

## Physical Examinations of Students

Parents/guardians shall be encouraged to have their children physically examined prior to entering school and again prior to the fourth, seventh and tenth grades. A dental examination also shall be strongly suggested.

In any case where physical exercise is rather strenuous (such as physical education classes) and a student has any physical impairment whatsoever, the student may be required to present authorization for such participation from a physician.

Students may be excused from physical education activities and from curricular requirements relating to physical education activities upon the statement from a physician that such participation would be injurious to their health.

Teachers shall be alert to the general well being of students and shall refer any questionable situations to the school principal.

### Parental consent

Parental consent shall be required for all examinations noted above if given by a school physician or under auspices of the school. However, parental consent shall not be mandatory to refer a student to public health or other doctors for medical services in connection with pregnancy, venereal disease, or alcohol or drug abuse. The district shall encourage students to seek health services related to such problems with or without parental consent.

As otherwise by law, parents/guardians and eligible students (students 18 years of age) shall receive notice and have the opportunity to opt a student out of any non-emergency, invasive physical examination or screening (such as routine hearing, vision, and dental screenings) that is:

1. normally required as a condition of attendance;
2. administered by the school and scheduled by the school in advance; and
3. not necessary to protect the immediate health and safety of the student, or other students.

ADOPTION DATE: January 15, 1997

REVISION DATE: April 18, 2005

LEGAL REFS.: C.R.S. 18-6-101 (abortion definitions)  
C.R.S. 25-4-402 (venereal disease diagnosis and reporting)  
C.R.S. 25-6-102 (prohibitions against restrictions regarding contraceptives)  
20 U.S.C. 1232(c) (parent consent for non-emergency physical examination or screening)

CROSS REFS.: IMBB, Exemptions from Required Instruction  
JLDAC, Screening/Testing of Students