



January 2024

Monticello Middle School BREAKFAST & LUNCH MENU

Mini Cinnamon Rolls

BBQ Rib Sandwich

Crinkle Fries, Celery

Oranges **Blueberry Parfait**

Sticks, Fruit mix, Fresh

Pancakes & Sausage

AC Spicy Popcorn Chicken

Celery Sticks, Mixed Veg,

Warm Apple Slices, Pear

Green Beans, Red Pepper

Strips, Applesauce, Fresh

Grapes

Cheeseburger

Chicken Tenders sw/ Roll

Two Cheese Salad & Roll*

AC Grilled Ham & Cheese

THURS

All Breads are whole grain SW: Sandwich All juice is 100% fruit juice

"Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness."

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk





Lemon Breakfast Bread 9 Soft Tacos Cheese Quesadilla* Chicken Ranch Wrap

AC Hamburger on a Bun

Blueberry Waffles &

Bosco Sticks & Sauce*

Chicken Caesar Salad

AC Popcorn Chicken &

Assorted Fruits and

SR: Bosco Sticks

talian Salad

Cheesy Baked Penne*

Romaine Salad, Green

Beans, Fruit Mix, Fresh

Pepperoni Pizza Bagel

Asian Chicken Wrap

Popcorn Chicken

French Toast Sticks 29

AC Grilled Ham & Cheese

Steamed Broccoli, Fresh

Carrots, Fruit Mix, Fresh

Oranges

Mac'N'Cheese

BrdStk

Veggies

Cucumbers, Baked Beans, Diced Pears, Fresh Banana

Cinnamon Toast Waffles Beef Nachos BBQ Grilled Chicken SW Buffalo Ranch Wrap AC Mini Corn Dogs

Refried Beans, Corn. Diced Pears, Fresh Banana

Apple Cinnamon Smoothie Pancakes & Syrup LTO: Turkey Barbacoa Birria Quesadilla Mini Corn Dogs AC Popcorn Chicken & BrdStkHam & Cheese Wrap AC Fish Sticks & Cheez-Its

> Waffle Fries, Romaine Salad, Diced Pears, Fresh Banana Strawberry Parfait

Bacon Cheeseburger Grilled Bacon & Cheese Cheese Sub AC Chicken Tenders Red Pepper Strips, Mashed Potatoes. Diced Pears, Fresh Banana Powdered Sugar Donut

Pancakes & Sausage Spicy Popcorn Chicken Asian Chicken Wrap AC Turkey & Cheese Sandwich Cucumbers, Peas & Carrots, Diced Peaches, Fresh Apple

Chocolate Donuts Pizza Meatball Sub Chicken Nuggets & Brdstk Turkey & Swiss Wrap

Celery Sticks, Baked Beans, Diced Peaches, Fresh Apple

AC Mini Corn Dogs

Glazed Donut Breakfast Pizza Fiestada LTO: Turkey Barbacoa Birria Quesadilla Cheese Pizzadilla* Cheeseburger Turkey Chef Salad & Roll AC Chicken Tenders & Brdstk Egg Chef Salad & Roll

Fresh Broccoli, Pepper Strips Diced Peaches, Fresh Apple

Cinnamon Sugar Donut 1 Chicken Quesadilla

Chicken Nuggets

Apple

AC Bacon Cheeseburger Sugar Snap Peas, Campfire Beans, Diced Peaches, Fresh

Turkey & Cheese Wrap

Cinnamon Roll Chicken Parmesan Flatbread Cheese Pizza*

Chicken Nuggets & Breadstick Chicken Patty Sandwich Asian Chicken Wrap AC Chicken Nuggets

FRI

Assorted Fruits and Veggies

Cinnamon Roll

Sausage Pizza Sages Chicken Sandwich Chicken Caesar Wrap

AC Cheeseburger

Romaine Salad, Cucumber Slices, Apricot Halves, Apple Cinnamon Roll

Pretzel, Yogurt, Cheese Popcorn Chicken Salad & Rol AC Cheeseburger

Chicken Patty Sandwich

Pepperoni Pizza

Fresh Spinach, Fresh Carrots Apricot Halves, Fresh Apple

Apple Breakfast Round Cheese Pizza *

Sages Chicken Sandwich Popcorn Chicken Salad & AC Chicken Nuggets & Brdstk AC Bosco Sticks & Sauce

Fresh Spinach, Fresh Carrots, Apricot Halves, Whole Apple

aramark **1** NUTRITION

This institution is an equal opportunity

Menus are subject to change.