

# Ninnekah Schools

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> BISCUITS & GRAYVY FRUIT/ MILK JUICE/VARIETY  BREADED CHICKEN SAND. WAFFLE FRIES LETTUCE TOMATO & PICKLE SLICED PEACHES MILK	<b>3</b> HASH BROWN & SAUSAGE FRUIT/ MILK JUICE/VARIETY  BEEF TACOS REFRIED BEANS CHIP & SALSA SLICED PEARS MILK	<b>4</b> <b>CINNAMON ROLL</b> <b>FRUIT/ Milk</b> <b>JUICE/VARIETY</b>  <b>HOT DOGS &amp; CHIPS</b> <b>CELERY &amp; PEANUT BUTTER</b> <b>APPLE SLICES</b> <b>MILK</b>	<b>5</b> OATMEAL CINNAMON TOAST FRUIT/ MILK JUICE/VARIETY  CHICKEN TENDERS MASHED POTATO & GRAVY CORN ON A COB APPLESAUCE MILK	<b>6</b> SAUSAGE SLIDERS FRUIT/ MILK JUICE/VARIETY  PIZZA ROLLS ROMAINE SALAD COOKIE WATERMELON MILK
<b>9</b> BISCUITS & GRAVY FRUIT/ Milk JUICE/VARIETY  CHEESEBURGERS TATOR TOTS LETTUCE / TOMATOES PICKLES ORANGE SLICES MILK	<b>10</b> BACON, EGG & CHEESE MUFFINS FRUIT/ MILK JUICE/VARIETY  BBQ CHICKEN BAKE BEANS MAC & CHEESE PINEAPPLES MILK	<b>11</b> WAFFLE STICKS & SYRUP FRUIT MIK JUICE/VARIRTY  MEATBALLS SUBS CARROT STICKS CHIPS TROPICAL FRUIT MILK	<b>12</b>  <b>NO</b>  <b>SCHOOL</b>	<b>13</b>  <b>NO</b>  <b>SCHOOL</b>
<b>16</b>  <b>NO</b>  <b>SCHOOL</b>	<b>17</b> <b>BISCUITS &amp; GRAVY</b> <b>FRUIT/ MILK</b> <b>JUICE/VARIETY</b>  <b>WALKING TACOS</b> <b>PINTO BEANS</b> <b>LETTUCS / TOMATOES</b> <b>PEACHES</b> <b>MILK</b>	<b>18</b> LONG JOHNS FRUIT/ MILK JUICE/VARIETY  CHICKEN SPAGHETTI GREEN BEANS HOT ROLLS JELLO/FRUIT MILK	<b>19</b> <b>SCRAMBLE EGGS &amp; TOAST</b> <b>FRUIT/ MILK</b> <b>JUICE/VARIETY</b>  <b>FISH STICKS</b> <b>WEDGE FRIES</b> <b>COLE SLAW</b> <b>GRAPES</b> <b>MILK</b>	<b>20</b> <b>PEANUTBUTTER &amp;</b> <b>JELLY SANDWICH</b> <b>FRUIT/ MILK</b> <b>JUICE/VARIETY</b>  <b>STUFF CRUST PIZZA</b> <b>ROMAINE SALAD</b> <b>COOKIE</b> <b>MANDARIN ORANGES</b> <b>MILK</b>
<b>23</b> <b>BAGELS &amp; CREAM CHEESE</b> <b>FRUIT/MILK</b> <b>JUICE/VARIETY</b>  <b>CHIMICHANGA</b> <b>PINTO BEANS</b> <b>CHIPS &amp; SALSA</b> <b>PINEAPPLES</b> <b>MILK</b>	<b>24</b> <b>BISCUITS &amp; GRAVY</b> <b>FRUIT/MILK</b> <b>JUICE/VARIETY</b>  <b>HOT HAM&amp; CHEESE</b> <b>CARROT STICKS</b> <b>CHIPS</b> <b>APPLE SLICES</b> <b>MILK</b>	<b>25</b> <b>PANCAKES &amp; SAUSAGE</b> <b>FRUIT/MILK</b> <b>JUICE/VARIETY</b>  <b>CHICKEN POT PIE</b> <b>BROCCOLLI</b> <b>COOKIE</b> <b>DICED PEARS</b> <b>MILK</b>	<b>26</b> <b>BREAKFAST BURRITOS</b> <b>FRUIT/ MILK</b> <b>JUICE/VARIETY</b>  <b>CORN DOGS</b> <b>SEASON FRIES</b> <b>CELERY &amp; PEANUT BUTTER</b> <b>DICED PEARS</b> <b>MILK</b>	<b>27</b> <b>HAM &amp; CHEESE BISCUITS</b> <b>FRUIT / MILK</b> <b>JUICE/VARIETY</b>  <b>PIZZA DUNKERS</b> <b>ROMAINE SALAD</b> <b>GO-GURT</b> <b>SUGAR COOKIES</b> <b>MILK</b>

OCTOBER  
2023



## ANNOUNCEMENTS:

- **Menu Subject to change**

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Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410; or

1. fax:  
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