

Breakfast & Lunch Menu (TK-K)



Milk is offered at each meal.
Menu subject to change without notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
13 Cinnamon Toast Crunch Sunrise Grahams Banana Apricot Cup	14 Homemade Ham & Cheese Sunrise Sandwich Apple Slices Dried Cherries	15 Scrambled Eggs w/Bacon English Muffin & jelly Raisins Wild Berry Juice	16 Blueberry Bagel w/Cream Cheese Apple Slices Banana	17 Pancake Sausage Stick Tater Tots Strawberry Cup
Seasoned Bean Burrito Crisp Green Salad w/corn Mini Produce Bar: Baby Carrots Dried Cranberries	BBQ Baked Chicken Mashed Potatoes Mini Produce Bar: Broccoli Bites Apricot Cup Corn Muffin	Smoked Turkey Sub Sand- wich Lettuce, Tomato, Pickle Chocolate Chip Cookie Mini Produce Bar: Carrots & Celery Orange Wedges	Salsa Chicken Spanish Rice Fresh Edamame Mini Produce Bar: Crisp Green Salad Mango Chunks	Birria Pupusa Refried Beans Mini Produce Bar: Jicama Sticks Fresh Apple Pear
20 HOLIDAY	21 Fun & Fruity Waffle Raisins Banana Pasta with Meat Sauce Garlic Cheese Bread Crisp Green Salad Mini Produce Bar: Broccoli Bites Sliced Pears	22 Sausage Biscuit Sandwich Apple Slices Dried Cherries French Bread Pizza Mango Chunks Mini Produce Bar: Fresh Edamame Baby Carrots	23 Pan Dulce Banana Wild Berry Juice Home-Style Chicken Ten- ders Seasoned Curly Fries Mini Produce Bar: Sweet Golden Corn Cool Blue Razz Icee	24 Raspberry Breakfast Square Raisins Apricot Cup Teriyaki Chicken & Rice Bowl Crisp Green Salad Mini Produce Bar: Broccoli Bites Pineapple Spear Fortune Cookie
27 Honey Wheat Breakfast Bar Banana Dried Cranberries Cheeseburger Meatloaf Mashed Potatoes Aloha Roll Mini Produce Bar: Broccoli Bites Orange Wedges Raspberry Lemon Icee	28 Ham & Swiss Croissant Apple Slices Fruit Cup Crispy Beef Tacos Lettuce, Diced Tomato Jicama Sticks Mini Produce Bar: Golden Apple Pear	29 Fresh Baked Banana Choc Chip bread Wild Berry Juice Apple Slices Pepperoni Pizza Crisp Green Salad Sweet Golden Corn Mini Produce Bar: Orange Wedges Mini Rice Krispy Treat	30 Pear Yogurt Parfait with Granola Apple Slices Crispy Chicken Sandwich Lettuce, Tomato, Pickle Mini Produce Bar: Baby Carrots Sliced Pears Chocolate Chip Cookie	31 Sausage Breakfast Pizza Dried Fruit Orange Wedges Uncrustable PB & J String Cheese Carrots & Celery Mini Produce Bar: Crisp Green Salad Fresh Edamame Banana

ALL STUDENTS are eligible to receive **FREE** school Breakfast & Lunch at **NO CHARGE**. No application required!



Save the Date / Guarde la Fecha

FEBRUARY 21, 2025

3PM - 5PM

INNOVATIVE HORIZONS CHARTER SCHOOL

