



NYS Apples

# September 2025 K-12



# Breakfast Cattaraugus LV



Monday	Tuesday	Wednesday	Thursday	Friday
1 Happy Labor Day!!  	2 Frudel  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	3 French Toast Sticks W/Syrup  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4 Breakfast Sandwich  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	5 Muffin W/Yogurt  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
8 French Toast Sticks W/ Syrup  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	9 Caramel Cinni Mini  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	10 Breakfast Wrap  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	11 Muffin W/ Yogurt  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	12 Frudel  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
15 French Toast Mini Berry  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	16 Frudel  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	17 Bagel W/ Assorted Toppings  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	18 Breakfast Pizza  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	19 Cinnamon Roll  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
22 Grape Crescent  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	23 Muffin W/Yogurt  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	24 Caramel Cinni Mini  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	25 Fruit & Yogurt Parfait  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	26 Breakfast Wrap  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
29 Frudel  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	30 Muffin W/Yogurt  4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	1     	2     	3     

## NYS LOCAL FOODS

\*Upstate Farms  
Milk, Yogurt, Sour Cream  
Eden Valley Growers  
Assorted Varieties of Apples  
Eden Valley Growers  
Assorted Fruits & Vegetables  
used in Meal Program  
highlighted in green

## Breakfast Options Daily

\*Daily Entrée-1 (2g) or

# WELCOME BACK

## Offered with all Breakfasts

\*Whole Grain (WG) Entrees

\*Daily Selection of

Fresh or Prepared Fruit

100% juice -1/2 cup

may take up to 1 cup

\*NY State Non-Fat or 1% White Milk  
8oz

Approved by PTFS Dietitian: Perry Schmidt, MS, RD, CDN



If your student has a particular food allergy,  
please contact the food service office @  
(716)771-8685

Student \$0.00