



**PARENT/ATHLETE
INFORMATION
MEETING
WINTER SPORTS
2023-2024**

TIGER ATHLETICS

BREAKOUT SESSIONS

- **BOYS BASKETBALL—MAIN GYM**
- **BOYS WRESTLING—AUXILIARY GYM**
- **GIRLS BASKETBALL—LITTLE THEATER**
- **GIRLS WRESTLING—LIBRARY**
- **MIDDLE SCHOOL WRESTLING—COMMONS
AREA**

TONIGHT'S AGENDA

- Expectations for Student/Athletes
- Forms and Stuff
- Communication!
- Keys to Success!

EXPECTATIONS FOR STUDENT ATHLETES

ATHLETES ARE EXPECTED TO ATTEND SCHOOL

- A student/athlete must be in school by 9:00 a.m. to participate in practice or games.
- If game or practice is on Saturday or vacation day you must be in school for the final 3 Periods the day before.
- These rules apply to practices, games and team activities.
- **Extenuating circumstances will be given consideration by the Coach, Principal and AD.**
 - Family Matters, Dr. Appointments, College Visits, etc.
- **PLEASE CONTACT THE ACTIVITIES OFFICE IN ADVANCE!**

ATHLETES ARE EXPECTED TO FOLLOW SCHOOL RULES AND POLICIES

- Athletes are not allowed to participate in practice or competition on the day of any Out of School or In School Suspension.

ATHLETES ARE EXPECTED TO RIDE SCHOOL TRANSPORTATION TO EVENTS

- Students are expected to utilize school transportation to competitions at other schools.
- Students are NOT permitted to provide their own transportation to these contests.
- **Certain circumstances may require an exception to this rule.**
- **PLEASE CONTACT THE ACTIVITIES OFFICE IN ADVANCE!**

ATHLETES ARE EXPECTED TO RIDE SCHOOL TRANSPORTATION TO EVENTS

- Students are encouraged to utilize school transportation back from competitions at other schools.
- Students are NOT permitted to provide their own transportation from these contests.
- Students may be released to parents or grandparents after contests.
 - School issue permission form must be used.
- **Certain circumstances may require an exception to this rule.**
- **PLEASE CONTACT THE ACTIVITIES OFFICE IN ADVANCE!**

ATHLETES ARE EXPECTED TO OBEY THE LAW

Prohibited Activities Among Athletes

- The possession, sale, use, or distribution of:
 - TOBACCO
 - ALCOHOL
 - OTHER CONTROLLED OR MOOD ALTERING SUBSTANCES (ILLEGAL DRUGS).
- CRIMES AGAINST PERSONS OR PROPERTY.

WHAT HAPPENS IF YOU DON'T OBEY THE LAW

- **1st Violation:** The participant will be suspended for two (2) consecutive calendar weeks or two (2) consecutive activity events, whichever is the greater length.
- **2nd Violation:** The participant will be suspended for six (6) consecutive calendar weeks or six (6) consecutive activity events, whichever is the greater length.
- **3rd Violation:** The participant will be suspended from all school activities and positions of leadership for a period of 12 calendar months.

MORE OF WHAT HAPPENS IF YOU DON'T OBEY THE LAW

- **State Law (paraphrased):** Any person found guilty of possession, use, or distribution of controlled drugs or substances or marijuana is ineligible to participate in any extracurricular activity for one calendar year.

FORMS AND STUFF

PHYSICALS AND CONSENT FORMS

Athletes aren't allowed to practice until completed!!

- Consent and Concussion Awareness Packet.
- Physical and Medical History Form.
 - Sent via e-mail this Spring and Summer.
 - Can also be found on the High School Website.
 - Copies available at Gym Entrance in Commons tonight.

CONCUSSION BASELINE TESTING

- Baseline testing required for participation
 - Students entering Grade 7.
 - Students entering Grade 10.
 - Students new to the district.
- This is handled by the Athletic Training staff.
 - Ask your coach to put you in touch.

EXPECTATIONS FOR ATHLETES, PARENTS AND FANS

PLEASE PRACTIC GOOD SPORTSMANSHIP

- BEHAVE IN A MANNER THAT:
 - Preserves the Dignity of and Shows Respect for:
 - Players/Coaches/Officials.
 - Supports our team in a positive manner.

COMMUNICATION IS GOOD!

- **We encourage communication in our programs at Harrisburg High School.**
- **Let's get concerns and questions out in the open and resolve matters as they arise.**
- **Let's talk and understand expectations and roles for athletes within the program.**

HOW DO WE GO ABOUT STARTING THESE CONVERSATIONS?

1. First the Athlete must talk to Coach

- The best place to solve issues is with the parties directly involved.

2. Parents may schedule a meeting with the Coach.

- Do not approach Coaches at or after practices or events.
 - Set up an appointment for a face-to-face conversation no sooner than 24 hours after an event.
- Do not text or e-mail your concerns to the coaches.
 - Set up an appointment for a face-to-face conversation at the school.

**WE'VE FOLLOWED THOSE STEPS
BUT STILL HAVE QUESTIONS.
NOW WHAT?**

**3. Parents may schedule a meeting with the
Activities Director**

- Only after the first two conversations have taken place.

WHAT CAN WE TALK ABOUT IN THESE CONVERSATIONS?

- **The treatment of athletes by school personnel or teammates.**
- **Ways that an athlete can improve.**
- **Concerns about your athlete's behavior.**

WHAT WILL WE NOT TALK ABOUT IN THESE CONVERSATIONS?

- **Playing Time.**
- **Position in the line up/Position played on the court/field.**
- **Team Strategy.**
- **These are the Coaches' decisions.**
 - **We as parents and fans don't have to agree with them.**
 - **We do need to respect them.**
- **Please let the Coaches coach.**

FINALLY!

- **Students, you'll need to continue to develop good time management skills.**
- **Students, communicate with your parents!**
- **Students and Parents, please communicate with the coaching staff about issues you may be having.**
- **Understand the expectations increase each year your child progresses in a sport.**
- **Things can change for athletes as they progress in their sport.**

THANK YOU!!

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