

Dubuque Area Child and Adolescent Outpatient Therapists

**** Please refer to the individual agency/therapist website for additional information regarding the most up to date providers, specialty of therapists, hours of operation, and insurances accepted.

Agencies	Agencies
A Mindful Journey 2600 Dodge St. Suite D4 Dubuque https://www.amindfuljourney.com Melissa Anderson, LISW (563)207-1925 Rich Corfman, LISW (563)513-5908 Shana Kutsch, LISW (563)663-0670 Mindy Finn, LMHC (563)587-8428 Matthew Mihalakis, LMHC (563) 580-5518 Heather Muntz, LISW (563) 341-7188 Patricia Ochs, LISW (563) 235-9978 Jamie Klein, LISW (563) 588-6792 Julia Updegraff, LMHC (563) 223-8040	Harbor Wellness & Counseling 805 Century Drive, Suite 5 https://www.harbourwellness.com Grace Ashbrook, LMHC (563) 580-0797 Blair Birkett, LMHC (563) 270-0868 Kate Bechen, LISW (563) 599-9685 Lori Ollendick, LMHC (563) 556-4961 Melissa Digmann, LISW (563) 265-1299 Gwen Merfeld, tLMHC (563) 484-4052 Wendy Woolf, LMHC (630) 220-3527 Dieunn Musser, LMHC (563) 341-7181 Jennie Null, LMHC (563) 412-5771
Catholic Charities 1229 Mt. Loretta Dubuque (563)588-0558 https://catholiccharitiesdubuque.org/counseling Rosa Salazar, MA, LMFT* Amy Mahoney, LISW Todd Ostwinkle, LMHC Kaitlin Gudenkauf, LMFT Sarah Thomas, LMFT Julianne Klesel, LISW Julianne Klesel, LISW Lori Eastwood, LISW Sr. Rita Menart, LMHC* *=Bi-lingual Counselor	Hillcrest Mental Health Center 2435 Hillcrest Rd. Dubuque (563)582-0145 https://hillcrest-fs.org/services/mental-health-counseling Nicole Nesbit, tLMHC Jamie Oler-Harrop, LMSW Alicia Ernst, LMSW Maggie Fredick, tLMHC
Compass Counseling 2728 Asbury Rd. Suite 650 Dubuque (563) 564-4114 https://compasscounselingdbq.com Ashlee Weber, LMHC Megan Amos, LMHC	Journeys Counseling 2254 Flint Hill, Drive, Suite 2 Dubuque https://www.journeyscounselingdbq.com Laura Hoffmann, LMHC (563) 845-3993 Heidi Willmarth, LMHC (413) 628-1083
Covenant Family Solutions 505 Cedar Cross Rd. Dubuque (888) 336- 9661 https://covenantfamilysolutions.com/locations/dubuque-clinic Tassie Crews, LMSW Reid Mettert, LMHC Andrea Miler, TLMFT Hannah Turner, LMSW Alison Schneider, LMSW Laura Thorp-Lancaster, LMSW	Lutheran Services in Iowa 2255 JFK Rd. Dubuque (563)582-0044 https://lsiowa.org/therapy/find-a-therapist Lindsey Darrouzet, LMSW Nicole McGreevy, tLMHC James Guentherman, LMHC Jennifer Dolson, LMHC Martha Nowacki, tLMHC
Crossroads 300 Main St. Suite 230 Dubuque (563)556-0699 https://crossroadsdbq.com Yvette Saeugling, LISW Antonia Frost, LMSW Ronda Jasper, LMHC Jennifer Gremmel, TLMHC Valerie Weiser, MSW	Lynn Lutze, PHD, LPC 7407 Thunder Valley Drive Peosta (563) 228-8828 https://www.psychologytoday.com/us/therapists/lutze-consulting-llc-peosta-ia/292020
CWM Counseling 3343 Center Grove Dr. Ste A Dubuque (608) 348-5088 https://www.cwmcounseling.com Marie Even, LISW Grow in Balance Counseling & Wellness 7462 Thunder Valley Dr. Suite 4 Peosta (319) 536-3534 https://growinbalancewellness.com Candice Cox, LMHC Kim Heiar, LMHC	Medical Associates 1000 Langworthy Dubuque (563)584-3440 (563) 584-3500 https://www.mahealthcare.com/health-services/behavioral-mental-health Martha Gould, PhD Psychologist Ashley Arens, PHD Nicole Brehm, LISW Jessica Hanson, LMHC Amy Miller, PHD Alec Anderson, PsyD Aaron Whitney, PhD Tom Ottavi, PHD Patty Nieto-Caceres, LMHC Juan Arjona, LMHC Benjamin Kunz, PsyD Prairie Home Wellness & Counseling 218 West 1st Street, Suite A Monticello (319) 595-2696 Lacy Orcutt, LMFT https://www.prairiehomewellness.com

Agencies	Family Services
New Moon Counseling Alliance Locust St. Dubuque https://www.newmooncounselingalliance.com Loey Sawvell, LMHC Abby Bottorff, tLMHC Rachel Nauman, LMSW Amanada Reynolds, LISW	Child Health Specialty Clinic 1789 Elm St. Dubuque (563) 556-3700 https://chsciowa.org
Restoring Wellness 210 Jones St Door H Dubuque https://restoring-wellness.org Brandee Kohnen, LISW (563) 265-1427 Chloe Heberlein, tLMHC (563) 241-5566 Kate Burks, LMFT (563) 663-9166	Families First 2774 University Ave Ste D Dubuque (888) 316-3025 https://www.families-first.net/locations/dubuque
Rise Counseling & Consulting https://www.risecounselingandconsulting.com (319) 224-0722 308 1st Ave. W Cascade 1021 2nd Ave SE Suite 2 Dyersville 101 North Main Street Maquoketa 100 North Franklin Street Manchester 8411 Peosta Commercial Court Suite #6 Peosta	Life Connections 210 Jones St. Dubuque (563) 265-8694 https://life-connections.org/mental-health-therapy Independent Practitioners Asbury Counseling Services Rhonda Gotto, LISW 3500 Dodge St Ste 205 (563) 588-3500 http://www.asburycounseling.com
Sunrise Therapy & Counseling 216 W. 1st St. Monticello (319) 481-2221 http://www.sunrisetherapyandcounseling.com Nicole Monk-Stoneking, LISW Johna Phillipson, LMSW Meghan Rupp, LMSW Weber Counseling – Gregory Weber, LMHC 2100 Asbury Road Suite 5 Dubuque (563) 259-6125 3 Willows Wellness 2223 Key Way Dr., Suite A Dubuque (563) 556-5000 https://www.3willowswellness.com Loie Poll, Ph. D. Brigid Rahlff, Ph. D Cathy McDermott, LISW Abigail Leib, LISW Cathy Esser, LISW	Claire Hunt Counseling 810 Locust St. Dubuque (563) 275-6445 https://www.psychologytoday.com/us/therapists/claire-hunt-dubuque-ia/330694 JDR Counseling – Joel Reicks, LMHC 3388 Kennedy Circle Suite 1 Dubuque (563) 519-8288 https://www.jdrconcounselingservices.com Jon Filitti, LMHC 2728 Asbury Rd. #950 Dubuque (563) 543-7471 https://www.filitticounseling.com
Sexual and Domestic Assault Services Riverview Nesler Center, Suite 370 Dubuque https://riverviewcenter.org (563)557-0310	Homb Therapy - Julie Homb 3388 Kennedy Circle, Suite 1 Dubuque (563) 580-1990
Walk In Center Hillcrest Family Services - A New Day Walk In Center 2505 Wilbriht Lane Dubuque (563) 265-6798	Waves Healing Therapy Stefanie Dingbaum 105 E Butler Street Manchester (563) 674-6012 https://www.psychologytoday.com/us/therapists/stefanie-dingbaum-manchester-ia/1151741

****This list is not exhaustive, nor an endorsement of any party. It is the responsibility of the guardian to check references and/or current licensure of counselor. Speak to the counselor directly about concerns and/or discontinue the relationship if there is something troubling or ineffective about the counseling or counselor.**