



November 2023

Monticello Middle School

BREAKFAST & LUNCH MENU

Tater Tots M-W-F
Curly Fries T-TH

All juice is 100% juice
* Vegetarian Options

“Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.”

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk

Powering potential.



National Nacho Day Tuesday, November 7!

MON	TUES	WED	THURS	FRI
		<u>Chocolate Donuts</u> 1 Emoji Pancakes & Sausage Spicy Popcorn Chicken & Breadstick Chicken Ranch Wrap AC Chicken Patty on a Bun Celery Sticks, Baked Beans, Diced Peaches, Fresh Apple	<u>French Toast Sticks</u> 2 <u>Cookie with lunch</u> Chicken Tenders BBQ Rib on Bun Buffalo Ranch Wrap AC Spicy Popcorn Chicken & Breadstick Corn, Celery Sticks, Applesauce, Watermelon	<u>Cinnamon Roll</u> 3 Sausage Pizza <u>Sages Chicken Sandwich</u> Chicken Caesar Salad AC BBQ Rib on Bun Fresh Spinach, Red Pepper Strips, Apricot Halves, Fresh Apple
<u>Bacon, Egg, & Cheese Burrito</u> 5 Popcorn Chicken Pepperoni Pizza Bagel Asian Chicken Wrap AC Grilled Ham & Cheese Steamed Broccoli, Fresh Carrots, Fruit Mix, Fresh Oranges	<u>Pancakes & Syrup</u> 7 <u>Nachos</u> Mini Corn Dogs Ham & Cheese Wrap AC Fish Sticks & Cheez-Its Waffle Fries, Romaine Salad, Diced Pears, Fresh Banana	<u>Chocolate Donuts</u> 8 Pizza Meatball Sub Chicken Nuggets & Brdstk Turkey & Swiss Wrap AC Mini Corn Dogs Celery Sticks, Baked Beans, Diced Peaches, Fresh Apple	<u>Sausage Breakfast Pizza</u> Waffles & Sausage Cheeseburger Egg Chef Salad & Roll AC Chicken Nuggets & Brdstk Green Beans, Red Pepper Strips, Applesauce, Fresh Grapes	<u>Cinnamon Roll</u> 10 Pepperoni Pizza Chicken Patty Sandwich Chicken Caesar Wrap AC Cheeseburger Romaine Salad, Cucumber Slices, Apricot Halves, Apple
<u>Pumpkin Bread</u> 13 Orange Chicken w/ Broccoli & Rice Fish Sticks with Cheese its Buffalo Ranch Wrap AC Grilled Ham & Cheese Steamed Broccoli, Baby Carrots, Fruit Mix, Fresh Orange	<u>Peach Yogurt Parfait</u> 14 Popcorn Chicken Flatbread Bacon Cheeseburger Popcorn Chicken Wrap AC Chicken Nuggets & Breadstick Fresh Broccoli, Carrots, Diced Pears, Fresh Banana	<u>Cinnamon Sugar Donut</u> 5 Chicken Quesadilla Chicken Nuggets Turkey & Cheese Wrap AC Bacon Cheeseburger Sugar Snap Peas, Campfire Beans, Diced Peaches, Fresh Apple	<u>Sausage, Egg & Cheese Bagel</u> 6 <u>Thanksgiving Dinner</u> Turkey with Roll Mashed Potatoes with Gravy Green Beans Cinnamon Applesauce Pumpkin Fluff	<u>Apple Breakfast Round</u> 7 Cheese Pizza * <u>Sages Chicken Sandwich</u> Popcorn Chicken Salad & Roll AC Bosco Sticks & Sauce Fresh Spinach, Fresh Carrots, Apricot Halves, Whole Apple



<u>French Toast Sticks</u> 27 Pasta & Meatballs Chicken Tenders & BrdStk Buffalo Ranch Wrap AC Spicy Chicken Patty on Bun Fresh Broccoli, Green Beans, Fruit mix, Fresh Oranges	<u>Bacon, Egg & Cheese Biscuit</u> 28 <u>LTO: Spicy Tzatziki Beef Gyro</u> Grilled Bacon & Cheese Cheese Sub AC Chicken Tenders Red Pepper Strips, Mashed Potatoes, Diced Pears, Fresh Banana	<u>Powdered Sugar Donut</u> 9 Chicken Dumpling & Fried Rice Spicy Popcorn Chicken Asian Chicken Wrap AC Turkey & Cheese Sandwich Cucumbers, Peas & Carrots, Diced Peaches, Fresh Apple	<u>Blueberry Parfait</u> 30 <u>LTO: Spicy Tzatziki Beef Gyro</u> Cheeseburger Popcorn Chicken Salad & Roll AC Spicy Popcorn Chicken Celery Sticks, Mixed Veg, Warm Apple Slices, Pear
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Offered Daily:
1% White & 1% Chocolate

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STUDENT NUTRITION

This institution is an equal opportunity provider.

Menus are subject to change.