

# October 2023

Breakfast is the first meal and includes fruit & juice. All meals include milk. Menu is subject to change. This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2. Breakfast Bagels Pizza Lettuce Salad Peaches Brownie	3. Donuts Country Fried Steak Mashed Potatoes w/Gravy Green Beans Dinner Roll Applesauce	4. Bacon, Egg, & Cheese on Bun Chili W/Crackers & Cheese PB&J Uncrustable Mango	5. French Toast Tornado BBQ Pork On Bun Curly Fries Baked Beans Pineapple	6. Scrambled Eggs W/Cheese Hot Dog on Bun Doritos Tomatoes & Broccoli w/ Dip Pears
9.  NO SCHOOL	10. Muffins BBQ Chicken on Bun AuGratin Potatoes Corn Applesauce	11. Mini Cinni Sloppy Joe Potato Wedge Baked Beans Fruit Salad	12. Pancakes & Sausage Spaghetti W/Meat Sauce Bosco Stick Green Beans Grapes	13. Pop Tarts PB&J Uncrustable Chips Carrot Sticks Apple
16. Scrambled Eggs W/Bacon & Cheese BBQ Riblet on Bun Mac & Cheese Glazed Carrots Pineapple	17. Breakfast Pizza Taco Supreme W/Tostitos, Lettuce, Tomatoes, Sour Cream, Salsa Refried Beans Mango	18. Apple Frudel Chicken Tenders French Fries Broccoli W/Cheese Peaches	19. Biscuit & Gravy Chicken Quesadilla W/ Salsa & Sour Cream Nachos & Cheese Corn Fruit Salad	20. Long Johns Turkey & Cheese on Bun Potato Smiles Carrots & Celery W/Dip Grapes
23. Muffin Chicken Tetrizzini Bosco Stick Peas Pears	24. Ham, Egg, & Cheese on Bun Cod Square on Bun Potato Salad Cole Slaw Applesauce	25. Breakfast Burrito Meatloaf Baby Bakers Green Beans Dinner Roll Mandarin Oranges	26. Breakfast Bagels Ham & Cheese on Bread Ruffles Broccoli W/ Dip Pear	27.  NO SCHOOL
30. Bacon, Egg, & Cheese Tornado Beef Stew Cottage Cheese Dinner Roll Applesauce	31. Breakfast Pizza Chicken Fajita W/Sour Cream & Salsa Mexican Rice Fiesta Corn Mango			

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