

CENTENNIAL GIRLS TRACK - ALL TIME TOP TEN

(UPDATED 4-10-24)

“S” = Denotes STATE CHAMPION

* = Converted from hand-held to electronic

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SHOT PUT

1. Jackie Ziemke (2009) – 40’-4 1/4”
2. Mackenzie Crowder (2014) – 38’-8”
3. Genni Nichols (1993) – 38’-4 1/2”
4. Jennifer Gruber (2003) – 37’-8 1/2”
5. Cindy Obermier (1985) – 37’-6”
6. Kailey Ziegler (2021) – 37’- 1 1/4”
7. Katie Ziemke (2007) – 36’-7”
8. Elizabeth Cast (2011) – 36’-2 1/2”
9. Steph Hoemann (2004) – 35’-11 1/2”
10. Dawn Schlueter (1998) – 35’-9 1/2”

DISCUS

1. Jennifer Gruber (2003) – 135’-7”
2. Jackie Ziemke (2009) – 131’-5 1/2”
3. Elizabeth Cast (2012) – 127’-11”
4. Mackenzie Crowder (2014) – 122’-3”
5. Katie Ziemke (2007) – 117’- 9”
6. Kristi Stroup (1993) – 116’-10 1/2”
7. Lacey Naber (2011) – 116’-7”
8. Tina Heater (1983) – 112’-6”
9. Dawn Schlueter (1997) – 111’-11”
10. **Lauryn Breitreutz (2023) – 111’-3”**

LONG JUMP

1. Virginia Stahr (1985) – 18’-0”
2. Laura Houston (1994) – 16’-11 1/2”
3. Lilly Cast (2019) – 16’-11”
4. Cambria Saunders (2023) – 16’-9”
5. Kim Kessinger (1977) – 16’-6”
6. Erin Stineman (1995) – 16’-4”
7. Annette Luebbe (1976) – 16’-2 3/4”
8. Brooke Pfeifer (2007) – 16’-2 1/2”
9. Jillian Bailey (2021) – 16’-2 1/4”
10. Jessica Matzner (1990) – 16’-1”

TRIPLE JUMP

1. Lilly Cast (2018) – 35’-11”
2. Kate Hirschfeld (2018) – 35’-7 3/4”
3. Cambria Saunders (2023) – 34’-10”
4. Michelle Ortmeier (2005) – 34’-1”
5. Adele Phillips (1999) – 33’-5 1/2”
6. Laura Houston (1994) - 33’-4 1/2”
7. Rebecca Stark (2002) – 32’-11 1/2”
8. Kacie Wullenwaber (2002) – 32’-11 1/4”
9. Ashlie Zima (2001) – 32’-10 1/4”
10. Brenda George (1998) – 32’-7 1/2”

HIGH JUMP

1. Kare’ Richters (1980) – 5’-7” “S”
2. Michelle Ortmeier (2005) – 5’-5”
3. Virginia Stahr (1985) – 5’-4” “S”
3. Julie Kohtz (1990) – 5’-4”
3. Missy Obermier (1992) – 5’-4”
3. Cheri Guenther (1979) – 5’-4”
7. Andrea Swanson (2000) – 5’-3”
7. Bridget Hannon (1982) – 5’-3”
9. Pam Miller (1982) – 5’-2”
9. Brooklyn Gierhan (2019) – 5’-2”

100 METER DASH

1. **Savannah Horne (2023) – 12.27 “S”**
2. Cambria Saunders (2023) – 12.67
2. Karla Niewedde (1983) – 12.74*
4. Jessica Matzner (1990) – 12.74*
5. Maggie Maher (2006) – 12.84*
5. Jenny Land (1991) – 13.04*
7. Erin Stineman (1995) – 13.04*
7. Kelli Murphy (2002) – 13.14*
9. Lindsey Maher (2006) – 13.14*
10. 3 Tied at – 13.24*

200 METER DASH

1. **Savannah Horne (2023) – 25.49 “S”**
2. Jessica Matzner (1990) – 26.24*
3. Karla Niewedde (1983) – 26.34*
4. Erin Stineman (1995) – 26.73
5. Jenny Land (1991) - 26.84*
5. Virginia Stahr (1985) – 26.84*
7. Kare’ Richters (1980) – 26.94*
7. Michelle Duryea (1982) – 26.94*
9. Kristen Hyde (2003) – 27.44*
10. Shelby Luettel (2008) – 27.54*

400 METER DASH

1. Erin Stineman (1995) – 59.95
2. Kate Hirschfeld (2019) – 1:00.40
3. Karen Struble (1973) – 1:00.74**
4. Virginia Stahr (1982) – 1:01.04*
5. Angela Naber (2009) – 1:01.74*
6. Danielle Mooney (2006) – 1:01.84*
7. Abby Richter (2005) – 1:02.14*
8. Ashley Rhodes (2000) – 1:03.14*
8. Jenny Land (1993) - 1:03.14*
10. Jana Eikenhorst (1985) – 1:03.44*

800 METER RUN

1. Danielle Mooney (2006) – 2:21.658
2. Justine Munsterman (2005) – 2:25.64*
3. Abby Richter (2005) – 2:25.74*
4. Kate Hirschfeld (2018) – 2:28.42
5. Cynthia Dixon (1974) – 2:28.84**
6. Daylee Dey (2019) – 2:29.48
7. Amy Stoll (1992) – 2:30.04*
8. April Eikenhorst (1998)- 2:30.74*
9. Heather Barth (1994) – 2:32.34*
10. Shelley Marsh (2012) – 2:32.96

1600 METER RUN

1. Elizabeth Bader (2005) – 5:21.34
2. Shelley Marsh (2009)-5:38.04*
3. Daylee Dey (2021) – 5:42.70
4. Mirrka Salonen (1997) – 5:43.74*
5. **Ella Wambold (2023) – 5:45.03**
6. Jill Hoffschneider (1994) – 5:49.54*
7. Nicki Walford (1993) – 5:50.44*
8. Justine Munsterman (2004) – 5:51.44*
9. Paige Hackbart (1983) – 5:51.74*
10. **Grace Schernikau (2023) – 5:53.67**

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POLE VAULT

1. Lindsey Maher (2006) – 11’-10” “SS”
2. Maggie Maher (2007) – 11’-0” “S”
3. Hannah Tomes (2016) – 10’-7”
4. Samara Ruether (2022/2023) – 9’-6”
5. Gracen Fehlhafer (2022) – 9’-0”
6. Mady Payne (2018) - 8’-6”
6. Erika Cast (2018) – 8’-6”
6. Abby Crawford (2003) – 8’-6”
9. Dacee Dey (2014) Kaylee Chrisman (2012) – 8’-0”
9. **Kate L. (23)** Sami S. (05) – 8’-0”, **Meg H (24)**
9. Kelly & Jill Woolsey (1999 & 2001) – 8’-0”

100 METER HIGH HURDLES

1. Lilly Cast (2018) – 15.43
2. Erin Stineman (1995) – 15.64*
3. Virginia Stahr (1984) – 15.74*
4. Andrea Swanson (2000) – 16.94*
5. Linda Schachenmeyer (1980) – 17.14*
6. Brooklyn Gierhan (2019) – 17.17
7. Danielle Martin (2012) – 17.24*
8. **Josie Butzke (2024) – 17.74**
8. Maggie Maher (2006) – 17.44*
10. Brenda Swanson (1986) – 17.64*

400 METER RELAY

1. Angie Bulgrin, Karla Niewedde, Jana Eikenhorst, Virginia Stahr (1983) – 51.06 “S”
2. Pam Miller, Bridget Hannon, Kare’ Richters, Karla Niewedde (1981) – 51.44*
3. Michelle Duryea, Karla Niewedde, Virginia Stahr, Bridget Hannon (1982) – 51.54*
3. Leahlia Beatty, Maggie Maher, Shelby Luettel, Lindsey Maher (2006) – 51.54*
5. Cambria Saunders, **Bree Nisly**, Samara Ruether, **Savannah Horne (2023) – 51.86**
6. Shelby Luettel, Tesia Brackhan, Brooke Pfeifer, Tiffany Heine (2008) – 52.04*
7. Cynthia Dixon, Sue Ehlers, Jean Vrbka, Kare’ Richters (1980) – 52.14*
8. Cambria Saunders, **Bree Nisly**, Kate Luebbe, **Savannah Horne (2023) – 52.47**
9. Cambria Saunders, **Kate Luebbe**, Samara Ruether, **Savannah Horne (2023) – 52.51**
10. Shannon Hubbard, Heather Ahrens, Angie Hubbard, Jessica Matzner (1987) – 52.84*

3200 METER RELAY

1. Danielle Mooney, Abby Richter, Justine Munsterman, Elizabeth Bader(2005) 9:45.54*
2. Michelle Foley, Abby Richter, Elizabeth Bader, Justine Munsterman(2005)10:05.64*
3. **Molly Prochaska**, Lillian Butzke, Kate Hirschfeld, Daylee Dey (2021) – 10:13.03
4. Jill Hoffschneider, Nicki Walford, Daphne Baack, Heather Barth (1994) – 10:25.84*
5. **Cora Payne**, Karley Naber, **Ella Wambold**, **Grace Schernikau (2023) – 10:28.25**

3200 METER RUN

1. Elizabeth Bader (2005) – 12:02.64*
2. Justine Munsterman (2003) – 12:12.74*
3. Shelley Marsh (2009) – 12:27.94*
4. **Grace Schernikau (2023) – 12:43.80**
5. Nicki Walford (1991) – 12:48.44*
6. Sarah Pankoke (1999) – 12:54.54*
7. Allison Sheaffer (2018) – 12:56.82
8. Madison Brandenburgh (2021) – 12:57.81
9. **Ella Wambold (2023) – 13:09.36**
10. Reba Hirschfeld (1984) – 13:12.54*

300 INTERMEDIATE HURDLES

1. Erin Stineman (1995) – 45.88 “S”
2. Maggie Maher (2007) – 47.39
3. Andrea Swanson (2000) – 49.64*
4. Autumn Stuhr (1988) – 50.24*
5. Brooklyn Gierhan (2019) – 50.48
6. Danielle Mooney (2005) – 50.64*
7. Lilly Cast (2018) – 50.84*
8. Sara Ellis (1993) – 52.24*
9. Asia Nisly (2019) – 52.55
10. **Josie Butzke (2024) – 52.64**

1600 METER RELAY

1. Angela Naber, Abby Richter, Maggie Maher, Danielle Mooney (2007) – 4:08.34*
2. Michelle Ortmeier, Abby Richter, Danielle Mooney, Elizabeth Bader (2005) – 4:09.14*
3. Michelle Duryea, Pam Miller, Kiley Sullivan, Virginia Stahr (1982) – 4:10.84*
4. Pam Miller, Angie Wambold, Kiley Sullivan, Kare’ Richters (1981) – 4:11.34*
5. Michelle Ortmeier, Danielle Mooney, Justine Munsterman, Abby Richter (2005) – 4:14.04*
6. Brenda George, Andrea Swanson, Brooke Bredenkamp, Ashley Rhodes (2000) 4:18.74*
7. Michelle Ortmeier, Brooke Ratcliffe, Danielle Mooney, Abby Richter (2005) - 4:19.54*
8. Brenda George, Andrea Swanson, Erica Eikenhorst, Adele Phillips (1999) – 4:21.14*
9. Melanie Sackschewsky, Kiley Sullivan, Jana Duryea, Pam Miller (1980) – 4:21.24*
10. Angie Muench, Heather Barth, Brook Knisley, Jenny Land (1993) – 4:21.44*
10. Jeana Luebbe, Heather Rasmussen, Angie Muench, Heather Barth (1994) – 4:21.44*

6. Nicki Walford, Jill Hoffschneider, Becky Wiemer, Amy Stoll (1992) – 10:28.94*
7. Emily Robinson, Abby Richter, Angela Naber, Danielle Mooney (2007) – 10:35.44*
8. Paige Hackbart, Angie Wambold, Kiley Sullivan, Paula Hackbart (1982) – 10:38.74*
9. Mirkka Salonen, Katie Linhorst, Kelly Woolsey, April Eikenhorst (1997) – 10:39.24*
10. Nicki Walford, Becky Wiemer, Summer Wait, Amy Stoll (1991) – 10:41.24*