







BREAKFAST LUNCH & DINNER MENU

Ta'a'abii "Growth Of Early Plant Life"

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Serving hours: Breakfast: 7 am – 8 am Lunch: 10:15 am – 12:30 pm Dinner: 5 pm – 6 pm	⁸ NO SCHOOL	⁹ Boil egg, hash brown or yogurt w/fruit, toast, fruit juice, variety milk	¹⁰ Biscuit n gravy or cereal, wheat toast pears, variety milk	¹¹ Egg patty, slice ham, English muffin, or yogurt w/berries, fruit juice, variety milk	¹² Chef's Choice, fruit, variety milk	¹³ "This institution is an equal opportunity provider"	
	SOLAR ECLIPSE	Cheese enchilada, refried beans, Spanish rice Hominy, salad bar, orange, variety milk	BBQ chicken, scallop potato, green peas, wheat bread, D. pears, salad bar, variety milk	Spaghetti w/meat sauce, asparagus, breadstick, cantaloupe, salad bar, fruit variety milk	Sloppy Joe on bun, oven fries, ketchup, cookie, fresh apple, salad bar, variety milk		
		Sweet & sour pork, steam rice, fortune cookie, tropical fruit, variety milk	Frito pie, Spanish rice, hominy, pears, variety milk	Cheeseburger, oven fries, ketchup, celery stick, pears, variety milk			
¹⁴	¹⁵ Hot creamy cornmeal or cereal, fruit bar, honeydew melon, variety milk	¹⁶ Breakfast bowl (scramble egg w/ham, tater tots, gravy) yogurt/ fruit, juice, variety milk	¹⁷ Hot blue cornmeal, or cereal, blueberry bagel, cream cheese, mix fruit, variety milk	¹⁸ Glaze French toast, or yogurt w/ fruit, wheat toast, jelly, fruit juice, variety milk	¹⁹ Chef's Choice, fruit, variety milk	United States Department of Agriculture	
	Grill ham & cheese, tomato soup, fruit cup salad bar, variety milk	Turkey taco, lettuce, tomato, cheese, Spanish rice, hominy, pears, salad bar, variety milk	Chili bean, cornbread, steam cauliflower, fruited Jello, apple, salad bar, variety milk	Slice turkey, stuffing, gravy, mix vegetable, cranberry, salad bar, fruit, variety milk	Cheeseburger on bun, fries, ketchup, salad bar, apple, variety milk		
	Spaghetti w/meat sauce, bread, toss salad, peaches, variety milk	Chicken alfredo, garlic bread, steam squash, peaches, variety milk	BBQ pork pull on bun, oven fries, carrot stick, apple, variety milk	Macaroni & cheese w/diced ham, toast, fruited Jello fresh orange, variety milk			
	No School	²² Breakfast pizza or yogurt w/berries, toast, fruit juice, milk	²³ Yogurt w/ fresh berries & fruits, or cereal, fruit cup, banana muffin, milk	²⁴ Sausage gravy over biscuit, or yogurt w/fruits, fruit juice, milk	²⁵ Chef's Choice, fruit, variety milk		
	Navajo Sovereignty Day	Salisbury steak, mash potato, brown gravy, carrot, diced pears, salad bar, variety milk	Orange Chicken, steam rice, fortune cookie, green bean, melon, salad bar, variety milk	Turkey Ala king, bread stick, broccoli, peaches, salad bar, variety milk	Cheeseburger, lettuce, tomato, potato wedge, salad bar, variety milk		
	Earth Day	Baked pork chop, rice pilaf, sweet corn, wheat roll, pears, variety milk	Three cheese green chili enchilada, Spanish rice, sweet corn, peaches, variety milk	Beef stew, corn bread, tropical fruit mix, variety milk			
	²⁹ Cream of wheat or cereal, muffin, fruit, variety milk	³⁰ Ham & egg on Croissant, or yogurt w/berries, toast, fruit, variety milk	^{5/1} Pancake w/syrup, sausage link or cereal, fruit, variety milk	^{5/2} Egg omelet (peppers, dice ham), toast, or yogurt w/ fruit, fruit juice, milk	^{5/3} Chef's Choice, fruit, variety milk		
	Pepperoni pizza, oven fries, apple wedges, salad bar, variety milk	Chicken alfredo, garlic toast, broccoli, diced pears, salad bar, variety milk	Baked ham, mash potato, brown gravy, roll, peas & carrot, fruit, salad bar, variety milk	Beef & bean burrito, Spanish rice, carrot, rosy applesauce, salad bar, variety milk	Chicken Caesar salad, garlic toast, sweet corn, fresh orange, variety milk		
	Cheeseburger, oven fries, celery stick, fresh orange, variety milk	BBQ baked chicken, scallop potato, roll, peas, peaches, variety milk	Beef vegetable stew, slice bread, fruited Jello, pears, variety milk	Sloppy joe on bun, oven fries, ketchup, pears, variety milk		Menu subject to change.	

April 2024

SHONTO PREPARATORY SCHOOL



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