



Spanish Fork Junior High School

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Principal

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Strengthen the Pack – Learn to Learn – Forgive and Accept – Find My Voice

This note is to remind you of the Nebo School District policy regarding Student Electronic Devices (JDE), which is summarized below.

Why This Policy Exists

- Nebo School District wants schools to be places where students can learn, focus, and feel good.
- Spending too much time on social media or getting too many messages can hurt your mental health and be a major distraction to school work.
- This policy helps students stay focused, be respectful, and feel better during the school day.

When You *Can* Use Your Phone or Smart Watch

- To get help in a real emergency or danger.
- During a school-wide emergency.
- To contact the SafeUT Crisis Line.
- For a medical reason (like checking blood sugar).

General Rules for Junior High and Middle School

- Don't use cell phones, air pods or smart watches during school hours (7:55am – 2:35pm).
- Notifications must be turned off, and phones must be put away in a backpack, bag, or purse—including during lunch and passing periods.
- Smart watches can be worn, but must not make sounds or receive/send messages.
- You cannot use phones or watches in the hallway.
- If you need to contact your parent or guardian, ask to use a hallpass to go to the front office.

No Recording or Streaming

- Never record or take pictures/videos in private areas like bathrooms, locker rooms, or changing areas.
- Never use your device to record or share something that's against the rules.

What Happens If You Use Your Phone During the School Day?

First time: Phone will be kept in the front office. You may pick up your phone at the end of the school day.

Second time: Phone will be kept in the front office. We'll contact your parent/guardian. You may pick up your phone at the end of the school day.

Third time: Phone will be kept in the front office. Your parent/guardian will be contacted and must pick up your phone from the office after school.