

September 2023

Monticello Middle School MENU

Daily Milk Options: 1% White, 1%	MON	TUES	WED	THURS	FRI
Strawberry, & 1 % Chocolate	_	_	_		Cinnamon Roll Pepperoni Pizza Chicken Patty on a Bun Chicken Caesar Wrap
Tater Tots M/W/F & Curly Fries T/TH					AC Cheeseburger on a Bun
100% Juice offered		Peach Yogurt Parfait	Cinnamon Sugar Donut	Blueberry Waffles	Romaine Salad, Cucumber Slices, Apricot Halves, Fresh Whole Apple Apple Breakfast Round
Daily *Vegetarian Options		Popcorn Chicken Flatbread Bacon Cheeseburger Popcorn Chicken Wrap	Chicken Quesadilla Chicken Nuggets Turkey & Cheese Wrap	Buffalo Chicken Mac & Cheese Bosco Sticks & Sauce* Chicken Caesar Salad	Cheese Pizza * Chicken Patty on Bun Popcorn Chicken Salad & Roll
vegetarian Options	No School!	AC Chicken Nuggets & BrdStk	AC Bacon Cheeseburger	AC Popcorn Chicken & BrdStk	AC Bosco Sticks & Sauce
		Fresh Broccoli, Carrots, Diced Pears, Fresh Banana	Fresh Zucchini, Pinto Beans, Diced Peaches, Fresh Apple	Celery Sticks, Mixed Veg, Applesauce, Fresh Pear	Fresh Spinach, Fresh Carrots, Apricot Halves, Fresh Whole Apple
All Lunches <u>Must</u> Include	French Toast Sticks Pasta & Meatballs Chicken Tenders & BrdStk Buffalo Ranch Wrap AC Spicy Chicken Patty on Bu	Red Pepper Strips, Mashed	Powdered Sugar Donut Chicken Dumpling & Fried Rice Spicy Popcorn Chicken Turkey & Cheese Sandwich AC Asian Chicken Wrap	Blueberry Parfait French Toast & Sausage Cheeseburger on a Bun* Popcorn Chicken Salad & Roll AC Spicy Popcorn Chicken	Cinnamon Roll 15 Pepperoni Pizza 15 Chicken Patty on a Bun Pretzel, Yogurt, Cheese Plate* AC Veggie Burger on a Bun*
Choice of: Fruits and/or	Fresh Broccoli, Green Beans, Fruit mix, Fresh Oranges	Potatoes, Diced Pears, Fresh Banana	Cucumbers, Peas & Carrots, Diced Peaches, Fresh Apple	Warm Apple Slices, Fresh Pear	Fresh Spinach, Fresh Carrots Apricot Halves, Fresh Apple
Vegetable And May Include: 1% Low-Fat Milk	Mini Cinnamon Rolls 18 Mac & Cheese Turkey Burger on a Bun Two Cheese Salad & Roll* AC Grilled Ham & Cheese	Cinnamon Toast Waffles Beef Nachos Grilled Chicken on a Bun Baja Vegetable Salad & Roll* AC Turkey Burger on a Bun	Glazed Donut Popcorn Chicken Bowl	Breakfast Pizza BBQ Chicken Flatbread Chicken Nuggets & Breadstick AC Bosco Stick & Sauce	Cinnamon Roll Cheese Pizza* Chicken Patty On a Bun AC Chicken Nuggets
IVIIIK	Crinkle Fries, Celery Sticks, Fruit mix, Fresh Oranges	Refried Beans, Corn, Diced Pears, Fresh Banana	Fresh Broccoli, Pepper Strips Diced Peaches, Fresh Apple	Tater Tots, Fresh Cucumber, Applesauce, Fresh Strawberries	Fresh Carrots, Mixed Vegetables, Apricot Halves, Fresh Apple
Powering potential.	Pink Lemonade Smoothie SR: Bosco Sticks Cheesy Baked Penne* Hamburger on a Bun AC Popcorn Chicken & BrdStk	26 Soft Tacos Cheese Quesadilla* AC Hamburger on a Bun	Chocolate Glazed 27 Emoji Pancakes & Sausage Spicy Popcorn Chicken & BrdStk AC Chicken Ranch Wrap	French Toast Sticks 28 Chicken Tenders BBQ Rib on a Bun AC Spicy Popcorn Chicken & BrdStk	Cinnamon Roll29Sausage PizzaChicken Patty on a BunAC BBQ Rib on a Bun
	Romaine Salad, Green Beans, Fruit Mix, Fresh Oranges	Cucumbers, Baked Beans, Diced Pears, Fresh Banana	Fresh Carrots, Green Beans, Peach Slices, Fresh Apple	Corn, Celery Sticks, Applesauce, Fresh Watermelon	Fresh Spinach, Red Pepper Strips, Apricot Halves, Fresh Apple

Menus are subject to change.

