

FEBRUARY 2025

CLARKE COUNTY ACCA/CLA CAMPUS MENU

LUNCH Menu:

Monday, February 3 Chicken Tenders* & French Roll* Garlic & Herb Cheese Pull Aparts* & Marinara PBJ Grab Bag* Seasoned Green Beans Mini Carrots w/ Ranch Seasonal Fresh Fruit Applesauce	Monday, February 10 Crispy Chicken Bites* & French Roll* Mini Cheese or Pepperoni Calzones* & Marinara PBJ Grab Bag* Green Beans Mini Carrots Seasonal Fresh Fruit Peaches
Tuesday, February 4 Beef Taco* Donderos' Kitchen Chicken Fajitas* PBJ Grab Bag* Roasted Corn & Peppers Shredded Lettuce & Salsa Charro Beans Seasonal Fresh Fruit Peaches	Tuesday, February 11 Street Chicken Tacos* Pork Tostadas* PBJ Grab Bag* Roasted Corn & Peppers Charro Beans Seasonal Fresh Fruit Applesauce
Wednesday, February 5 Oven-Roasted Chicken Wings & Cornbread* (Manager will choose what sauces to offer: BBQ, Buffalo, Hot Honey, or Mango Habanero) Assorted Selection of Pizza* PBJ Grab Bag* Steamed Kernel Corn Carrot Sticks Seasonal Fresh Fruit Pears	Wednesday, February 12 Oven-Fried Chicken* & Cornbread Macaroni* & Cheese w/ French Roll* PBJ Grab Bag* Collard Greens Orange-Glazed Carrots Assorted Fresh Vegetables w/ Dip Seasonal Fresh Fruit Tropical Fruit Salad
Thursday, February 6 Assorted Selection of Pizza* PBJ Grab Bag* Power Bowl* HOTM: Roasted Broccoli Garden Salad Seasonal Fresh Fruit Fruit Cup	Thursday, February 13 Hot Honey Chicken Croissant* BBQ Riblet Sandwich* PBJ Grab Bag*/Power Bowl* Potato Wedges Quick Pickled Cucumbers Garden Salad Seasonal Fresh Fruit Craisins/Raisins Freshly-baked Cookie*
Friday, February 7 Crispy Chicken Sandwich* BBQ Pork Sandwich PBJ Grab Bag* Assorted Fresh Vegetables & Dip Baked Beans Seasonal Fresh Fruit Craisins/Raisins Freshly-baked Cookie*	Friday, February 14 NO SCHOOL

Need a quick and easy snack idea for Valentine's Day? Then, make these...

BE MINE CHARCUTERIE

The snack board can be savory or sweet! For SAVORY ideas, use a heart shaped cookie cutter to cut meats



(salami, bologna, ham), cheese, vegetables (peppers and cucumbers), and toast. Then,



sprinkle in some dried fruits and nuts! For SWEET ideas, use heart shaped dishes to display red, white, and pink candies and a yogurt dip. Add fresh and dried fruits, like strawberries, raspberries and cranberries. Then, sprinkle in some yogurt covered pretzels and chocolate covered nuts!

Everyday Offerings

Power Bowls
PB&J Grab and Go Bags
Seasonal Fresh Fruit
Fruit of the Day @ Breakfast

Beverages

8 oz. Flavored, Non-fat Milk
8 oz. Unflavored, Low-fat and Non-fat Milk

REMINDERS:

STUDENTS GET
ONE LUNCH FOR
FREE

ONLY USE YOUR ID
NUMBER @ LUNCH

EXTRA ITEMS & MEALS
WILL BE CHARGED BY
CASHIERS

Breakfast Menu:

Mondays

Sausage Biscuit*
Ooey Goey Cinnamon Toast Bar*
Cereal & Pop Tart*

Sides:

Seasonal Fresh Fruit
Canned Fruit
100% Fruit Juice
Choice of Milk

Tuesdays

Chicken Biscuit*
Banana Chocolate Chip Oatmeal Round*
Yogurt & Granola*

Sides:

Seasonal Fresh Fruit
Canned Fruit
100% Fruit Juice
Choice of Milk

Wednesdays

Sausage & Cheddar Croissant*
Muffin Top* w/ Yogurt
Cereal & Pop Tart*
Coffee Cooler Meal*

Sides:

Seasonal Fresh Fruit
Canned Fruit
100% Fruit Juice
Choice of Milk

Thursdays

Bacon, Egg & Cheese Biscuit*
Mini Cinnis*
Blueberry Yogurt Parfait*

Sides:

Seasonal Fresh Fruit
Canned Fruit
100% Fruit Juice
Choice of Milk

Fridays

Glazed Yeast Donut* or Super Donut*
Mini French Toast*
Cereal Cup*
Coffee Cooler Meal*

Sides:

Seasonal Fresh Fruit
Canned Fruit
100% Fruit Juice
Choice of Milk

HARVEST OF THE MONTH:

CRUCIFEROUS VEGETABLES

- ⇒ Cruciferous vegetables are often known for their distinct odor when cooked, but if you cook with less water and lower the heat, you can minimize the smell and maximize the nutrients!
- ⇒ These vegetables are a member of the Brassicaceae family, common examples are broccoli, cabbage, kale, & cauliflower.
- ⇒ They are a cool-season vegetables, but in Georgia, they are grown from fall to early spring since our winters are so mild.
- ⇒ There is no machine that can harvest broccoli and cauliflower, so it is cut by hand!
- ⇒ It can be eaten raw, steamed, roasted, or boiled... try it different ways to find out which way is your favorite!



Make sure you Try...

SCHOOL BREAKFAST

Breakfast really is the most **important** meal of the day, which is why we offer an assortment of breakfast options each morning. Breakfast is located in the cafeteria. So with a short walk, you could grab a nutritious & **delicious** breakfast **before** your first class EVERY DAY! We offer biscuits/hot breakfast sandwiches, cold breakfast staples as well as coffee coolers and fruit & yogurt parfaits. There really is something for everyone on the breakfast

line. Let's continue that **NEW YEAR'S RESOLUTION** to eat **BREAKFAST** each day!

FEBRUARY 2025

CLARKE COUNTY ACCA/CLA CAMPUS MENU

LUNCH Menu:

Monday, February 17 	Monday, February 24 Honey Sriracha Chicken Bites* & French Roll Cheesy Breadstick Bites* & Marinara PBJ Grab Bag* Loaded Mashed Potatoes Carrot Sticks Seasonal Fresh Fruit Peaches
Tuesday, February 18 Nashville Hot Chicken* & French Roll* Cheesy Breadsticks* & Marinara PBJ Grab Bag* Mashed Potatoes Carrot Sticks Seasonal Fresh Fruit Mandarin Oranges	Tuesday, February 25 Asian Chicken* & French Roll* Mandarin Orange Chicken w/ Brown Rice* PBJ Grab Bag* Mini Carrots w/ Ranch HOTM: Roasted Broccoli Seasonal Fresh Fruit Pineapple
Wednesday, February 19 Chicken Tenders* & Waffle* PBJ Grab Bag* Power Bowl* HOTM: Roasted Broccoli Assorted Fresh Vegetables w/ Ranch Seasonal Fresh Fruit Pears	Wednesday, February 26 Beef Chili w/ Tortilla Chips* Assorted Selection of Pizza* PBJ Grab Bag* Baked Potato Assorted Fresh Vegetables w/ Ranch Seasonal Fresh Fruit Applesauce
Thursday, February 20 Vegetable Lasagna* & Garlic Breadstick* Assorted Selection of Pizza* PBJ Grab Bag* Steamed Kernel Corn Garden Salad Seasonal Fresh Fruit Tropical Fruit Salad	Thursday, February 27 Buffalo Chicken Tenders* & French Roll* Assorted Selection of Pizza* PBJ Grab Bag* HOTM: Roasted Cauliflower Garden Salad Seasonal Fresh Fruit Fruit Salad
Friday, February 21 Spicy Chicken Sandwich* Hamburger/Cheeseburger* PBJ Grab Bag* Potato Sidewinders Mini Carrots w/ Ranch Baked Beans/Campfire Beans Seasonal Fresh Fruit Craisins/Raisins Freshly-baked Cookie*	Friday, February 28 Hamburger*/Cheeseburger* Hot Dog* PBJ Grab Bag* Potato Wedges Assorted Fresh Vegetables w/ Dip Baked Beans/Campfire Beans Seasonal Fresh Fruit Craisins/Raisins Celebration Cookie*

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Breakfast Menu:

<u>Mondays</u>	<u>Tuesdays</u>	<u>Wednesdays</u>	<u>Thursdays</u>	<u>Fridays</u>
Sausage Biscuit* Ooey Goopy Cinnamon Toast Bar* Cereal & Pop Tart*	Chicken Biscuit* Banana Chocolate Chip Oatmeal Round* Yogurt & Granola*	Sausage & Cheddar Croissant* Muffin Top* w/ Yogurt Cereal & Pop Tart* Coffee Cooler Meal*	Bacon, Egg & Cheese Biscuit* Mini Cinnis* Blueberry Yogurt Parfait*	Glazed Yeast Donut* or Super Donut* Mini French Toast* Cereal Cup* Coffee Cooler Meal*
<u>Sides:</u> Seasonal Fresh Fruit Canned Fruit 100% Fruit Juice Choice of Milk	<u>Sides:</u> Seasonal Fresh Fruit Canned Fruit 100% Fruit Juice Choice of Milk	<u>Sides:</u> Seasonal Fresh Fruit Canned Fruit 100% Fruit Juice Choice of Milk	<u>Sides:</u> Seasonal Fresh Fruit Canned Fruit 100% Fruit Juice Choice of Milk	<u>Sides:</u> Seasonal Fresh Fruit Canned Fruit 100% Fruit Juice Choice of Milk

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