

# *Coventry*

## Parks and Recreation



**2024**

**WINTER/SPRING BROCHURE**



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## Parks & Recreation Staff

**Director:** Raena Blumenthal  
**Program Supervisor:** Deb Hagie  
**Program Coordinator:** Patrick Stone  
**Event Coordinator:** Kim Frenze  
**Executive Assistant:** Denise Cummiskey  
**Maintenance Foreman:** Mike Tedeschi  
**Lead Mechanic:** Jay Andriote  
**Maintenance Staff:** Peter Johnston, John Lessard, Rob Irons, Ken Jervis, Scott Virgulak

## Registration Information

**Registration opens Monday, November 20, 2023.**  
Registration is required prior to the start of any program, unless otherwise stated, and is accepted on a first-come, first-serve basis.

A coventryrecreation.gov account is needed for registration. Visit [coventryrecreation.com](http://coventryrecreation.com) to create an account, and to register online. In-person registration is available, Monday - Friday 8:30 am - 4:30 pm. Please note, a 3% processing fee is applied to all credit card transactions.



[@coventryparksrecr](https://www.facebook.com/coventryparksrecr)



[@coventryparksandrecr](https://www.instagram.com/coventryparksandrecr)

## Department Information

**Parks & Recreation Number:** (401)822-9107  
**Website:** [coventryrecreation.com](http://coventryrecreation.com)  
**General Email:** [parksandrecreation@coventryri.gov](mailto:parksandrecreation@coventryri.gov)  
**Recreation Email:** [recprograms@coventryri.gov](mailto:recprograms@coventryri.gov)

## Office Location / Mailing Address

Guy L. Lefebvre Community Center  
1277 Main St. Coventry, RI 02816

## Office Hours

Monday—Friday 8:30am—4:30pm

## Couse Instructors Wanted

You have a great idea? Have a skill that you would like to share? We would love to work with you to develop new programs or even bring programs back!  
Please email [recprograms@coventryri.gov](mailto:recprograms@coventryri.gov) with your ideas!



# General Information

## Mission Statement

Develop and preserve an outstanding system of facilities, parks, and recreational programs for the Town of Coventry.

## Core Values

The Coventry Parks and Recreation Department will be a premier parks and recreation department in Rhode Island. We will improve the health of our citizens through programs that encourage staying active and fit. We will connect all citizens to our community by offering programs that encourage inclusion and participation. Finally, we will provide a wide variety of activities that encourage all segments of our population to use their free time both positively and productively, and promote life-long learning through recreational and cultural programs.

## REFUNDS

Participants will receive a refund when a program is cancelled due to lack of participants, facilities, or qualified instruction. Refunds for payments made by cash or check will be issued in the form of a check. Refunds for payments made by a credit card will be issued to the credit card minus a 3% service charge. A \$30 service fee will be charged for any checks returned from the bank. Registrations are non-transferable. Refunds take approximately 3-4 weeks to be processed.

## CANCELLATIONS

The Coventry Parks and Recreation Department reserves the right to cancel a program due to insufficient registration, or any other cause, that prevents the presentation of an activity in an acceptable manner. If a session is cancelled due to inclement weather, instructor illness, etc., a make-up date may be scheduled to honor the original number of sessions. Visit [coventryrecreation.gov](http://coventryrecreation.gov) and our social media pages for the most up-to-date cancellation information.

## Low Enrollment

Classes that do not meet the minimum enrollment are not the best use of our limited resources, and usually are not very fun for the community. Classes with low enrollment will be notified that the class is in danger of being cancelled two weeks prior to the class starting. The actual class will be cancelled within one week prior to the scheduled start date and a full refund or account credit will be issued. The Parks & Recreation Department reserves the right to reschedule, postpone, combine, or change classes. You will be notified via email or phone call if your class is cancelled; otherwise plan on attending.

## LATE POLICY

If after 20 minutes from when the class starts, and NOBODY has shown up, the instructor or attendant will lock up and cancel class.

## Make-up Classes

All attempts will be made to reschedule classes that have been cancelled due to inclement weather, instructor absence, or other unforeseen circumstances. Typically a program that meets weekly will extend another week at the same day and time. Check with your instructor to confirm. Classes missed due to participant absence because of scheduling conflicts or personal reasons cannot be made up.

## Drop-Off Programs

Parents/Guardians of Children under 5 years of age participating in our programs are required to accompany their child (ren) to and from the location of the program (i.e. class rooms, gymnasium, etc.) and must remain on the premises should they be needed. Should a parent or guardian leave the area of the program, they MUST inform the instructor where they can be found, including contact information. This procedure has been established for the protection and safety of all children within Parks & Recreation programs.

## Photo/Video Policy

The Parks & Recreation Department may make, have, use, publish, and reproduce photographs and/or videos of participants for its record, public relations purposes, recognition and/or other projects related to the wholesome promotion of its program unless permission is denied in writing.

## Inclement Weather Policy

All classes (day and evening) will be canceled when Coventry Public Schools are closed. If Coventry Public Schools have delayed opening, all Parks & Recreation department programs will still start on their regularly scheduled time, unless you are informed otherwise. In the event we need to cancel evening or weekend classes, it will be listed on our website and social media pages. We will also attempt to email participants who have registered for these classes.

## Room and Park Rentals

Parks and facilities run by the Coventry Parks and Recreation Department are available for private rentals. Reservations may be made once all recreation programming is in place. Please stop by the Guy L. Lefebvre Community Center to pick up a facility rental form or give us a call to inquire. (401)822-9107.

COVENTRY PARKS & RECREATION

# WINTER *Wonderland*

**FRIDAY, D E C 1**

**TREE LIGHTING  
HOT BEVERAGE FOOD TRUCK  
ASFMS CHORUS  
SANTA ARRIVING BY FIRE TRUCK  
S'MORES STATION  
LETTERS TO SANTA**

**GUY L. LEFEBVRE COMMUNITY CENTER  
1277 MAIN ST.  
6PM - 7PM**

**SATURDAY, D E C 2**

**CRAFT VENDORS  
FOOD TRUCKS  
FREE PICTURE WITH SANTA  
HOLIDAY HAYRIDE  
FREE GIFT WRAPPING  
KIDS' CRAFT STATION**

**COVENTRY TOWN HALL  
1670 FLAT RIVER RD.  
11AM - 4:30PM**

**Platinum Sponsor      Gold Sponsor      Silver Sponsor      Supporting Sponsors**  
**Nucar Tarbox Toyota      Centerville Bank RI      Olde Theater Diner      Coventry Police IBPO Local 306**  
**Town of Coventry Council 94 Local 3484**

**FOR MORE INFORMATION CALL US AT (401) 822-9107  
OR VISIT [COVENTRYRECREATION.COM](http://COVENTRYRECREATION.COM)**



# Winter Community Events



## 2nd Annual Holiday Cookie Contest

Friday, December 8, 2023 6:00—7:00pm in the Council Chambers  
(1670 Flat River Rd) (min 20 registrations, max 50 registrations)



### Categories

1. **Movie** - Cookies should be based on your favorite holiday film (please be sure to add the title on your recipe card).
2. **Festive** - Frosting, icing, sprinkles and more! Looking for imaginative, fun, and unique holiday inspired creations!
3. **Classic** - Traditional holiday cookies including chocolate chip, hamantaschen, gingerbread, peanut butter, biscotti and more.

### Judging and Rules

1. Limit of three (3) entries per person; per category. Cost is \$15 per entry. Coventry Residents only. Ages 18+.
2. Recipes and cookies must be labeled with entrant's name (**Print only**).
3. Entries are encouraged to be original or partially so. If a recipe is not your own, the source must be listed.
4. Ingredients should be listed in order of use, and directions should be clear and complete.
5. Entrants must bring their baked cookies (1/2 dozen), clearly marked with name, contact info and day time phone number to the Parks and Recreation office between 8:30am—4:00pm, Dec 5 to Dec 7. Containers will not be returned.
6. Judges may not be entered in contest.
7. Host will tally each tasting sheet.

**Prizes: Cash prizes in each category. A grand prize 'judges' pick' overall winner (will be awarded a cash prize of \$30.**

**Movie:** 1st \$50 2nd \$25 3rd \$15

**Most Festive:** 1st \$50 2nd \$25 3rd \$15

**Classic Cookies:** 1st \$50 2nd \$25 3rd \$15



**Last Year's Winner:**

Annie Driscoll



## Spring Community Events



### Cornhole Tournament

2nd Annual Cornhole Tournament Fundraiser to Benefit Coventry Parks and Recreation Summer Basketball League.

**Ages 14+ are welcome to play. Teams must consist of one adult (age 18 and over).**

**Fee:** \$60 per team of 2 (Resident), \$70 per team of 2 (Nonresident)  
**min 18 Teams—max 40 Teams**

**There will be;** Cash Prizes, 50/50 Raffle, Raffle baskets, food and drinks for purchase

**Sunday, March 3, 2024, 1:00—8:00pm**

**West Warwick Elks (60 Clyde St, West Warwick, RI 02893)**

**\*Must preregister \***

### Easter Egg Hunt

**All ages!** Join Coventry Parks & Recreation for our annual Easter Egg Hunt! There will also be pictures with the Easter Bunny and more!

**Saturday, March 23, 2024, 1:00—3:00pm** Guy L. Lefebvre Community Center (1277 Main St)

Rain date: Sunday, March 24



### Bargains Galore! Come Shop

What better time to give that home of yours a real good cleaning when the weather is cold and gross! Haul out your garage, basement or attic and make some pocket money at the community yard sale held at Guy L. Lefebvre Community Center. Don't get left out!

**\$25 residents per space/table \$30 non-resident per space/table**  
(max of 2 spaces/tables per family) min 10 max 50

**\*\*Sport equipment and hunting gear are not permitted\*\***

**Saturday, April 20, 2024, 8:00am—1:00pm, Guy L. Lefebvre Community Center (1277 Main St)**



## Away we go . . . There's still time!

### Providence Performing Arts Center

#### How the Grinch Stole Christmas! The Musical

Take a trip on over to PPAC for a show! Get discounted tickets and roundtrip transportation to '**How the Grinch Stole Christmas! The Musical**'. The bus will depart at 9:30 am from the Guy L. Lefebvre Community Center (1277 Main St.). Seats are located in the First Dress Balcony.

**Saturday, December 2, 2023 , 11:00am show**

**Fee: \$65 residents, \$75 non-resident**



### New York City Holiday Motor Coach

The motor coach departs Coventry at 7:00am. from the Guy L. Lefebvre Community Center (1277 Main St.). The bus drops you off at the SE corner of Central Park which is close to shopping, restaurants, museums, Broadway shows, and Rockefeller Center. After exploring the City make your way back to the drop off location for an 8:00 pm. departure. Rain or shine.

**Saturday, December 9, 2023**

**Fee: \$95 residents; \$105 non-residents  
max 52 seats**



### Providence Performing Arts Center

#### To Kill A Mockingbird

Take a trip on over to PPAC for a show! Get discounted tickets and roundtrip transportation to '**To Kill A Mockingbird**' with **Richard Thomas** from *The Walton's* The bus will depart at 11:30am from Guy L. Lefebvre Community Center (1277 Main St.). Seats are located in the rear side orchestra.

**Sunday, February 11, 2024, 1:00pm show**

**Fee: \$69 residents, \$79 non-resident**



## Away we go...



### Providence Performing Arts Center

#### Frozen 2024 National Tour

Take a trip on over to PPAC for a show! Get discounted tickets and roundtrip transportation to 'Frozen 2024 National Tour'. The bus will depart at 5:00pm from Guy L. Lefebvre Community Center (1277 Main St). After experiencing this great show get back on the bus to head back home. Arrival time around 9:30pm. Seats are located in the First Dress Balcony

**Sunday, March 17, 2024, 6:30pm show**

**Fee: \$71 residents, \$81 non-resident**

**max 28 seats**

### Boston Red Sox

Yes, the nicer weather will be coming and when it does come travel with us to Fenway Park for a game of your Boston Red Sox. This will be non-refundable as tickets must be purchased in advance. Children under 18 must be registered and with a registered adult.

**Details coming soon!**



### Tubing at Farmington River

Looking for a family day trip during the summer? How about a family tubing trip? Come travel with us then to Farmington River Tubing. Enjoy a 2.5 mile float down the wild and scenic Farmington River. Travel over three set of rapids, you'll experience a thrill as you splash through the natural waters! Fee covers admission and



transportation. This will be non-refundable as tickets must be purchased in advance. Ages 10 and up are welcome with an adult. Strong swimmers only. Minors under the age of 18 **must** be accompanied by an adult.

**Saturday, July 20, 2024**

**Van departs: 8:30am**

**Returns: 3:30pm**

**Fee: \$58 residents, \$63 non-residents**

**Min 20 seats Max 24 seats**



# Vacation Camp

## February Vacation Camp

**Grades K—2** Coventry residents only. When school is out, camp is in. Join us this week for an awesome February vacation experience! Each day is packed with fun-filled activities, field trips and/or exciting guests. Don't miss this week. **Spots are limited to 30 campers per day! Can sign up for the week or sign up for an individual day/days.**

**Per session:** min 15, max 30

**February Vacation (Grades K—2) Tuesday – Friday, 8:30 a.m. – 4:30 p.m.**

**Location:** Town Hall Annex (1675 Flat River Rd)

**Tuesday, February 20—Performance by Animal Experiences \$52**

**Wednesday, February 21—Performance by Circus Dynamics \$56**

**Thursday, February 22—In Camp Day \$34**

**Friday, February 23—Chuck E. Cheese \$84**

**Fee for whole week: \$226**

**Grades 3—5** Coventry residents only. When school is out, camp is in.

Join us this week for an awesome February vacation experience! Each day is packed with fun-filled activities, field trips and/or exciting guests. Don't miss this week. **Spots are limited to 30 campers per day! Can sign up for the week or sign up for an individual day/days.**

**Per session:** min 15, max 30

**February Vacation (Grades 3—5) Tuesday – Friday, 8:30 a.m. – 4:30 p.m.**

**Location:** Town Hall Annex (1675 Flat River Rd)

**Tuesday, February 20—United Skates of America \$83**

**Wednesday, February 21—In Camp Day \$34**

**Thursday, February 22—Launch \$89 (Socks included!)**

**Friday, February 23—Performance by Vini Ames \$45**

**Fee for whole week: \$251**



**WHEN SCHOOL IS OUT,  
CAMP IS IN!**



# Winter Preschool Programs

## All About Snow

**Ages 2—5** Let it snow, let it snow, let it snow! Let's have a fun snow day at the Annex! Come and learn how to make snow, read a fun snow story, and play some fun snow-based games!

**Fee: \$8 residents; \$10 non-residents, min 4, max 10**

**Friday, January 19, 9:30-10:15am, Town Hall Annex (1675 Flat River Rd)**

**\*Didn't register in time? No problem! Drop-in option available for day of!\***



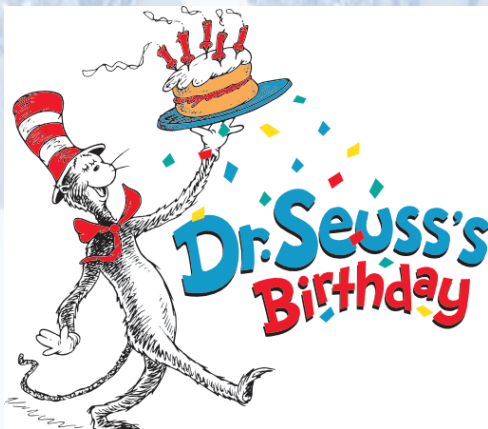
## Make a Friend Day

**Ages 2—5** February 11 is National Make a Friend Day! We will celebrate on Saturday February 10. National Make a Friend Day is a fantastic opportunity to meet someone new and make a new friendship. Come join us for a craft and some games with new friends!

**Fee: \$8 residents; \$10 non-residents, min 4, max 10**

**Monday, February 12, 9:30-10:15am, Town Hall Annex (1675 Flat River Rd)**

**\*Didn't register in time? No problem! Drop-in option available for day of!\***



## Dr. Seuss's Birthday Party

**Ages 2—5** Saturday, March 2 is Dr. Seuss's birthday! Come celebrate on Friday March 1! There will be games, a craft, a story and of course, cupcakes!! Don't worry, there won't be any green eggs and ham!

**Fee: \$8 residents; \$10 non-residents, min 4, max 10**

**Friday, March 1, 9:30-10:15am, Town Hall Annex (1675 Flat River Rd)**

**\*Didn't register in time? No problem! Drop-in option available for day of!\***



# Spring Preschool Programs

## Earth Day

**Ages 2—5** Each year on April 22nd, National Earth Day campaigns around the globe promote ways to keep the Earth healthy and our planet livable. Come join the Clean Team and help us clean a park. Each sign up will be entered into a raffle for a chance to win a family 4 pack of tickets to United Skates of America. (\$40 value)

**Free & Must Pre-Register**

**Monday, April 22, 9:30-10:15am, Town Hall Annex (1675 Flat River Rd)**



## Little-Movers

**Ages 2—4** A class for toddlers and their grown-ups, little-movers will play and even practice pre-tumbling skills. Students will have fun exploring how their bodies can move in this play and learn setting! Children must be accompanied by an adult.

**Per class:** min 6, max 20

### Winter Session:

**Tuesdays & Thursdays—January 9—March 7, 9:00am-9:45am;** No class February 20 and February 22  
**\$57 residents; \$62 non-residents** (16 total classes) **Town Hall Annex Gymnasium (1675 Flat River Rd)**

**Saturday—**Want to try a class but can't attend the session during the week? Come for one, or all three, of our Saturday classes. Offering one a month for three months.

-January 20, 10:00—10:45am

-February 10, 9:00—9:45am

-March 9, 10:00— 10:45am

**Per Class:** min 4, max 15

**Fee:** \$8 residents \$10 non-residents for each class

**Location:** Town Hall Annex Teen Center (1675 Flat River Rd)

### Spring Session:

**Tuesdays & Thursdays—March 19—April 25,**  
**9:00am-9:45am**

**\$44 residents; \$49 non-residents** \*\*April 16 and

April 18, bring your older sibling, cousin or friend to class\*\* (12 total classes)

**Town Hall Annex Gymnasium (1675 Flat River Rd)**



# Winter & Spring Youth Sports

## Sports Spectacular

**Grades 1—4** Sessions combine fundamental skills instruction with organized team competition with the goal of providing an enjoyable and educational after school athletic class. This program consists of basketball, kickball, soccer, dodgeball, wiffleball, flag football and more!

**Per Session:** min 6, max 15

**Winter Session:**

**Grades 1—4, Mondays, January 8—March 11, 5:00pm—6:00pm;** No class January 15 and February 19  
\$49 residents, \$54 non-residents

**Spring Session:**

**Grades 1—4, Mondays, March 25—May 20, 5:00pm—6:00pm;** No class April 15  
\$49 residents, \$54 non-residents  
Town Hall Annex Gymnasium (1675 Flat River Rd)



## Soccer

**Grades 1—4** This program is designed for children to learn the game of soccer and work on skills and technique. Sessions combine fundamental skills instruction with organized team competition with the goal of providing an enjoyable and educational soccer program.

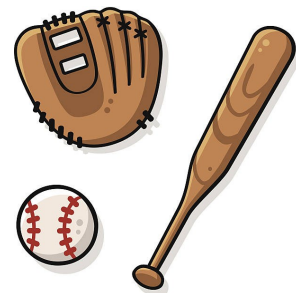
Min 6, Max 15

**Winter Session:**

**Grades 1—4, Tuesdays, January 9—March 5, 5:00pm—6:00pm,** No class February 20  
\$49 residents, \$54 non-residents  
Town Hall Annex Gymnasium (1675 Flat River Rd)



## Pre-Season Baseball Clinic



**Grades 5 – 8** Each week our experienced coach will focus on developing proper form, eye control, balance and muscle memory for effective bat to ball contact and development as well as fielding fundamentals. The goal of this program is to allow participants maximum amount of “plate appearances” while forming muscle memory set for both hitting and fielding for the upcoming season.

**Per class:** min 5, max 15

**Grades 5-6: Thursdays, January 11—March 7, 6:15—7:15pm,** No class February 22  
\$55 residents; \$60 non-residents; (8 weeks)

**Grades 7-8: Thursdays, January 11—March 7, 7:30—8:30pm,** No class February 22  
\$55 residents; \$60 non-residents; (8 weeks)

Town Hall Annex Gymnasium (1675 Flat River Rd)



# Winter Youth Sports

## Instructional Basketball

**Grades K—2** This program is designed for children to learn the game of basketball and work on skills and technique. No games will be played.

Min 6, Max 15

**Winter Session:**

**Grade K:** Saturdays, January 13—March 2, 8:00am—8:45am

\$62 residents \$67 non-residents

**Grade 1—2:** Saturdays, January 13—March 2, 9:00am—9:45am

\$62 residents \$67 non-residents

Town Hall Annex Gymnasium (1675 Flat River Rd)



## 3-on-3 Basketball League

Register as soon as possible! All participants must be registered by **Wednesday, January 31, 2024.**

**Dates:** Sunday, February 11 - Sunday, April 28; (10 weeks, 8 weeks of games & 2 weeks of playoffs)

No games February 18 and April 14

**Fees:** \$58 residents, \$63 non-residents

**Location:** Games are held at the Town Hall Annex Gym (1675 Flat River Rd)

**Ages:** The division is determined by the grade your child is currently enrolled in. This program is for youth grades 3-11 in the 2023/2024 academic year. Divisions are as follows;

Co-ed Grades 3—5

Co-ed Grades 6—8

**Register:** Register a team or register yourself and you will be put onto a team after registration closes. If you are registering a team no more than 5 players and please pick your color. **EACH PLAYER ON A TEAM MUST REGISTER!**

**\*\*There will be no late registration past the registration date.\*\***

**Schedules:** Games will be on Sundays between 11:30am—3:30pm. Parks and Recreation will provide participants with schedules after registration closes.

**Become a Coach:** All volunteer coaches are required to fill out a coaching application and a background check in order to be eligible to coach. Contact Parks and Recreation at [recprograms@coventryri.gov](mailto:recprograms@coventryri.gov)

# Winter Youth Programs

## Audubon Society Presents the Inflatable Whale

**Grades K-3** Ever wonder about the size of a whale? Discover the amazing size and adaptations of a whale! Students get up-close and climb inside our 65-foot, life-sized inflatable fin whale. They learn why whales are mammals and all about their special characteristics and skills for survival.

**Fee: \$15 residents; \$17 non-residents; 18min, 30max**

**Wednesday, January 24, 2:30-3:30pm, Town Hall Annex Gymnasium (1675 Flat River Rd)**



## Stuff-A-Bear

**Ages 4-12** Join us on February 10 from 10:00am - 12:00pm for our Valentine's Stuff-A-Bear event! This event includes: A Stuff-A-Bear (Comes with the stuffing, a heart, a home and a birth certificate), make your own Valentine's Day card, enjoy a snack and a movie! The short movie begins at 11:30am!

**Fee: \$40 resident, \$45 non-resident, min 15, max 25**

**Saturday, February 10, 10:00 - 12:00pm, Town Hall Annex (1675 Flat River Rd)**

\*A parent or guardian is required to stay with their child for the duration of the event.\*





## Winter & Spring Kids' Club

**Grades K - 5** Each week's activities will include games, themed arts and crafts projects/special activities, snack time, and lots of fun! We have added a few dates for cooking!

Wear sneakers and play clothes, bring a snack and a refillable water bottle, and pack outerwear - for playing outside, if the weather permits.

**1/5** - Happy New Year!

**1/12** - MLK Birthday—Kitchen Time: Make your own trail mix

**1/19** - Super Hero's

**1/26** - Winter Wonderland—Kitchen Time: Make your own Sundae's

**2/2** - Groundhog Day

**2/9** - Superbowl Sunday—Kitchen Time: Nacho's

**2/16** - President's Day

**3/1** - Let's go on vacation—Kitchen Time: Rice Krispy Time

**Fee: \$90 residents; \$95 non-residents; (8 weeks) min 18, max 30**

**Grades K—5: Fridays, January 5—March 1, 6:00pm—8:30pm at the Town Hall Annex (1675 Flat River Rd)**

**(No club February 23)**



**Grades K - 5** Each week's activities will include games, themed arts and crafts projects/special activities, snack time, and lots of fun! We have added a few dates for cooking!

Wear sneakers and play clothes, bring a snack and a refillable water bottle, and pack outerwear - for playing outside, if the weather permits.

**3/22** - Luck of the Irish

**4/5** - April Showers—Kitchen Time: Chicken Noodle Soup

**4/12** - Night of Ramadan

**4/26** - Earth Day—Kitchen Time: Dirt Cake

**5/3** - Cinco de Mayo

**5/10** - May Flowers—Kitchen Time: Flower Pretzel Bites

**5/17** - Police Day

**5/24** - Memorial Day—Kitchen Time: Red White and Blue Fruit Kabobs

**Fee: \$90 residents; \$95 non-residents; (8 weeks) min 18, max 30**

**Grades K—5: Fridays, March 22—May 24, 6:00pm—8:30pm at the Town Hall Annex (1675 Flat River Rd)**

**(No club March 29 and April 19)**

# STEAM Programs

## Winter Season Claymation

**Grades 6—8** What do Wallace and Gromit, Rudolph the Red-Nosed Reindeer and James and the Giant Peach all have in common? They're Claymation characters who captivated the world with the magical realities they bring to life! Tap into the incredible practice of stop-motion film production and learn the technique from the ground up. Claymation Camp contains everything students need to create their own, individual movies, including top-quality clay, fun-to-use software, adorable cameras and amazing curriculum that turns anyone into a filmmaker.

### Group A:

- max 30 participants
- Grades 6-8: Tuesday, January 9—April 9, 6:00 - 7:30pm, **Town Hall Annex Teen Center (1675 Flat River Rd)** No class February 20
- Fee: **FREE**



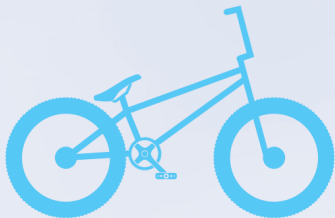
### Group B:

- max 30 participants
- Grades 6-8: Wednesdays, January 10—April 10, 6:00 - 7:30pm, **Town Hall Annex Teen Center (1675 Flat River Rd)** No class February 21
- Fee: **FREE**

**\*\*If you miss three classes you will be dropped from the class\*\***

## Spring Season Build a BMX Bike

**Grades 6—8** USA BMX, the sanctioning body of bicycle motocross (BMX) racing in North America, is offering a first of its kind curriculum combining Science, Technology, Engineering, and Math with strong physical fitness element and a little bit of fun. Come help build a BMX bike. A special showing/reveal on the last class!



**Fee: FREE; (9 weeks) min 10, max 25**

**Tuesdays, April 23—June 18, Grades 6—8, 6:00pm—7:30pm, Town Hall Annex Teen Center (1675 Flat River Rd)**



# Homeschool Programs Grades K—3

## Indigenous Beading

Mishki Thompson is a member of the Narragansett Tribe. She specializes in traditional and contemporary beadwork and other arts while constantly learning new techniques. Please come join us and learn about her culture all while getting the chance to create a keychain.

Fees	Grades	Day / Dates	Time
R \$30 / NR \$35	K-3	Friday / 1/19/2024	12:00—2:00pm

## The Creative Space—Art Class

The goal at The Creative Space is to provide each student the opportunity to have the dedicated time and space to discover their creative ideas and potential, while having fun and relaxing! Making the time to be creative allows us to tap into a relaxed and meditative state of being. When you are creating you lose track of your worries and find peace.

Fees	Grades	Day / Dates	Time
R \$23 / NR \$28 - For one class	K-3	3 Fridays / 1/26/24, 2/9/24, 3/22/24	10:00—12:00pm

## Physical Education Class

Physical education provides cognitive content and instruction designed to develop motor skills, knowledge, and behaviors for physical activity and physical fitness. Supporting schools to establish physical education daily can provide students with the ability and confidence to be physically active for a lifetime.

Fees	Grades	Day / Dates	Time
R \$10 / NR \$15	K-3	Friday / 2/2/2024	10:00—12:00pm

## Mad Science

Children will be dazzled and "entertained" as they interact with our Mad Scientists! Our spectacular shows thrill audiences of children and adults alike with impressive science experiments. Watch things Bubble, Explode, Shatter, and take on a life of their own... It's not magic it's SCIENCE!

Fees	Grades	Day / Dates	Time
R \$20 / NR \$25	K-8	Friday / 2/16/2024	10:00—11:00am

## Hula Hooping

Join Judi Jones aka ENERGIZER for a musical and interactive Hoop Dancing (hula hooping) program. Dancin' with Hoops blends creative movement, dance, exercise and play. Custom hula hoops are provided for use. Following, Judi will entertain you with a high energy hula hoop performance.

Fees	Grades	Day / Dates	Time
R \$25 / NR \$30	K-3	Friday / 3/1/2024	11:00—12:00pm

## Theater Class

Trinity Rep's Young Actors Studio provides in-depth education for students interested in all aspects of theater! These courses are process-based, focusing on acting techniques through the lens of scene study, playwriting, collaborative creation, and/or improvisation.

Fees	Grades	Day / Dates	Time
R \$43 / NR \$48 - For both classes	K-3	2 Fridays / 3/8/24 & 3/15/24	10:00—11:00am

# Homeschool Programs Grades 4—8

## Indigenous Beading

Mishki Thompson is a member of the Narragansett Tribe. She specializes in traditional and contemporary beadwork and other arts while constantly learning new techniques. Please come join us and learn about her culture all while getting the chance to create a keychain.

Fees	Grades	Day / Dates	Time
R \$30 / NR \$35	4-8	Friday / 1/12/2024	12:00—2:00pm

## Theater Class

Trinity Rep's Young Actors Studio provides in-depth education for students interested in all aspects of theater! These courses are process-based, focusing on acting techniques through the lens of scene study, playwriting, collaborative creation, and/or improvisation.

Fees	Grades	Day / Dates	Time
R \$43 / NR \$48 - For both classes	4-8	Friday / 1/19/24 & 2/2/24	1:00—2:00pm

## The Creative Space—Art Class

The goal at The Creative Space is to provide each student the opportunity to have the dedicated time and space to discover their creative ideas and potential, while having fun and relaxing! Making the time to be creative allows us to tap into a relaxed and meditative state of being. When you are creating you lose track of your worries and find peace.

Fees	Grades	Day / Dates	Time
R \$23 / NR \$28 - For one class	4-8	3 Fridays / 1/26/24, 2/9/24, 3/22/24	1:00—3:00pm

## Mad Science

Children will be dazzled and "entertained" as they interact with our Mad Scientists! Our spectacular shows thrill audiences of children and adults alike with impressive science experiments. Watch things Bubble, Explode, Shatter, and take on a life of their own... It's not magic it's SCIENCE!

Fees	Grades	Day / Dates	Time
R \$20 / NR \$25	K-8	Friday / 2/16/24	10:00—11:00am

## Physical Education Class

Physical education provides cognitive content and instruction designed to develop motor skills, knowledge, and behaviors for physical activity and physical fitness. Supporting schools to establish physical education daily can provide students with the ability and confidence to be physically active for a lifetime.

Fees	Grades	Day / Dates	Time
R \$10 / NR \$15—For one class	K-3	Fridays / 2/16/2024, 3/15/2024	1:00—3:00pm

## Hula Hooping

Join Judi Jones aka ENERGIZER for a musical and interactive Hoop Dancing (hula hooping) program. Dancin' with Hoops blends creative movement, dance, exercise and play. Custom hula hoops are provided for use. Following, Judi will entertain you with a high energy hula hoop performance.

Fees	Grades	Day / Dates	Time
R \$25 / NR \$30	4-8	Friday / 3/1/24	1:00—2:00pm

## Paint Class

At Paint the Town, they are passionate for the arts, creativity and great social activity with family or friends. They want you to be able to walk away with not only your expression of art but with remembering the laughter and pleasure of knowing you created something you can proudly adorn your home with.

Fees	Grades	Day / Dates	Time
R \$48 / NR \$53	4-8	Friday / 3/8/24	1:00—3:00pm



# Winter & Spring Adult Sports

## Co-ed Volleyball

**Ages 18 +** This program is geared towards players with previous experience (intermediate to advanced) who are familiar with the rules and regulations.

**Per session:** min 10, max 26

**Winter Session:** Mondays, January 8—April 1; No class January 15 and February 19

**\$70 residents, \$75 non-residents** (11 weeks)

**Spring Session:** Mondays, April 15—May 20

**\$40 residents, \$45 non-residents** (6 weeks)

6:15 - 9:15 pm; **Town Hall Annex Gymnasium (1675 Flat River Rd)**

**Attendant:** Norma Smith



## Men's Slow Break Basketball

**Ages 40 +** Lace up those high tops and relive the glory days at the Annex! This program is perfect for those looking to play basketball at a slightly slower pace. Open to all participants and skill levels 40 and over.

**Per session:** min 10, max 26

**Winter Session:** Tuesdays, January 16—March 26

**\$60 residents, \$65 non-residents** (11 weeks)

**Spring Session:** Tuesdays, April 9—May 28

**\$44 residents, \$49 non-residents** (8 weeks)

6:15 - 8:15 pm; **Town Hall Annex Gymnasium (1675 Flat River Rd)**

**Attendant:** Chris Anderson



## Co-ed Basketball

**Ages 18 +** Bring your "A" game to the hardwood! All players are invited to participate - from beginners to advanced. Teams will be picked every Tuesday based on the players that are in attendance.

\*Drop in option available for \$10 each night. Drop in fee does not go towards the session fee (No credit card)\*

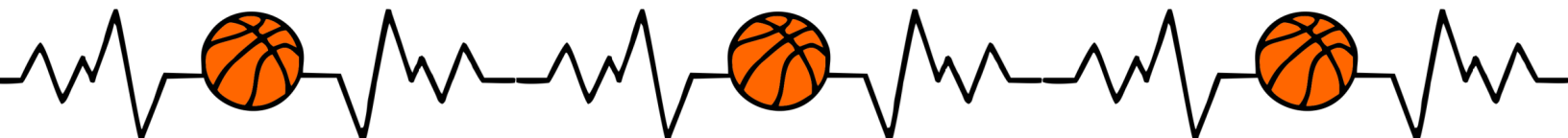
**Per session:** min 10, max 26

**Winter Session:** Wednesdays, January 17—March 27

**\$70 residents, \$75 non-residents** (11 Weeks)

6:15 - 9:15 pm; **Town Hall Annex Gymnasium (1675 Flat River Rd)**

**Attendant:** Jake Allen



# Winter & Spring Adult Sports

## Co-ed Pickleball

**Ages 18 +** Come join our dedicated group of pickleballers. Pickleball is a combination of tennis and table tennis. Whether you're new to the game or a seasoned player, pickleball is great for everyone! Please note, instruction is not included. **\*Drop in option available for Saturday and Sunday programs at \$10 a class. Drop in fee does not go towards the session fee (cash only)\***

### Option 1:

Per session: min 6, max 20

**Winter Session:** Wednesdays, January 17—March 27

**\$65 residents, \$70 non-residents (11 weeks)**

4:00pm—6:00 pm; Town Hall Annex Gymnasium (1675 Flat River Rd)



### Option 2:

Per session: min 6, max 20

**Winter Session:** Thursdays, January 18—March 28

**\$65 residents, \$70 non-residents (11 weeks)**

4:00pm—6:00 pm; Town Hall Annex Gymnasium (1675 Flat River Rd)

### Option 3:

Per session: min 6, max 20

**Winter Session:** Fridays, January 19—March 29

**\$67 residents, \$72 non-residents (11 weeks)**

3:00pm—6:00 pm; Town Hall Annex Gymnasium (1675 Flat River Rd)



### Option 4:

Per session: min 6, max 20

**Winter Session:** Saturdays, January 20—March 30

**\$65 residents, \$70 non-residents (11 weeks)**

10:30am—12:30 pm; Town Hall Annex Gymnasium (1675 Flat River Rd)

### Option 5:

Per session: min 6, max 20

**Winter Session:** Sundays, January 21—March 31

**\$67 residents, \$72 non-residents (11 weeks)**

4:00pm—7:00 pm; Town Hall Annex Gymnasium (1675 Flat River Rd)





# Winter & Spring Adult Fitness

## Circuit Training

**Ages 18+** Bring the circuit to your mat. This is a full-body workout with bursts of lower intensity exercises with short rests in between. Please bring an exercise mat and light weights.

**Per session:** min 10, max 25

**Winter Session 1:** Mondays, November 27—February 5; No class December 25, January 1 and January 15

**\$56 residents, \$64 non-residents** (8 weeks)

**Winter Session 2:** Mondays, February 26—April 15

**\$56 residents, \$64 non-residents** (8 weeks)

**Spring Session:** Mondays, April 29—June 24; No class May 27

**\$56 residents, \$64 non-residents** (8 weeks)

6:00 - 7:00 pm; **Town Hall Annex (1675 Flat River Rd)**

**Instructor:** Michelle Lambert

**\*Same Day registration available for \$10 each class. Fee does not go towards the session fee. Stop by or call the office by 4:00pm the day of the class! (401)822-9107**

## Zumba

**Ages 18+** This Latin-inspired, easy-to-follow, dance-fitness party exhilarates your senses and works all your major groups in a high-energy cardio blast that's sure to leave you invigorated, refreshed, and full of life. Zumba classes feature exotic rhythms like salsa, merengue, cumbia, and samba set to Latin and international beats.

**Per session:** min 10, max 40

**Winter Session 1:** Tuesdays, November 28—January 23; No class December 26

**\$56 residents, \$64 non-residents** (8 weeks)

**Winter Session 2:** Tuesdays,

February 6—March 26

**\$56 residents, \$64 non-residents** (8 weeks)

**Spring Session:** Tuesdays, April 9—May 28

**\$56 residents, \$64 non-residents** (8 weeks)

5:00—6:00 pm; **Town Hall Annex (1675 Flat River Rd)**

**Instructor:** Stephanie Travassos

**\*Same Day registration available for \$10 each class. Fee does not go towards the session fee. Stop by or call the office by 4:00pm the day of the class!\* (401)822-9107**



# Winter & Spring Adult Fitness

## Basic Yoga

**Ages 18+** This class will offer a wide range of postures, with a focus on proper breathing, alignment, and body awareness. Improve strength, muscle tone, posture, and balance. Beginners welcome; modifications will be given to all who want to participate. Please bring a yoga mat.

**Per session:** min 10, max 25

**Winter Session 1:** Tuesdays, November 28—January 30; No class December 26, January 23

**\$56 residents, \$64 non-residents** (8 weeks)

**Winter Session 2:** Tuesdays, February 6—March 26

**\$56 residents, \$64 non-residents** (8 weeks)

**Spring Session:** Tuesdays, April 9—May 28

**\$56 residents, \$64 non-residents** (8 weeks)

6:15 - 7:15 pm; **Town Hall Annex (1675 Flat River Rd)**

**Instructor:** Rob Franzblau

**\*Same Day registration available for \$10 each class. Fee does not go towards the session fee. Stop by or call the office by 4:00pm the day of the class!\* (401)822-9107**



## Advanced HIIT

**Ages 18+** High Intensity Interval Training (HIIT) will not only help build your cardiovascular system but you'll also build strength. This is a full-body workout with short bursts of intense exercises with short rests in between. Each week will consist of different exercises. Please bring an exercise mat and light weights.

**Per session:** min 10, max 25

**Winter Session 1:** Wednesdays, November 29—January 24; No class December 27

**\$56 residents, \$64 non-residents** (8 weeks)

**Winter Session 2:** Wednesdays, February 7—March 27

**\$56 residents, \$64 non-residents** (8 weeks)

**Spring Session:** Wednesdays, April 10—May 29

**\$56 residents, \$64 non-residents** (8 weeks)

5:30– 6:30 pm; **Town Hall Annex (1675 Flat River Rd)**

**Instructor:** Michelle Lambert

**\*Same Day registration available for \$10 each class. Fee does not go towards the session fee. Stop by or call the office by 4:00pm the day of the class!\* (401)822-9107**

## Boot Camp

**Ages 18+** This is a full-body, body-weight workout with bursts of intense exercises with short rests in between. With a focus on conditioning and friendly competition, this class is perfect for anyone looking to add more movement to their daily routine. Modifications will be given to all who want to participate. Please bring an exercise mat and wear workout clothes.

**Per session:** min 10, max 15



**Winter Session 1:** Saturdays, December 9—February 3; No class December 27

**\$56 residents, \$64 non-residents** (8 weeks)

**Winter Session 2:** Saturdays, February 17—April 6

**\$56 residents, \$64 non-residents** (8 weeks)

**Spring Session:** April 20—June 15, No class April 27

**\$56 residents, \$64 non-residents** (8 weeks)

8:15am—9:15am **Town Hall Annex (1675 Flat River Rd)**

**Instructor:** Michelle Lambert

**\*Same Day registration available for \$10 each class. Fee does not go towards the session fee. Stop by or call the office by 4:00pm the day of the class!\* (401)822-9107**



# Volunteer Opportunities

## Clean Team Volunteers

We are looking for volunteers to assist in keeping our parks clean! Duties include trash pickup (that's right, you get to use a super cool grabby thing to pick up trash). Hours are flexible (seriously, we just appreciate the help), asking for a minimum commitment of 10 hours per year (you want more? Go for it!). Minimum age of 16 unless accompanied by an adult. Come help us keep our community looking great!

### REQUIREMENTS

Age: 16 and older. Volunteers ages 16 and 17 must go out in pairs either with a fellow Clean Team volunteer or a parent/guardian. Those under 16 must be accompanied by a parent/guardian.

Time Commitment: 10 hours a year to remain an active volunteer.

Qualifications: Motivation to keep our park system clean!

### RESPONSIBILITIES

Use your own small garbage bags from home to pick up litter throughout the parks.

Provide information to park guests when asked.

Recycle appropriate items and dispose of the rest after your shift.

Email service hours and number of bags collected after each shift to [parksandrecreation@coventryri.gov](mailto:parksandrecreation@coventryri.gov)

**Per session:** min 10, max 25

Monday thru Friday, August 10, 2023—August 2, 2024

**Fee:** Free

8:30am—4:30pm; **Guy L. Lefebvre Community Center (1277 Main St)**



# Looking Ahead to the Summer



- ♦ **Early Summer and Summer Fitness Classes!**

- ♦ **Summer Celebration—June 22**  
**Musical Headliner: Those Guys**



- ♦ **Summer Basketball—Games**  
**Start Week of July 1**

- ♦ **Summer Camp—July 1—August 9**
- ♦ **Specialty Camps—August 13—August 16**



**\*Registration Opens April 1, 2024\***



## Coventry Department of Parks and Recreation

Located at the Guy L. Lefebvre Community Center - 1277 Main Street, Coventry, RI 02816  
phone: (401) 822-9107 | email: [recprograms@coventryri.gov](mailto:recprograms@coventryri.gov) | web: [coventryrecreation.com](http://coventryrecreation.com)

Hours of operation, Monday-Friday 8:30am—4:30pm

