

Healthy and Fit Committee Meeting 09/06/23

Our Safe School/Healthy and Fit Committee is made up of our ECC secretary, school counselor, two teachers, our PE coach, a parent, our custodian, two of our JH student aides, and the ECC principal.

We began the meeting by discussing what we would like to see improve for the betterment of our kids' health. Our PE coach said he would really like to see an AC installed in the gym. He said that he could spend more time on stretching, relay races, active games, etc...

The parent representative said that it would be nice if the playground had more space for playing ball or just running around in general.

Mrs. Monroe mentioned that making sure kids are playing/participating during recess and PE is important, because a few want to sit and talk.

Our counselor mentioned possibly having more training to help recognize signs of students struggling with mental health.

Coach Pineda mentioned that it could be beneficial to make sure all teachers are providing lessons on different hygiene practices.

Mrs. Martinez said that she wished the cafeteria wouldn't change the menu so often, because of the picky eaters in her class.

Meeting was adjourned.

2023-2024 HEATH AND FIT COMMITTEE MEMBERS

ZAC CRUME-PRINCIPAL
TARRA WARD-COUNSELOR
LORI MONROE-TEACHER
MARIA MARTINEZ-TEACHER
AJ PINEDA-P.E. COACH
KRISTA REESE-SECRETARY
JOELYNN AUGUSTINE-CUSTODIAN
KYLIE PEELER-PARENT
HADDIE GAMBILL-STUDENT
MCKENNA KENDALL-STUDENT