

Island View Pelican Newsletter

October 15th, 2025

Early Out – Monday

Please Note!

**Monday, October 20th is
Early Out
School will be dismissed at 1:30.
This is for Teacher Prep.**

Play Announcement COMING SOON!!

We are so excited to announce that Island View Elementary PTA will once again be doing a play for the school.

We will be giving weekly clues to students to see if they can guess what the play is! It will be announced on Monday, November 3rd. Thank you PTA! We Can't wait!!!

We Need Your Help!

Dear Parents,
We care deeply for our students and kindly ask for your cooperation. For safety reasons, please exit the playground after the morning bell rings. Thank you!



Upcoming Events

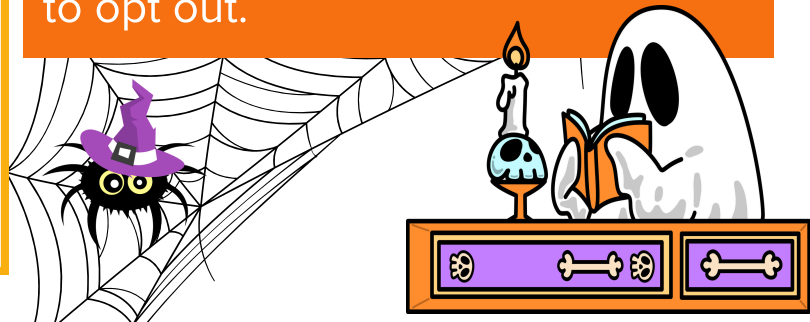
- October 20 – **Early Out – 1:30**
- October 24 – Vision Screening
- October 31st – Halloween Parade, 9:15 AM
- November 5th – 7th – PTA Book Fair
- November 11th – MAKE UP Picture Day
- November 26th – 28th – Thanksgiving Break – **No School**

Important Reminder for Cold Weather

As chilly weather approaches, we would like to remind students to dress suitably for the conditions. ****The expectation is for students to go outside for recess, weather permitting****, so please ensure they are warmly dressed.

Vision Screening

We will be conducting a Vision Screening on October 24th. If you do not want your child to participate please see the office to opt out.





MENTAL HEALTH SERIES


Educate. Inform. Empower.


START TIMES

5:00pm and 7:00pm MT

Explore this month's virtual sessions covering today's most important parenting topics. Join as many as you'd like!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
		1 Supporting Your Child After Trauma	2 Emotional Regulation: Recognizing What's Wrong
6 Tools to Support Your Child's Mental Health - Kickoff	7 Parenting through Anxiety & Depression	8  Bullying- Stop the Cycle	9 Emotional Regulation (Part 2): Interrupting Negative Emotions
13	14 De-escalating Cycles of Conflict	15 Navigating Divorce When Children are Involved	16 Everyday Happiness
20 ABCs of Substance Use & Vaping	21  Mindfulness for Improved Mental Health	22 Helping Your Child Succeed - Three Parenting Styles	23 Understanding Loneliness in Children
27 Your Child's Anxiety	28 Supporting Your LGBTQ+ Child	29 Understanding Video Game Addiction	30 School Avoidance

 **ASK A THERAPIST LIVE** Oct. 21, 6pm • Register @ cookcenter.info/ATLOct21

 **WATCH TOGETHER SERIES** Oct. 8, 6pm • Register @ cookcenter.info/WTOctober



DISCOVER THE MENTAL HEALTH SERIES. SCAN OR VISIT
parentguidance.org/mhs-catalog/

For support, contact: info@cookcenter.org

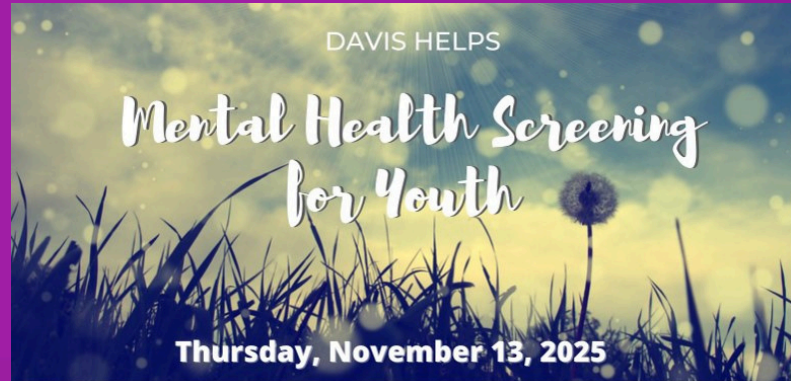
Nominate a Teacher or Staff Member...

You can nominate a teacher or staff member that has made a difference in our school. Anyone is welcome to submit a shoutout. Please use the link attached here or in this email.



HALLOWEEN PARADE

Join us for Island View's 2nd annual Halloween Parade, scheduled for Friday, October 31st at 9:15 AM. Parents are welcome to watch the parade from the back of the school.



DAVIS HELPS

Mental Health Screening for Youth

Thursday, November 13, 2025

PRESCHOOL & ELEMENTARY

DAVIS BEHAVIORAL HEALTH

4:00-7:00 PM

REGISTRATION CLOSING NOVEMBER 6TH

Meet with a mental health provider.
Learn about community resources.

Screening will address social and emotional needs, depression, anxiety, trauma and safety concerns.

The screening is not a full psychological evaluation.
A clinical diagnosis will not be made.
Parents must be present.

A similar event for secondary school aged youth will be held in the Spring 2026



Extension UtahStateUniversity.



To schedule an appointment visit dbh.utah.gov/screening or call Angie Smith @ 801-336-1742.