

Muskogee Area Community RESOURCES

FOOD PANTRIES

Eastern Heights Baptist Church

918-682-5556

2401 Haskell Blvd (in the house next to the church and across the street from Tony Goetz) Muskogee, OK 74403
Sat 11am-2pm

First Baptist Church – Community Center

918-351-8771, 918-682-3496

Corner of 8th and Boston
Muskogee, OK 74401
Tuesday 10:00am – 12:00pm
Photo ID & proof of residency required.

One visit every 2 months

Joseph's Storehouse Food Pantry

918-577-6288

615 S Main St.

Monday 10am – 1pm

No special information or documents required.

Muskogee Catholic Charities: Food Pantry and Infant Supply Closet

918-681-6115

1220 W Broadway St,

Monday – Friday 9am – 12pm
(noon)

Photo ID & Proof of residency required. One visit every 30 days.

Muskogee Community Food Pantry

facebook.com/mcm.pantry

918-682-3368

601 East Broadway St. (north entrance)

Muskogee, OK 74403

Monday – Wednesday 1pm – 3pm, Thursday 1pm- 3pm and 4pm – 6pm

Photo ID & Proof of residence in Muskogee County required.

One visit per month, up to 6 times a year.

The Salvation Army

918-682-3384

700 Independence Ave.

Tuesday-Thursday 10am – 4pm

Photo ID & Proof of residence in Muskogee County required.

One visit per month.

<https://www.salvationarmy.org/>

Little Free Panty on Peak

112 E Peak Blvd (under Awning),
Open 24/7

Presbyterian Church Of Muskogee

Free Pantry

2000 Haskell Blvd. (On the Side)

Open 24/7

State Of Squoyah Book & Music

Free Pantry

111 S 40th St (over by Hatbox)

Open 24/7

and P-EBT cards at the Muskogee Farmers' Market to purchase SNAP eligible items and will be matched up to \$20 in additional tokens for purchasing produce. Muskogee Farmers' Market is held at the Muskogee Civic Center every Wednesday from 8am-1pm and Saturdays from 8am-12pm from April through October.

Gospel Rescue Mission

918-682-3489

323 Callahan St.

Sack lunches available Monday through Friday from 12:00-12:30 pm

www.grmmuskogee.org

Honor Heights Towers

918-910-5570

300 N 40th St

Monday-Friday 11:30am-12:30 pm

60+ pay \$1.75 per meal, under 60 pay \$4 per meal

Meals on Wheels & Meal Delivery Services

Call to check for availability!

Grace Episcopal Church:

918-687-5416

Presbyterian Church:

918-683-2666

St. Joseph Catholic Church:

918-687-1351

Area Agency on Aging:

918-682-7891 ask for outreach.

Grace Episcopal Church,

Corner of North 7th and Court Streets, 918-687-5416.

MEALS

Double Up Oklahoma Participants in SNAP

(Supplemental Nutrition Assistance Program) can use EBT

MUSKOGEE AREA COMMUNITY RESOURCES

MLK Community Center

300 W Martin Luther King St.,
918-684-6314.

Muskogee Teen Center,

322 Callahan St., 918-684-6345.

OKFresh!

Go to okfresh.org to see if your
healthcare provider is
participating in this program.

SHELTER/HOUSING

Barracks (Not a Nighttime Shelter)

918-687-5480

4717 W Okmulgee Ave.
Muskogee, OK 74401
Veterans Shelter
victor@okbarracks.org
<https://okbarracks.org/>

Gospel Rescue Mission

918-682-3489

323 Callahan St Muskogee, OK
74403
Homeless shelter for families in
Muskogee.
<https://www.grmmuskogee.org/>
**Oxford House-Sober Living for
Men**
918-537-2009
607 N. &th Street

Diamond In the Rough-Sober

Living for Women

918-869-3224

2708 Monte place
muskogee.diamonds@gmail.com

Woman In Safe Home

(WISH)-Domestic Shelter

Crisis Hotline: 918-682-7878

Muskogee Housing Authority

918-910-5489

220 N 40th St. Muskogee, OK
74401

Hours: Monday – Friday 8:00am
– 5:00pm

<https://www.muskogeehousing.org/>

CLOTHING

Salvation Army

918-682-3384

700 Independence St Muskogee,
<https://www.salvationarmy.org/>

Super Thrift Muskogee

918-913-9579

328 East Side Blvd., Muskogee
[https://www.suprthriftok.com/su
perthrift/muskogee](https://www.suprthriftok.com/superthrift/muskogee)

Golden Rule Thrift Store

918-682-6500

2022 W. Shawnee Street
Muskogee, OK 74401
Hours: 9:00 am – 5:00 pm

MEDICAL

ARKANSAS VERDIGRIS VALLEY HEALTH CENTERS

918-682-0222

Service/Intake
619 N Main St Bldg. D
Muskogee, OK 74401
<http://www.avvhealthcenters.com>

Baptist Free Health Clinic

918-869-0516

205 Houston St.

Muskogee, OK 74403

The Baptist Free Health Clinic
(BFHC) is an all-volunteer basic
health care provider to the
Greater Muskogee community.
It operates on a first come basis,
with 15 patient limits on Mondays
from 4 to 7pm. No proof of
financial need is requested.

Good Shepherd Free Health

Clinic of Muskogee

918-683-8080

(Call Thursdays, 1 - 4 p.m., to
make appointments)

918-687-7571 St. Paul United

Methodist Church – information
2130 W. Okmulgee Ave.

Muskogee , OK 74401

A free health clinic sponsored by
St. Paul's United Methodist
Church and St. Joseph Catholic
Church. For adults who do not
qualify for any form of welfare
and who have no health
insurance. Appointments must be
made by phone on Thursday
afternoons from 1 - 4 p.m. to see
medical personnel (1st & 3rd
Thursday of the month) evening
between 6 p.m. and 9 p.m.

Muskogee County Health

Department

918-683-0321

530 S 34th St.

Muskogee, OK 74401

Adult Health Care, Child &

Adolescent Health Clinic

[https://oklahoma.gov/health/coun
ty-health-departments/muskogee
-county-health-department.html](https://oklahoma.gov/health/coun-ty-health-departments/muskogee-county-health-department.html)

NeoHealth – Muskogee

918-683-0470

1328 S York St.

Muskogee, OK 74403

info@neohealth.org

<http://www.neohealth.org>

Three Rivers Health Center

918-781-6500

1001 S 41st St E

Muskogee, OK 74403

HEALTH CARE: NATIVE

AMERICAN COMMUNITY

health@cherokee.org

<https://health.cherokee.org>

MUSKOGEE AREA COMMUNITY RESOURCES

CHILDCARE

Catholic Charities of Eastern Oklahoma

918-681-6115
1220 W Broadway St,
Muskogee, OK 74401
Personal Services: Infants supply closet
<http://www.cceok.org/muskogee>

Martin Luther King Center

After School Care/Academic Tutoring
918-684-6314
300 W. MLK St.
Muskogee, OK 74401
Hours are 3:00pm-6:00pm
The Dream Team After School Program is for K-6th grade
<https://www.nbn-nrc.org/youth/dreamteam/>

Salvation Army – Muskogee

918-682-3384
700 Independence St.
Muskogee, OK 74403
<https://www.facebook.com/SalArmyMuskogee/Muskogee@uss.salvationarmy.org>

TRANSPORTATION

Muskogee County Transit

918-682-1721
Hours: 8:00am – 5:00pm
4401 E Hayes St. Muskogee, OK 74403
Check the website for prices and routes.
<https://www.muskogeecountytransit.org/routes>

Sooner Ride

Call to schedule your ride toll free: 877-404-4500 and TDD 800-722-0353
During these hours: 7 a.m. – 6 p.m. Monday – Saturday

Important: Be sure to write down the confirmation number.
If your ride is 15 minutes late, call, “Where’s My Ride?”
at 800-435-1034 or 711 (TDD)
<https://www.muskogeecountytransit.org/routes>

COUNSELING/CRISIS

Creoks Behavioral Health Services

918-687-7064
1139 N Main St,
Muskogee, OK 74401
info@creoks.org
<https://www.creoks.org/location.shtml>

Green Country Behavioral Health Services

918-682-8407
619 North Main St. Muskogee, OK 74401
Monday – Friday 8:00am – 5:00pm
<http://gcbhs.org/>

Integrity Pathways

918-682-9292
814 W Okmulgee Ave.
Muskogee, OK 74401
<https://integritypathways.com/>

MCCOYS

918-682-2841
4009 Eufaula Ave. Muskogee, OK 74403
<http://www.mccys.org/>

Monarch – Behavioral Health and Substance Abuse Counseling

918-682-7210
2310 W Broadway St.
Muskogee, OK 74401
<https://www.monarchchok.org/>

Crisis Line

Green Country Crisis Stabilization
918-682-8407

Services intended to reduce an immediate, overwhelming event in one’s life.

This service is available 24 hours a day. Services may be provided in a mobile setting.

Saint Francis Geriatric Acute Crisis Stabilization or Inpatient Care

918-488-6688
Saint Francis Hospital
Muskogee offers inpatient services for people 60 and older in need of mental or emotional healthcare in a medical setting.

Children Willow Crest – 24-hour hotline

800-950-7577
Willow Crest Hospital provides acute and subacute treatment for children and adolescents ages 5-17 experiencing emotional, behavioral and substance related issues requiring 24-hour care.

Crisis Hotlines

National Suicide Prevention Lifeline 1-800-SUICIDE (784-2333)
National Suicide Prevention Hotline 1-800-273-talk (8255)
Oklahoma Department of Mental Health Hotline 1-800-522-9054

FINANCIAL ASSISTANCE

Ki Bois Community Action Foundation

918-684-7258
315 N. 5th St., Muskogee
Offers help with Prescription assistance program, Helps with past due utility payments, past due rent, food, and weathering on homes.

MUSKOGEE AREA COMMUNITY RESOURCES

Ki Bois Community Action Foundation (Veterans Only)

918-681-1525

421 W. Broadway Muskogee

Offers help with Prescription
assistance program, Helps with
past due utility payments, past
due rent, and food.

Muskogee County Community Action Foundation

918-686-8004

2400 Hilldale Springs Dr.

Muskogee

Oklahoma State Department of
Human Services/DHS-LIHEAP

877-653-4793

800-734-7509

918-684-5300

727 S 32. St Muskogee

Help with electricity and water
bills

The Salvation Army

918-682-3384

700 Independence Ave.

Muskogee

Open Mon-Thurs 10am-4p.m

Please schedule an appointment
for Utility and Rental Assistance.