## RULES AND PROCEDURES FOR STUDENTS PARTICIPATING IN ACTIVITES AND ATHLETICS AT BURLINGTON SCHOOL DISTRICT RE-6J

Participation in school activities is a privilege available to only a portion of the student body. Special ability, interest, and effort are primary factors in determining who will represent Burlington School District. However, BSD must also be represented by students who are good school citizens and satisfactory scholars willing to abide by prescribed rules and standards. This privilege carries with it great responsibilities to the district, faculty, student body, and community. To this end, the regulations on initial infractions are designed to keep the student involved and yet provide sanctions which will encourage participants to demonstrate a positive attitude toward the school, younger students who "look up to them," and the community.

In order that the standards and ideals of Burlington School District will be upheld and uniformly enforced, the board of education has established the following rule of conduct, both in and out of school, which all students and parents of students involved, should clearly understand. Each sponsor/coach of activities/sport must enforce rules that are set below. (For clarity and understanding some definitions follow.)

Alcoholic Beverage as used in these rules shall include hard liquor as well as beer.

<u>Controlled Substance</u> as used in these rules shall include drugs not prescribed by a physician, including all drugs under the classifications of narcotics, depressants, stimulants, marijuana, and hallucinogens.

<u>Possession</u> shall mean to have acquired, or to knowingly have in their possession – individually or jointly in a group – an alcoholic beverage or a controlled substance.

<u>Guilty of a violation</u> means the student has been determined to have committed the violation after reasonable investigation and the opportunity to respond to the allegations. Self-admission of any offense allows the athletic director and principal the option of lessening the punishment according to circumstances. If a student is charged by law enforcement authorities with any offense that would, if proven, violate this policy, the student may be suspended from all extra-curricular activities and athletics until the charges are resolved.

If a participating student has been determined to be guilty of a violation, it shall be the duty of the principal and/or athletic director to declare such student ineligible to participate in any school activity. Upon completion of the suspension, eligibility is re-earned.

Without in any way limiting the prerogative of individual coaches or activity sponsors, the following prohibitions shall apply to participants in all extra-curricular activities and sports.

- 1. NO USE OR POSSESSION OF TOBACCO OR TOBACCO PRODUCTS
- 2. NO USE OR POSSESSION OF ALCOHOL
- 3. NO USE OR POSSESSION OF CONTROLLED SUBTANCE, NARCOTIC, AND/OR OTHER ILLEGAL DRUG OR DRUG PARAPHERNALIA AS DEFINED BY LAW.

## PROCEDURES:

Any student found guilty of breaking a rule will meet with the sponsor, coach, administrator, and parents or guardian for a hearing. Violation of the tobacco, drug, and alcohol policies will result in the following penalties:

**<u>First Offense:</u>** Suspension for all student activities for thirty (30) calendar days. Any suspension not served in full will be carried over to the next school year.

**Second Offense:** Suspension from all student activities for sixty (60) calendar days. Any suspension not served in full will be carried over to the next school year.

**Third Offense:** Suspension from all student activities for one (1) year.

Fourth Offense Suspension from all student activities for the remainder of their BSD RE-6J career.

Summer Activities that are School Sponsored: When violations occur during summer participation in school sponsored activities, the student will be suspended from all school sponsored summer activities, and, in addition, a suspension from extracurricular activities and/or sports will be imposed during the school year following the summer break in which the offense occurred. The extent of the suspension will depend on how many previous violations the student has, and may range from a one-game or event suspension to suspension from all student activities, including playoffs. Such suspensions will be assessed beginning with first game or event of the season or activity calendar in which the student could otherwise participate.

WARNING: Although participation in supervised interscholastic athletics and activities may be one of the least hazardous in which any student will engage in or out of school, BY NATURE, PARTICIPATIN IN INTERSCHOLASTIC ATHLETICS INCLUDES A RISK OF INJURY WHICH MAY RANGE IN SEVERITY FROM MINOR TO LONG-TERM CATASTROPHIC. Although serious injuries are not common in supervised school athletic programs, it is impossible to eliminate this risk. Participants can and have the responsibility to help reduce the chance of injury. PLAYERS MUST OBEY ALL SAFETY RULES. REPORT ALL PHYSICAL PROBLEMS TO THEIR COACHES, FOLLOW A PROPER CONDITIONING PROGRAM, AND INSPECT THEIR OWN EQUIPMENT DAILY. By signing this form, we acknowledge that we have read and understand this policy. PARENTS OR STUDENTS WHO DO NOT WISH TO ACCEPT THE RISKS AND THE RESPONSIBILITIES DESCRIBED IN THIS POLICY SHOULD NOT SIGN THIS FORM AND THE STUDENT WILL NOT BE ALLOWED TO PARTICIPATE.

(Please cut on the line and return the signed form below to the office of BES. BMS, or BHS)	
We have read and understand the Rules and Procedures for students participating in any student activities.	
We give our permission forBurlington School District.	to participate in student activities within the
Student's Signature	Parent(s)/Guardian(s) Signature
	 Date