

SEPT ELEM 25

KANAWHA COUNTY SCHOOLS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Labor Day No School	2 Chicken Biscuit, Cereal, Applesauce, Yogurt, Juice, Milk <u>WG Pepperoni or Cheese Pizza</u> Broccoli and Cheese Strawberry Shortcake Fruit/Garden Bar Milk	3 French Toast Sticks, syrup, Yogurt, Fruit Juice, Fresh Fruit, Milk <u>Cheeseburger on WG Bun</u> Lettuce, Tomato, Onion Crinkle Cut Fries Baked Beans Fruit/Garden Bar Milk	4 Cheese Omelet, Wheat Toast, Cereal, Fruit Juice, Banana, Yogurt, Milk <u>Orange Chicken Bites</u> Vegetable Dumplings, Fried Rice, Asian Coleslaw, Egg Roll Fruit/Garden Bar Milk	5 Blueberry Yogurt Parfait, Cereal, Fruit, Juice, Milk <u>Hot Dog on WG Bun w Chili</u> Crinkle Cut Fries Coleslaw w Carrots Fruit/Garden Bar Milk
8 Sausage Biscuit, Jelly, Cereal, Fruit, Juice, Milk <u>WG Boneless Chicken Wings</u> Seasoned Fries Baked Beans, Baby Carrots Dipping sauces and Ranch Fruit/Garden Bar Milk	9 Yogurt Smoothie, Cereal, Fruit, Juice, Milk <u>Taco Tuesday: Beef, soft WG Tortilla</u> Shredded cheese, diced tomato, shredded lettuce, taco sauce, sour cream, salsa, Royal Brownie Fruit/Garden Bar Milk	10 No School Students Professional Learning Day	11 Waffle Sticks, Cereal, Fruit, Juice, Milk <u>Breakfast for Lunch:</u> Cheese Omelet, Sausage Patty, Hash brown Patty, hot cinnamon apples, Buttered Biscuit Fruit/Garden Bar Milk	12 Cheese, Bacon and Egg Biscuit, Cereal, Fruit, Juice, Milk <u>Chicken Alfredo on Noodles</u> Fresh Caesar Salad Steamed Broccoli Garlic Texas Toast Fruit/Garden Bar Milk
15 Breakfast Pizza, Yogurt, Cereal, Fruit, Juice, Milk <u>Salisbury Steak and Gravy</u> Mashed Potatoes Green Beans WG School Made Roll Fruit/Garden Bar Milk	16 Cinnamon Toast Crunch Bar, Yogurt, Cereal, Fruit, Juice, Milk <u>Mini Corn Dogs</u> Crinkle Cut French Fries Honey Glazed Baby Carrots Fruit/Garden Bar Milk	17 Pancake on a Stick, Yogurt, Cereal, Fruit, Juice, Milk <u>Crispy Chicken Patty on WG Bun</u> Tater Rounds Baked Beans Fruit/Garden Bar Milk	18 Bagel w cream cheese, Yogurt, Cereal, Fruit, Juice, Milk <u>WG Fish Sticks</u> Macaroni and Cheese Buttered Corn, Frozen Juice Bar Fruit/Garden Bar Milk	19 French Toast Sticks, Cereal, Fruit Juice, Fresh Banana, Yogurt, Milk <u>WG Pepperoni Roll</u> Cheese Stick Spinach Salad Frozen Sidekick Fruit/Garden Bar Milk
22 Cinnamon Toast, Yogurt, Cereal, Fruit, Juice, Milk <u>WG Chicken Nuggets</u> Mashed Potatoes and Gravy Peas and Carrots School Made WG Roll Fruit/Garden Bar Milk	23 Mini Maple Waffles, Yogurt, Cereal, Fruit, Juice, Milk <u>Nachos w Beef</u> Shredded cheese, refried beans, shredded lettuce, taco sauce, sour cream, salsa and round corn chips, Mexicali Corn, Fruit/Garden Bar Milk	24 Sausage Biscuit, Cereal, Yogurt, Fruit, Juice, Milk <u>Hamburger on Split Top WG Bun</u> Crinkle Cut French Fries Honey Glazed Baby Carrots Royal Brownie Fruit/Garden Bar Milk	25 Egg Patty, Cheese Croissant, Cereal, Fruit, Juice, Milk <u>Spaghetti and Meatsauce</u> California Blend steamed vegetables Italian Cheese and Garlic Bread Celebration Cake and Ice Cream Fruit/Garden Bar Milk	26 Apple Fritter, Yogurt Smoothie, Cereal, Fruit, Juice, Milk <u>Pigs in a Blanket</u> Crispy Tater Tots Coleslaw Fruit/Garden Bar Milk
29 Wheat Toast, Omelet, Yogurt, Cereal, Fruit, Juice, Milk <u>WG Cheese Pizza</u> California Blend Steamed Vegetables Frozen Fruit Cup Fruit/Garden Bar Milk	30 Pancakes, Strawberry Cup, Yogurt Cereal, Fruit, Juice, Milk <u>Sloppy Joes on WG Bun</u> Spiral Fries Chilled Fresh Fruit Cup Rainbow Peppers w Dip Fruit/Garden Bar Milk	31 Cinni Minnis, Yogurt, Cereal, Fruit, Juice, Milk <u>Beef Ravioli</u> Caesar Salad WG Croutons Parmesan Cheese Broccoli Garlic Cheese Pull Apart Breadsticks Fruit/Garden Bar Milk		