November 2023 Breakfast is the first menu and includes fruit & juice. All meals include milk. Menu is subject to change. This institution

is an equal opportunity provider.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|--|
| | | 1.French Toast Sticks Salisbury Steak Mashed Potatoes W/Gravy Glazed Carrots Bread & Butter Peaches | 2. Biscuit & Gravy Breaded Chicken Sandwich Potato Smiles Broccoli & Cheese Fruit Salad | 3. Mini Cinnis Corn Dog Lays Chips Celery & Carrots W?Dip Apple |
| 6.Scrambled Eggs W/Cheese BBQ Riblet on Bun Tater Tots Baked Beans Pineapple | 7.Donut Country Fried Steak Mashed Potatoes & Gravy Green Beans Bread & Butter Applesauce | 8. Apple Frudel Chicken Quesadilla W/ Salsa & Sour Cream Nachos & Cheese Corn Mango | 9. French Toast Tornado Pizza Lettuce Salad Peaches Brownie | 11. Muffin Ham & Cheese on Bun Sun Chips Cauliflower & Broccoli W/Dip Oranges |
| 13. Long Johns Cod Square on Bun French Fries Coleslaw Pears | 14. Breakfast Bagel Turkey W/Dressing Mashed Potatoes W/ Gravy Green Bean Casserole Cranberries Dinner Roll Pumpkin Bars | 15. Bacon Egg & Cheese Tornado Spaghetti W/ Meat sauce Bosco stick Green Beans Fruit salad | 16. French Toast Sticks PB&J Uncrustable Ruffles Carrot Stick Grapes | 17. NO SCHOOL |
| 20. Mini Cinnis Grilled Chicken on Bun Potato Smiles Corn Pear | 21. Apple Frudel Pork Fritter on Bun Potato Wedges Green Beans Apple | 22. NO SCHOOL | 23. NO SCHOOL | 24. NO SCHOOL |
| 27.Biscuit & Gravy Taco Supreme W/Tostitos, Lettuce, Tomatoes, Sour Cream, Salsa Refried Beans Pineapple | 28. Pancakes & Sausage Beef & Noodles Mashed Potatoes Glazed Carrots Bread & Butter Mandarin Oranges | 29.Scrambled Eggs W/Cheese Cheeseburger on Bun Seasoned Fries Baked Beans Fruit Salad | 30. Pop Tarts Chili W/ Crackers Cheese PB&J Uncrustable Peaches | |