-798-0833 www.girlscoutstoday.org

Activities for girls ages 5-17. Build character and develop qualities that will serve them all their lives such as leadership, strong core-values, social conscience and conviction about their own

potential and self-worth.

YWCA.....563-242-2110 317 7th Avenue South, Clinton IA 52732 Provides recreational and health related programs

for youth, adults and senior citizens.

SENIOR SERVICES

Area Agency on Aging.....563-324-9085 935 East 53rd Street, Davenport IA 52807

www.milestonesaaa.org

Promotes independent, healthy living by providing services and support to older adults, adults living with disabilities, veterans, and family caregivers.

Genesis Visiting Nurse Association...563-242-7165 611 North 2nd Street, Clinton IA 52732 DeWitt.....563-659-5548

Senior Services (continued)

Good Samaritan Society-Services......563-242-2308 240 North Bluff Blvd. Suite 101B, Clinton IA 52732 In-home care services available 24 hours a day 7 days a week. Services include respite care, errand services, companionship, personal cares, meal preparation, medication reminders, light housekeeping, and more. Serving Clinton and Jackson Counties in Iowa and Whiteside and Carroll Counties in Illinois,

Homemaker Services Genesis Visiting Nurse Association......563-242-7165 611 North 2nd Street, Clinton IA 52732 DeWitt......563-659-5548

Jackson County Senior Citizens Center......563-652-6771 1000 East Quarry Street, Maquoketa IA 52060 sweber@nei3a.org Adult daycare with recreational activities.

Mobile Meals United, Inc. (RSVP).....563-243-7787

Seniors VS Crime/TRIAD 563-242-9211ext. 4433 241 7th Ave North, Clinton IA 52732

Seniors and law enforcement working together to reduce victimization of older citizens and enhance the delivery of services to the population.

Social Security Administration......855-420-8556 4319 North Brady, Davenport IA 52806 www.social security.gov

Assists persons in filing for supplemental security income, disability, survivors and retirement benefits. All business can be conducted over the phone and online.

TLC In-Home Care......563-242-2977 PO Box 142, Clinton IA 52732

In-home chore services including respite care, personal care, housekeeping, companionship, medication administration. Shopping and transportation. Short or long term 24 hour care to allow vacation or other personal time for family caretakers. Also lawn mowing and snow removal available.

SUBSTANCE ABUSE

Clinton Substance Abuse Council, Gateway
ImpACT Coalition, Camanche-DeWitt Coalition
563-241-4371

1900 North 3rd Street, Clinton, IA 52732

Area Substance Abuse Council (New Directions)

250 20th Ave North, Clinton IA 52732

Treatment for Substance Use and Gambling Disorders, Evaluation and Referral. New Directions is the outpatient office, although we do provide IOP with Housing or Halfway House services at separate men's and women's facilities in town (depending on the outcome of the assessment). Interested persons can call to set up a same-day assessment at 8am, Monday through Friday. Outpatient appointments can be done in person or via telehealth. Interested patients may also receive some case management assistance.

Substance Abuse (continued)

Life Connections Peer Recovery – Rhonda's House563-659-1171

www.lifeconnectionsrecovery.org

lowa's first peer run respite home, located in Dewitt. Provides a safe place for people in recovery from mental health and substance abuse issues.

MercyOne MAT Clinic......563-244-7525 221 Main Avenue, Clinton, 52732

Medication assisted treatment with use of Suboxone (buprenorphine-naloxone). Clinic open Wednesdays from 1-5pm. Staffed M-F 7a - 4p with an RN. Substance use assessment is required prior to seeing a provider for medication. RN can assist with getting the substance use assessment scheduled.

SUPPPORT GROUPS

Alcoholics Anonymous......563-242-8136

Alzheimer Support Group......563-244-3706 849 13th Avenue North, Clinton IA 52732

Meets the 2nd Thursday of each month at 1:30pm to provide support to caregivers, families and patients with Alzheimer's or related disorders.

Bridgeview Mental Health Center......563-243-5633 1320 19th Avenue North, Clinton IA 52732 Community support program for persons with chronic and persistent mental illness.

Day program for individuals with early to mid-stage memory loss and providing 5 hour respite to caregivers. Held the 2nd Friday of the month at First Congregational Church 700 North Bluff Blvd., and the 4th Wednesday of the month at St. Paul Lutheran Church 715 South 3rd Street from 10:00 am to 3:00pm.

transgender and their family and friends.

Gay & Gray-3rd Monday every month.

Teen Drop In-Friday 5:30pm-8:30pm.

Young Adults-Wednesday, 7:00pm-9:00pm.

Support Groups (continued)

Grandparents and Other United for Positive
Changes......563-613-2850
Coalition for Helping Children & Families
s.darsidan@mchsi.com

Advocate for children and families. Educate and bring awareness to the neglect and abuse of children and work together for change. Support as needed.

Griefshare General Support Groups www.griefshare.org

Journey Church 1010 13th Avenue North, Clinton, IA 52732

Speak Out Against Suicide......563-259-8255

1805 Washington, Blvd., Camanche, IA 52730 Work to eliminate the stigma associated with the topic of suicide prevention and grief support. Provide access to information and resources. Advocate for programs and services that enhance public awareness, and community service in direct support of those who are lonely, depressed, and suicidal or grieving the loss of someone by suicide and greater mental health services for everyone affected by suicide.

TAXES

Property Tax and Rent Reimbursement
563-243-7787
1900 North 3rd Street, Clinton IA 52732 (RSVP)
Trained RSVP volunteers assist in completing forms

Trained RSVP volunteers assist in completing forms for totally disabled, or seniors 65+ who meet income guidelines. Services offered February through June.

TRANSPORTATION

Municipal Transit Administration......563-242-3721 1320 South 2nd Street, Clinton IA 52732
All buses handicapped accessible. Para transit

All buses handicapped accessible. Para transit service available.

River Bend Transit......800-292-8959 www.reverbendtransit.org

Regional public transit system provides rides for Clinton residents. Seniors and disabled persons can ride for a donation. General public can check website for rates. Provides rides to University of Iowa Hospitals and Clinics.

VETERANS

American Red Cross.....1-800-RED CROSS (1-800-733-2767)

Provides emergency communications between members of the Armed Forces and their families. The Red Cross also has licensed mental health professionals to provide guidance, information, referrals and other needs for military personnel and their families. Call for more information.

Christian Care Rescue Mission......309-786-5734 2209 3rd Avenue, Rock Island IL 61201 Provides GPD and transitional housing for male veterans.

Clinton County Veterans Affairs......563-242-1151 PO Box 2957 1900 North 3rd Street, Clinton IA 52732 veterans@clintoncounty-ia.gov

Joe Raaymakers, Director Clinton County

Mike Osmun, Assistant Director (DeWitt)

Ray Hitchcock, Assistant Director (DeWitt)

Clinton County Satellite Office 226 11th St DeWitt, Iowa 52742

Pension and compensation for veterans, widows and dependents. Emergency help for Clinton County residence honorably discharged war-time veterans. Includes rent, utilities and other emergency assistance. Medical vocational rehabilitation and other VA benefits. Forms for Medals, Commendations and copy of discharge.

Goodwill of The Heartland Employment
......309-230-9003

805 W 35th Street, Davenport IA 52806 Provides employment support to men and women Veterans in the Quad Cities Area.

Veterans (continued)

Humility of Mary Homes & Services.563-326-1330 3805 Mississippi Avenue, Davenport, IA 52807 Provides GPD and transitional housing for men and women veterans.

Illinois Veteran's Affairs.....309-793-1460 Rock Island County Office Building Lower Level-1504 3rd Avenue

The Illinois Department of Veterans Affairs assists Veterans in navigating the complex web of services and benefits available. The office assists with compensation and pension, health care, education and training, employment, burial and survivor benefits, housing, permits, transportation, military records and more.

Health Care for Vets (HCHV)

Provides basic needs of shelter, food clothing, and referrals to supportive services and entitlement benefits to homeless veteran and those in danger of being homeless.

Quad Cities VA Grant & Per Diem Program Liason.....563-370-1779 Provides GPD and transitional housing for Homeless Veterans in the Quad Cities.

Scott County Veterans Affairs..........563-326-8723 600 West 4th Street, Davenport IA 52802

Ben Enlow of the Scott County Veterans Affairs office is able to help qualified wartime era Veterans with disability claims and also burial information.

Veterans (continued)

Veterans Outreach Justice (VJO)...563-320-9887 Outpatient Substance Abuse Dependency (IOP SUD) An outpatient substance abuse program for veterans. Suicide prevention based on site as well.

VIOLENCE

www.iowaattorneygeneral.gov\for-crime-victims
Assists crime victims with the financial burden
resulting from crime injuries, for example: medical,
counseling and funeral expenses. Administers
IOWAvine (information and notification of offender
custody status). IowaPON: free, confidential and
anonymous information and notification system
that tracks the services and expiration of a
protective order and the Identity Passport Program
which provides identity theft victims with a way to
substantiate the crime to creditors and law
enforcement.

Family Resources......563-326-6431 2800 Eastern Avenue, Davenport IA 52803 Survivor services department offers services to survivors of domestic and sexual abuse, sex and labor trafficking, homicide, and other violent crimes. The survivor services department also engages males in providing peer and mentor support and awareness on the role males can play in reducing and ending violence. Services vary by program and include; 24-hour emergency crisis response, safety planning, adult and child counseling, medical, economic and legal advocacy, sheltering and housing, community education and trainings, and group counseling. Every call is FREE and CONFINENTIAL. The 24 hour toll free number is 866-921-3354.

YOUTH/JUVENILE

Youth/Juvenile (continued)

Story Time 10:00am-11:00am Clinton Public Library Tuesdays and Wednesdays. Toddler Time Children's Discovery Center 10:00am-10:30am the 2nd & 4th Thursday every month.

Department of Human Services

Lutheran Services of Iowa 244 23rd Avenue North, Clinton IA 52732

This is a 45 day program that assists adolescents who are on the verge of losing their placement in their home. The family will be connected to resources in the community that will assist them with issues to prevent further crisis. Referrals are only accepted by professionals in the community, i.e. School Counselors, Police, and Hospital Personnel, etc.

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Christian Care Rescue Mission 33
Church of the Open Door Food Pantry 5
Citizen's Police Academy 10
City of Clinton Housing Authority 7
City of Clinton/City of Maquoketa Lead Paint & Healthy Home Program 10
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INFORMATION & EMERGENCY NUMBERS

Emergency	911
Police Departments (non-emergency)
Police Departments (non-emergency	rca acc-8575
Camanche, Iowa Clinton, Iowa DeWitt, Iowa	1000 F 10 F
Fire Department (non-emergency) Camanche, lowa	563-259-1112
Clinton, Iowa Dewitt, Iowa	563-242-0125
Information:	
au Carinty Board of Supervisors	563-244-0575
Clinton County Crime Stoppers	or 800-462-6530
Clinton County Sheriffs Office Clinton Dept. of Human Services	503-242 0575
Iowa Driver's License Examiner Mayor's Office Camanche, Iowa Mayor's Office Clinton, Iowa Post Office Camanche, Iowa Post Office Clinton, Iowa Post Office Clinton, Iowa Post Office, Dewitt, Iowa Social Security Administration Time, Temperature & Weather Veterans Affairs	563-242-7144 563-259-8342 563-242-2144 563-659-3811 563-259-8038 563-242-6214 563-659-3712 855-420-8556
State/National Hotlines:	
Arthritis Consultant Services	800-362-2178800-638-2772800-798-4737800-358-2767800-843-5678800-621-4000800-528-2971800-222-1222
CTI Hotline (Espanol)	800-544-7452
Substance Abuse & Mental Healt	:h800-662-4337
Teen Line Youth Law Hotline	800-728-1172