

OCTOBER ECLC NEWSLETTER



September Recap

SOCIAL-EMOTIONAL LEARNING

In September, students began learning to identify the various emotions that one can have during the day. Teachers are intentionally conducting check-ins throughout the day to discuss the children's feelings and ways in which they can be regulated.

Children have begun practicing breathing exercises and stretches that promote regulation and control. These tools will continue to be applied throughout the school year so that our children can become independently aware of their own feelings and ultimately, advocate for their needs.



What's Ahead

FAMILIES

For the month of October, classrooms will focus on families, friends, and communities. Children will begin to learn about the important people in their lives and what they mean to them. Children will also learn how families can be similar and different.



Upcoming

- Meet the Mascot: Oct 1st at 8:30
- Pink-out Parade: Oct 3rd at 2:30
- Harvest Festival: Oct 25th 6-9:00
- ECLC Early Release: Oct 24th at 3:30
- Community Trick-or-Treat: Oct 31st at 2:30



SUPPORTING YOUR CHILD'S LEARNING FROM HOME

FINE MOTOR:



Draw or color a family portrait

GROSS MOTOR:



Take a walk as a family or play
a game of catch

LANGUAGE AND COMMUNICATION:



Look at a family photo album and talk
about different relatives

SOCIAL-EMOTIONAL:



Create calm down sensory
toys for home