### SOLEN PUBLIC SCHOOL

### SCHOOL ACTIVITIES – CODE OF CONDUCT

We welcome and encourage our students to participate in the activities offered by Solen Public School. These activity programs exist for the development of skills, attitudes, and self-esteem. Activities enhance the physical, social, emotional, and intellectual growth of our students.

Participation in a Solen Public School activity program is a privilege, requiring students to uphold high standards of citizenship, conduct, and appearance. These standards are expected of all students representing Solen Public School and the communities of Solen and Cannon Ball. To participate in a school activity, both parents/guardians and students must sign this code, accepting the terms, conditions, and rules set forth by Solen Public School, the North Dakota High School Activities Association, and the coach of each activity.

Parents/guardians are encouraged to be positive and supportive in their relationships with coaches. A team effort between parents/guardians, the school, and participants is needed. Positive communication between parents/guardians and coaches is highly encouraged.

## CODE OF CONDUCT/MEDICAL RELEASE FORM

All activity participants, along with parents/guardians, are required to read and sign this Code of Conduct/Medical Care Release Form. This form must be completed every year. Activity participants are NOT ALLOWED TO PARTICIPATE IN A CONTEST, GAME, PERFORMANCE, OR OTHER INTERSCHOLASTIC EVENT until a current Code of Conduct/Medical Care Release Form is on file with the Athletic Director of Solen Public School.

### **PHYSICALS**

All athletes are required to have a physical signed by a physician and the participant's parents/guardians, certifying that the participant has passed an adequate physical examination. Only physical forms dated from April 15 or later are accepted for the coming school year. Participants are NOT ALLOWED TO PRACTICE until the form is on file with the Athletic Director.

### SCHOLASTIC ELIGIBILITY

# Junior High (Grades 7-8) Eligibility

- 1. Students must be passing at least 6 of 7 classes to participate in activities. Grades are checked every Monday. If a student is passing at least 6 classes, they are eligible until the next Monday. If they are not passing at least 6 classes, they are ineligible until the next Monday.
- 2. Any Solen Junior High student participating on a Solen High School team must be passing ALL classes to remain eligible for that high school activity.
- 3. Failure to pass at least 6 of 7 classes at the end of a trimester results in ineligibility for four weeks in the following trimester.
- 4. NDHSAA semester limits apply: students are eligible for only two semesters in 7th grade and two semesters in 8th grade, beginning with the first semester of entrance in each grade. Repeating a grade makes the student ineligible.
- 5. Junior high students are limited to one season per sport/activity per school year.
- 6. No more than six semesters in a three-year junior high or four semesters in a two-year junior high are allowed.
- 7. Age limits: A 7th or 8th grader is ineligible if they turn 16 before September 1 of the school year.

## High School (Grades 9–12) Eligibility

- 1. Students must be enrolled in at least 5 classes each trimester and passing at least 5 classes to participate. Grades are checked every Monday. If a student is passing at least 5 classes, they are eligible until the next Monday. If not, they are ineligible until the next Monday.
- 2. Failure to pass at least 5 classes at the end of a trimester results in ineligibility for four weeks in the following trimester.
- 3. NDHSAA rules limit students to no more than four seasons in any one activity during grades 9–12.
- 4. Students have only eight consecutive semesters (four consecutive years) of eligibility starting with their first semester of 9th grade.
- 5. Students may participate in only one season per activity per year.
- 6. A student may not participate after their eighth semester unless they are under 18 years old. Special waivers for one or two additional semesters may be granted by the NDHSAA Executive Secretary for life-threatening illness or other exceptional reasons, provided the student is academically eligible and has not reached their 20th birthday.

### **Attendance Requirement**

Students must be in attendance for the full school day on the day of competition unless prior approval is granted by the Athletic Director or Building Principal.

# CITIZENSHIP/SPORTSMANSHIP

School activity participants are expected to exhibit good citizenship and sportsmanship while at school and in the community. The conduct and behavior of participants is closely observed in many areas of school life and is a direct reflection of themselves, their parents, the school, the community and the coach. Participants will be courteous and show respect for people and property. Poor citizenship and poor sportsmanship will be determined by coaches and school administrators and may result in suspension from one to six weeks from school activities. Poor citizenship will include but is not limited to: vandalism, theft, false fire alarms, bomb scares, abusive language, fighting and severe misconduct on bus trips.

# **SPECIFIC TEAM/ACTIVITY RULES**

Individual programs may have additional training rules that apply to students. Program participants will be made aware of any specific program rules that exist. The Athletic Director will approve specific program rules. Ability alone does not guarantee a position in any activity. Dedication, cooperation, practice, teamwork, fundamentals and respect for team rules are required.

## **PRACTICE & GAME ATTENDANCE**

Activity participants are expected to attend all practices and games while in season. In certain situations, participants will need to be absent for justifiable reasons and are considered 'excused absences.' However, 'unexcused absences' may result in suspension from school activities. Excused and unexcused absences will be determined by coaches and school administrators and may vary from sport to sport depending upon specific circumstances.

## SUSPENSIONS AND EXPULSIONS

A participant who receives an out-of-school suspension or expulsion for any part of the school day shall not be allowed to participate in any event for the entire day. Furthermore, a participant shall not be allowed to practice or attend school-sponsored events until this type of suspension/expulsion is completed. A participant who receives an in-school-suspension may be ineligible for participation in school activities. Participation will be decided by the administration and coach of the activity affected based upon the severity and circumstances leading to the in-school-suspension.

## **ALCOHOL, TOBACCO AND DRUGS**

Use or possession of tobacco, alcohol, narcotics, drug paraphernalia or other controlled substance defined by North Dakota law is prohibited. Any student who uses or possesses any of these substances will be suspended from all competitions beginning when the Principal or Athletic Director is NOTIFIED by the student, parent/guardian or law enforcement.

- 1. First offense of the school year 6 weeks suspension
- 2. Second and subsequent offenses in the same school year additional 18 weeks for each offense

3. Summer infractions will carry a six week suspension from the date and time the notification is given to the school administrator. Summer infractions shall not figure into a student's violation when determining multiple infractions during a school year. Summer infractions could occur from the last contest in the spring to the first practice in the fall. Multiple summer infractions will result in a maximum of two contests per infraction.

# SCHOOL ACTIVITIES – CODE OF CONDUCT AND MEDICAL CARE RELEASE

We, the undersigned student and parents/guardians, have carefully read the Solen Public School Code of Conduct for School Activities and acknowledge our acceptance of and commitment to follow its rules and regulations.

We further acknowledge that we have been properly advised, cautioned, and warned that participation in school activities carries a risk of serious injury, including but not limited to sprains, fractures, ligament/cartilage damage, brain damage, paralysis, or even death. Despite this warning, we give our consent for the student to participate in Solen Public School Activities.

Student Signature:	
Parent/Guardian Signature:	
EMERGENCY MEDICAL CARE RELEASE	
We, the parents/guardians, hereby grant permission for the attending phy	
emergency medical personnel to carry out any necessary medical or first (full name of student) in case of emergency. We every effort will be made to contact us before any procedures are undertagency.	e understand that
Furthermore, we acknowledge that the Solen Public School District does reprovide medical insurance for participants in school activities. All such coresponsibility of the parents/guardians.	•
Date:	
Parent/Guardian Signature:	