

## Pathways to Health Overview

The School Board of Sarasota County (SBSC) recognizes the crucial role primary providers serve in delivering and directing medical care. The SBSC established a voluntary program within the medical plan whereby members establish and maintain an ongoing relationship with a primary provider and obtain a preventative well visit exam once every 24 months.

- Employees who receive a preventative well visit exam at least once every 24 months will be eligible to enroll in any of the four medical plan options each year during Open Enrollment for the effective start date of January 1<sup>st</sup> of each year. Each of these options will have \$0 employee contribution for the Employee Only tier coverage. If the employee enrolls in dependent coverage, the employee will receive the dependent subsidy, if applicable (Low PPO and Low HMO).
- Employees who do not receive a preventative well visit exam at least once every 24 months will still be eligible to enroll in any of the four plan options; however, only the Low PPO will have a \$0 contribution for Employee Only tier coverage. The dependent tiers of the Low PPO and all tier levels of the High HMO, Low HMO and the High PPO will have a 10% surcharge. The 10% surcharge will be on the total cost of the yearly cost of coverage.
- Employees will need to complete a preventative well visit exam with their primary provider at least once every 24 months.
- **New Hires** will have the choice of any plan at \$0 cost for Employee Only tier coverage and no surcharge and will need to have their preventative well visit exam completed within 18 months of hire and on record with the district's medical carrier.
- Employees who are newly added to the medical plan via a life event will have the choice of any plan at \$0 cost for Employee Only tier coverage with no surcharge and will have up to 18 months from the effective date of coverage to complete a well visit exam with the district's medical carrier.
- Preventative well visit exams generally include an in-person or virtual visit with your provider to review the state of your health. Depending on age, gender, family history, and health status, it may or may not include laboratory or diagnostic screening tests.
- Employees do not need to submit any paperwork for proof of exam unless requested.
- Employees can view their medical exam date on the Benefits Portal under the Wellness tab. This information will not be available to view for 60-90 days after the date of the exam.
- This program will only apply to employees, not spouses or dependents.

## Yearly Timeline

- June 30<sup>th</sup> Last day to complete annual well visit
- October Open Enrollment with available plan option(s) and pricing
- January 1<sup>st</sup> Selected plan goes into effect.

For answers to frequently asked questions, please go to the Employee Wellness Website:

<https://www.sarasotacountyschools.net/Page/1381>

If you have questions about the program, please e-mail your questions to:

[Risk.Management@sarasotacountyschools.net](mailto:Risk.Management@sarasotacountyschools.net)

It may take several months to get an appointment with your provider. It is important to schedule early. To find an in-network provider, search [www.floridablue.com](http://www.floridablue.com). You will need to login or register as a new user. You may also contact the SCS Florida Blue Rep, Martina Olson at 927-9000 x32314 or [Martina.Olson@bcbsfl.com](mailto:Martina.Olson@bcbsfl.com)