

Argenta-Oreana Athletics

Frequently Asked Questions (FAQ's)

1. What sports are currently offered for my child?

The following sports are offered for middle school girls:

- Softball, Basketball, Cheerleading, Volleyball, Track & Field

The following sports are offered for middle school boys:

- Baseball, Basketball, Track & Field

The following sports are offered for high school girls:

- Volleyball, Cross Country, Basketball, Cheerleading, Bomberettes, Wrestling, Swimming, Softball, Track & Field, Soccer (COOP with LSA)

The following sports are offered for high school boys:

- Football, Cross Country, Soccer, Basketball, Wrestling, Cheerleading, Bowling, Baseball, Track & Field

2. What activities are offered for students?

The high school offers Bass Fishing, Band and Choral Solo & Ensemble and Organization and Scholastic Bowl.

The middle school offers Music and Scholastic Bowl.

3. When is the first day of the season?

Middle School Softball – July 24

Middle School Baseball – July 31

Middle School Girls Basketball – August 28

Middle School Boys Basketball – October 16

Middle School Volleyball – November 27

Middle School Track & Field – February 26

High School Football – August 7

High School Cross Country, Volleyball & Soccer– August 7

High School Girls Basketball – October 30

High School Boys Basketball – November 6

High School Wrestling – November 6

High School Track & Field – January 15

High School Baseball and Softball – February 26

4. How do I sign my student up for an extracurricular activity?

Students interested in participating in athletic activities will sign up on the athletic website:

<http://il.8to18.com/a-o> Registration is usually opened one month prior to the start of the season, except for fall sports. Registration will be opened by July 15th for middle school baseball and softball.

5. Where do I find registration information?

The athletic website offers several resources on the lower left hand corner. These resources include step-by-step instructions for the registration process. The document is called: Athletic Registration-Online.

6. How often does my student need a physical?

Students entering 6th grade and 9th grade are required by law to have a full physical. Students entering 7th, 8th, 10th 11th or 12th grade are only required to have a sports physical. Physicals are valid for 395 days.

7. What is the athletic fee for participating?

The athletic fee at the middle school is currently \$60.

The athletic fee at the high school is currently \$100.

The family cap is \$150.

8. How do I pay the athletic fee?

Payments may be made in person in the Middle School or High School Office or through Teacherease.

9. What paperwork am I required to turn into the office?

The only paperwork the middle school and high school office will collect is the physical. All other required paperwork (Permission Agreement, Concussion & Steroid Policy, Sportsmanship Pledge, Handbook Sign-Off and Photo Sign-Off) will be completed online through the athletic registration process.

10. Where can I find athletic schedules?

The school website (www.argenta-oreana.org) has all athletic schedules posted. These schedules are subject to change and the most accurate up-to-date information can be found on the athletic website.

11. What information can I find on the athletic website?

The following resources are available:

- Physical Form
- Booster Club Information
- IHSA Website
- IHSA Banned Substances
- IHSA Performance Enhancing Substance Testing Policy
- Daily and monthly calendars

12. How can I find directions to opposing schools?

The athletic website has a link to all high schools in Illinois. Click on the directions tab, all IL schools and select the school of your choice. Some specific locations, such as parks, are listed under the same tab by selecting event locations.

13. How can I find out the coaches name and/or contact information?

The athletic website lists all coaches and staff members. Click on the info tab and select staff.
At any time, please feel free to contact the athletic office 795-4822 to speak with the athletic director.

14. How do I know when the bus departs for games?

After the team has been selected, coaches have parent meetings in which attendance by parents is required. During this meeting, the coaches cover team rules and expectations and share vital information such as practice plans and bus departure times.

15. What are the expectations for parents?

First and foremost, support the students and coaches. As parents, we request you sign up to work the concession stand. All proceeds made in the concession stand goes directly back into the program. If you have a 7th grade child, please work an 8th grade game and if you have an underclassman please work a varsity game. If you have a varsity player, work the lower level games.

16. Are my students required to ride the bus to all games?

Yes. All student athletes are required to travel as a team. Unusual circumstances must be approved by the athletic office or administration.

17. Are my students required to ride the bus home after games?

Typically, high school athletes ride the buses home as a team after a game. Each coach will discuss the transportation policy during the parent meeting. If the athletes are permitted to ride home with parents, a sign-off is required. Parents / guardians are only allowed to sign out their child with permission from the administration.

18. What type of parent – coach communication should I expect?

Communication you should expect from your child's coach:

- Philosophy of the coach
- Expectations the coach has for your child as well as the other players on the team
- Location and times of all practices and contest
- Team requirements; i.e. fees, equipment, etc.
- Discipline that results in the denial of your child's participation

Communication that the coach should expect from parents:

- Concerns expressed directly to the coach
- Notification of schedule conflicts well in advance
- Specific concern in regard to the coach's philosophy/and or expectations

Appropriate concerns to discuss with your child's coach:

- The treatment of your child: mentally and physically
- Ways to help your child improve
- Concerns about your child's behavior

Issues not appropriate to discuss with your child's coach:

- Playing time
- Team strategy
- Other student-athletes

19. Procedures to follow if you have a concern?

- Call the school to set up a time to meet with the coach.
- 795-4821 - High School
- If the coach cannot be reached, call the Athletic Director and leave a message for the coach.
- Do not confront the coach before, after, or during a practice or a game. These confrontations can be emotional for both the parent and the coach. Meetings of this nature do not promote resolutions.

20. What should I do if my child is injured?

Communication is very important! Any injury should be reported to the coach. Please contact the athletic office for more information regarding access to an athletic trainer.

21. Concussions: What is return to learn and return to play?

The school's athletic trainer or other licensed healthcare provider will help guide decisions for the Concussion Oversight Team about a student's need for and level of modifications and accommodations, or adjustments, and their readiness to resume various school activities.

In most cases, a concussion will not significantly limit a student's participation in school and usually involves temporary, informal instructional modifications and academic accommodations. The "Return to Learn" process encompasses Step 1 of the "Return to Play" progression during the entire time one remains symptomatic. Completion of the "Return to Learn" process precedes the start of "Step 2 - Return to Play" progression.

22. Concussions: Post-concussion consent form.

Once your child has been released by medical staff and the trainer has completed the return to learn and return to play progressions, a parent MUST sign-off on the IHSA Post-concussion consent form. This is the final step before a child is permitted to play.

23. What is the academic eligibility process?

Students at the high school must pass 6 out of 7 classes. Any student receiving an F must attend academic lunch on Monday thru Thursday. Any student receiving two F's are ineligible and must attend academic late stay on Tuesday and Thursday until 4:30 pm. and attend academic lunch on Monday thru Thursday.

Students in the middle school must pass all classes. If they are receiving one F, they are ineligible and must attend academic lunch on Monday thru Thursday.