



# The Lyme School Lunch Menu



## January 2026

Lunch Menu	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Prices</u> <u>Full Price Student Lunch: \$4.50</u> <u>Adult/Large Meal Price: \$5.50</u> <u>A La Carte Prices Vary</u>	<u>Cheese Ravioli with Marinara</u> <u>Mixed Vegetables</u> <u>Garlic Knots</u> <u>Fresh Fruit</u> <u>Alternative: Sun Butter and Jelly</u>	<u>5</u> <u>Chicken Fajitas with Sour Cream and Salsa</u> <u>Tortilla Chips</u> <u>Vegetables with Ranch</u> <u>Fresh Fruit</u> <u>Alternative: Caesar Salad</u>	<u>6</u> <u>Hot Dogs</u> <u>Potato Wedges</u> <u>Mandarin Oranges</u> <u>Fresh Fruit</u> <u>Alternative: Chicken Salad Sandwich</u>	<u>7</u> <u>Cheese Quesadilla</u> <u>Garden Salad</u> <u>Scooby Doo Grahams</u> <u>Fresh Fruit</u> <u>Alternative: Garden Salad</u>	<u>8</u> <u>Flat Bread Pizza</u> <u>Yogurt</u> <u>Fruit Snacks</u> <u>Fresh Fruit</u> <u>Alternative: Salad Bar</u>
*** Prices do not apply to free or reduced-price lunches <u>Questions, Comments or Concerns?</u> <u>Chef Danielle Dindo, Food Service Director ddindo@lymeschool.org</u>	<u>BBQ Chicken Thighs</u> <u>Buttered Noodles</u> <u>Cling Peaches</u> <u>Fresh Fruit</u> <u>Alternative: Vegetables with Hummus</u>	<u>12</u> <u>Cheese Tortellini with Pesto</u> <u>Caesar Salad</u> <u>Garlic Knots</u> <u>Fresh Fruit</u> <u>Alternative: Tuna Salad Sandwich</u>	<u>13</u> <u>Beef Tacos with Taco Bar</u> <u>Tortilla Chips</u> <u>Fruit Cup</u> <u>Fresh Fruit</u> <u>Alternative: Turkey and Cheese Wrap</u>	<u>14</u> <u>Chicken Patty Sandwich</u> <u>Green Beans</u> <u>Cheez Its Crackers</u> <u>Fresh Fruit</u> <u>Alternative: Caprese Salad</u>	<u>15</u> <u>French Bread Pizza</u> <u>Fruit Cup</u> <u>Yogurt</u> <u>Fresh Fruit</u> <u>Alternative: Salad Bar</u>
<u>*Milk is included with all paid meals and available for \$0.65 without a meal*</u> <u>The Lyme School Is an Equal Opportunity Provider</u>	<u>19</u> 	<u>20</u> <u>Nachos with Nacho Bar</u> <u>Rice Pilaf</u> <u>Apple Slices</u> <u>Fresh Fruit</u> <u>Alternative: Chicken Salad Sandwich</u>	<u>21</u> <u>Turkey and Cheese Sub</u> <u>Carrots and Hummus</u> <u>Chips</u> <u>Fresh Fruit</u> <u>Alternative: Apple Slices with Sun Butter</u>	<u>22</u> <u>Chicken Noodle Soup</u> <u>Garden Salad</u> <u>Rolls</u> <u>Fresh Fruit</u> <u>Alternative: Chicken Salad Sandwich</u>	<u>23</u> <u>Flat Bread Pizza</u> <u>Yogurt</u> <u>Apple Sauce</u> <u>Fresh Fruit</u> <u>Alternative: Salad Bar</u>
<u>There are cold alternatives available most days</u> <u>** Menus are subject to change without notice</u>	<u>26</u> <u>Greek Salad with Chicken Spinach and Feta Pastry Pockets (Spanakopita)</u> <u>Mandarin Oranges</u> <u>Fresh Fruit</u> <u>Alternative: Vegetables with Ranch</u>	<u>27</u> <u>Pork Carnitas w/ Toppings Bar</u> <u>Rice</u> <u>Corn</u> <u>Fresh Fruit</u> <u>Alternative: Garden Salad</u>	<u>28</u> <u>Ham and Cheese Wrap with Lettuce and Tomatoes</u> <u>Sweet Potato Fries</u> <u>Green Beans</u> <u>Alternative: Egg Salad Sandwich</u>	<u>29</u> <u>Chicken Fingers</u> <u>French Fries</u> <u>Fruit Snacks</u> <u>Fresh Fruit</u> <u>Alternative: Sun Butter and Jelly Sandwich</u>	<u>30</u> <u>French Bread Pizza</u> <u>Peach Cup</u> <u>Yogurt</u> <u>Fresh Fruit</u> <u>Alternative: Salad Bar</u>

