

UIL link:

<https://www.uil texas.org/policy/tea-uil-side-by-side/admission#enrollment>

Key Points for Athletic and Marching Band Periods: The same schedule (traditional or non-traditional) shall be mandated throughout the semester. No additional time is allowed under any of the scheduling configurations described above for athletics or marching band performance preparation. Practice for athletics or extra-curricular marching performances is not allowed during tutorials, homeroom, or non-related academic periods.

#### Two Class Periods for Single Extracurricular Activity & PE Class Limits

**(6) Is it OK to practice for a single extracurricular activity more than one class period during the school day?** No. 19 TAC §76.1001 (e) (1) and (2) address this issue. The State Board of Education has expressly stated in rule that a student may practice an extracurricular activity such as athletics OR drill team OR cheerleading during one period of the day. This does not mean one period each, but rather a period for any one of the “pure” extracurricular activities.

The rationale of this limitation complies with the intent of TEC §33.081 (a) and TEC §7.102 (c) (27), which gives authority to the Commissioner of Education to limit extracurricular participation during the school day and school week. Furthermore, TEC §33.081 (a) states, “The rules must, to the extent possible, preserve the school day for academic purposes.” This language in the law is the basis for adopting a rule, which allows for practice of an extracurricular activity for one period of the day and preserving the remainder of the school day for academics.

The rule does not prohibit a student from enrolling in any number of state-approved classes, such as Stage Band and Instrumental Ensembles or Theatre Arts and Theatre Production, during the same school day so long as the extracurricular activity associated with the state approved class is not practiced more than one period of the day. The rule does not restrict a student from being enrolled in athletics and a state-approved course, which may be associated with an extracurricular activity during the same day. As stated above, a student may be enrolled in any number of state-approved classes. Even though there may be some similarities in the skills to be performed, a drill team member who is enrolled in a state-approved Dance class for fine arts credit is required to master successfully the essential knowledge and skills for Dance. Furthermore, the class must be taught by a teacher certified to teach Dance. Because Dance is a state-approved class, a student may be enrolled in Dance class period and in a pure extracurricular class period, such as athletics, during the same school day.

**(7) May a student enroll in more than one physical education class in the same school day?** The Texas Administrative Code does not prohibit a student from enrolling in any number of state approved courses. However, UIL rules specifically prohibit students from being enrolled in more than one physical education and/or athletic class; Exception (with local school approval): PE Class: Adventure/Outdoor Education; PE Substitute: Partners PE, JROTC, Cheerleading, Drill Team, Marching Band.

As such, there is nothing in statute that would prohibit a student from enrolling in more than one physical education class in the same school day; however, a school would be in violation of the UIL Constitution and Contest Rules and subject to the range of penalties should it occur, with exceptions as noted above.

#### Athletic Periods

Limitations on practice and rehearsal for extracurricular activities during the school day shall be as follows:

- A school district must limit a student to one period of practice during the regularly scheduled school day for specific extracurricular activities, such as athletics, or drill team, or cheerleading.
- The limit of one period per school day for practice in an extracurricular activity does not prohibit a student from enrolling in any state-approved class. A student who is enrolled in a state-approved class that includes essential knowledge and skills that relate to the preparation for an extracurricular activity may practice that extracurricular activity no more than one period during the school day.
- A student may not be permitted to miss a scheduled academic class for an unrelated extracurricular activity.
- A school district must limit extracurricular practice during the school day to ensure that class periods for extracurricular practice do not exceed the time allotted for other class periods.
- A school operates on a traditional class schedule or on a non-traditional class schedule, such as alternating, accelerated, or a modified block schedule. Regardless of the schedule type in place, a school may elect to practice extracurricular activities daily, provided the total minutes allowed for the extracurricular practice is not greater than 300 minutes during the school week.
- Students attending study hall or tutorial sessions for the remainder of the block come under the following regulation: Tutorial sessions are conducted in classrooms, and dressing and redressing time is part of the athletic period - not the study hall or tutorial. Coaches are subject to penalty if these provisions are violated.
- All athletic periods shall be scheduled within the regular school day. A zero period may be scheduled before the first academic class of the day or a 7th, 8th, or 9th period may be scheduled after the last academic class of the day provided students are not enrolled in any other physical education class. The zero, 7th, 8th, or 9th period shall not be longer than other class periods.

## Marching Band Periods

Marching band rehearsals may be conducted during the school day under the following provisions:

- A school district must limit a student to one period of practice during the regularly scheduled school day for specific extracurricular activities, such as athletics, or drill team, or cheerleading.
- The limit of one period per school day for practice in an extracurricular activity does not prohibit a student from enrolling in any state-approved class. A student who is enrolled in a state-approved class that includes essential knowledge and skills that relate to the preparation for an extracurricular activity may practice that extracurricular activity no more than one period during the school day.
- A student may not be permitted to miss a scheduled academic class for an unrelated extracurricular activity.
- A school district must limit extracurricular practice during the school day to ensure that class periods for extracurricular practice do not exceed the time allotted for other class periods.
- A school operates on a traditional class schedule or on a non-traditional class schedule, such as alternating, accelerated, or a modified block schedule. Regardless of the schedule type in place, a school may elect to practice extracurricular activities daily, provided the total minutes allowed for the extracurricular practice is not greater than 300 minutes during the school week.
- Rehearsal during this period may focus on the marching or music components that would be included in performances at marching competitions and appearances at football games or other extracurricular activities as defined by Commissioner of Education rule, 19 TAC Chapter 76.
- Since band is a part of the fine arts academic curriculum, the remaining portion of any instructional block that exceeds the limitations above could then be used to address the essential elements in music through the exploration of music concepts, the mastery of instrumental techniques, the development of sight reading skills, and the preparation of music for curricular concert performances. During this portion of the daily band period, lesson plans should be clearly defined and a grading policy should be established that would commensurate with other academic disciplines, such as language arts, science, and math.
- For both traditional and non-traditional scheduling, the time allotted for the marching band rehearsal should include time for set-up, movement to and from the drill field, etc.
- Under these provisions, no additional time during the school day is allowed for marching band performance preparations.

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