

Apply for School Meals online!



MORE than a MEAL

- Your child may qualify for free & reduced meals and it is easier than ever to **apply online**.
- All you have to do is use a computer, tablet or smartphone to go **www.myschoolapps.com** or **scan the QR code above**.
- You can apply for the 2025-2026 school year starting July 21.
- After completing four easy steps, you will receive an immediate submission confirmation by email.

www.myschoolapps.com

Paper applications are also available in the school front office or Child Nutrition office.

Need assistance or have questions?

Call the **Child Nutrition Department**
(936) 709-8197

MAS que una COMIDA

- Su hijo puede calificar para recibir comidas gratis o a precio reducido y es más fácil que nunca presentar la **solicitud en línea**.
- Todo lo que tiene que hacer es usar la computadora, tableta o teléfono inteligente para ir **myschoolapps.com** o **escanear el código QR de arriba**.
- Puede presentar su solicitud ahora para el año escolar 2025-2026 a partir del 21 de julio.
- Después de completar cuatro sencillos pasos, recibirá una confirmación de envío inmediata por correo electrónico.

www.myschoolapps.com

Las solicitudes de papel también están disponibles en las oficinas de la escuela o en la oficina de Departamento Nutrición Infantil.

¿Necesita ayuda o tiene preguntas?

Llame al servicio de asistencia del
Departamento de Nutrición Infantil
(936) 709-8197

Income Eligibility Guidelines Effective from July 1, 2025 to June 30, 2026

# Household Members	Annual	Monthly	Twice Per Month	Every Two Weeks	Weekly
1	\$28,953	\$2,413	\$1,207	\$1,114	\$557
2	\$39,128	\$3,261	\$1,631	\$1,505	\$753
3	\$49,303	\$4,109	\$2,055	\$1,897	\$949
4	\$59,478	\$4,957	\$2,479	\$2,288	\$1,144
5	\$69,653	\$5,805	\$2,903	\$2,679	\$1,340
6	\$79,828	\$6,653	\$3,327	\$3,071	\$1,536
7	\$90,003	\$7,501	\$3,751	\$3,462	\$1,731
8	\$100,178	\$8,349	\$4,175	\$3,853	\$1,927
For each additional family member, add:	+ \$10,175	+ \$848	+ \$424	+ \$392	+ \$196

Conroe ISD Charge Policy

Child Nutrition offers meal service for breakfast and lunch to the children of Conroe ISD from EC-12th grade on a daily basis during the school year. Per CISD Board of Trustees Policy CO (Local), students are allowed 15 days (breakfast and lunch) to charge their meals. Once the 15-day charges have expired, the student is no longer allowed to charge.

Your privacy is important to us. All information is kept confidential. Federal regulations do not allow the Department of Education to share your information with any other agency.

Su privacidad es importante para nosotros. Toda la información se guardará de forma confidencial. Las leyes federales no permiten que el Departamento de Educación comparta su información con ninguna otra agencia.

Dear Parent/Guardian:

The questions and answers that follow and attached directions provide additional information on how to complete the application. Complete only **ONE** online application for ALL the students in the household. Paper applications may be picked up at Child Nutrition, 1900 FM 2854, Conroe, Texas 77304. If you have questions about applying for free or reduced-price meals contact Nazia Nizam, Free/Reduced Specialist, 936-709-8197.



Child Nutrition

3205 W Davis • Conroe, TX 77304
(936) 709-8197

Please submit only one (1) application per household.

1. Who can qualify?

- **Income**—Children can get free or reduced-price meals if a household's gross income is within the limits described in the Federal Income Eligibility Guidelines.
- **Special Assistance Program Participants**—Children in households receiving benefits from the Supplemental Nutrition Assistance Program (SNAP), Food Distribution Program on Indian Reservations (FDPIR), or Temporary Assistance for Needy Families (TANF), are eligible for free meals.
- **Foster**—Foster children who are under the legal responsibility of a foster care agency or court are eligible for free meals. Contact Lynda Gowin at 936-709-7831.
- **Head Start, Early Head Start, and Even Start**—Children participating in these programs are eligible for free meals.
- **Homeless, Runaway, and Migrant**—Children who meet the definition of homeless, runaway, or migrant qualify for free meals. If you haven't been told about a child's status as homeless, runaway, or migrant or you feel a child may qualify for one of these programs, please call or email Lynda Gowin, Homeless and Foster Liaison, 936-709-7831, lgowin@conroeisd.net or Rosa Patino, Migrant Liaison, 936-709-7756, rpertino@conroeisd.net.
- **WIC Recipient**—Children in households participating in WIC may be eligible for free or reduced-price meals.

2. What if I disagree with the school's decision about my application?

Talk to school officials. You also may ask for a hearing by calling or writing to Director of Child Nutrition, 3205 W Davis Street, Conroe, Texas 77304, 936-709-8185.

3. My child's application was approved last year. Do I need to fill out a new one?

Yes. An application is only good for that school year and for the first 30 days of this school year. Send in a new application unless the school has told you that your child is eligible for the new school year.

4. If I don't qualify now, may I apply later?

Yes. Apply at any time during the school year. A child with a parent or guardian who becomes unemployed may become eligible for free and reduced-price meals if the household income drops below the income limit.

5. What if my income is not always the same?

List the amount normally received. If a household member lost a job or had hours/wages reduced, use current income.

6. We are in the military. Do we report our income differently?

Basic pay and cash bonuses must be reported as income. Any cash value allowances for off-base housing, food, or clothing, or Family Subsistence Supplemental Allowance payments count as income. If housing is part of the Military Housing Privatization Initiative, do not include the housing allowance as income. Any additional combat pay resulting from deployment is excluded from income.

7. May I apply if someone in my household is not a U.S. citizen?

Yes. You, your children, or other household members do not have to be U.S. citizens to apply for free or reduced-price meals.

8. Will application information be checked?

Yes. We may also ask you to send written proof of the reported household income.

9. My family needs more help. Are there other programs we might apply for?

To find out how to apply for other assistance benefits, contact your local assistance office or 2-1-1.

10. Can I apply online?

Yes! Visit www.myschoolapps.com to begin or to learn more about the online application process. Contact Nazia Nizam, 936-709-8197, nnizam@conroeisd.net, if you have questions about the online application.

Sincerely,

If you have other questions
or need help, contact Nazia Nizam,
936-709-8197 or nnizam@conroeisd.net.

Nazia Nizam

Free/Reduced Specialist

For faster processing, you may apply online at:
www.myschoolapps.com

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The last four digits of the social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals and for administration and enforcement of federal, state, and local laws. We will not share your information with anyone other than the school district, state, or federal government. We will use the information to determine if your child is eligible for program reviews, and law enforcement officials to help them look into violations of program rules.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf> from any USDA office, by calling (866) 632-9992, or by writing to USDA, Attention: Program Discrimination Complaint, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; or (2) fax: (833) 256-1665 or (202) 690-7442; or (3) email: program.intake@usda.gov. This institution is an equal opportunity provider.

CAMPUS CODES

HIGH SCHOOL	
Caney Creek.....	011
Conroe.....	001
Conroe-9th.....	009
Grand Oaks.....	016
Washington.....	002
Oak Ridge.....	005
Oak Ridge-9th.....	015
The Woodlands.....	003
The Woodlands-9th.....	012
TW College Park.....	014
JUNIOR HIGH	
Irons.....	054
Knox.....	046
McCullough.....	053
Moorhead.....	051
Peet.....	041
Stockton.....	055
York.....	049
INTERMEDIATE	
Bozman.....	078
Clark.....	080
Collins.....	050
Cox.....	077
Cryar.....	073
Grangerland.....	068
Mitchell.....	067
Travis.....	070
Vogel.....	069
Veterans Memorial.....	056
Wilkinson.....	045
ELEMENTARY	
Anderson.....	101
Armstrong.....	107
Austin.....	102
Bartlett.....	137
Birnham Woods.....	129
Bradley.....	132
Broadway.....	127
Buckalew.....	123
Bush.....	121
Campbell.....	139
Creighton.....	106
David.....	118
Deretchin K-6.....	074
Eissler.....	138
Ford.....	112
Galatas.....	120
Giesinger.....	119
Glen Loch.....	116
Gordon-Reed K-6.....	135
Hailey.....	113
Hines.....	136
Hope.....	134
Houser.....	111
Houston.....	104
Kaufman.....	125
Lamar.....	108
Milam.....	105
Oak Ridge.....	109
Patterson.....	128
Powell.....	122
Reaves.....	124
Rice.....	114
Ride.....	117
Runyan.....	103
San Jacinto.....	115
Snyder.....	131
Stewart.....	130
Suchma K-6.....	133
Tough K-6.....	071
Wilkinson.....	126