



The Lyme School Lunch Menu



October 2025



Lunch Menu	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Full Price Student Lunch: \$4.50 Adult/Large Meal Price: \$5.50 A La Carte Prices Vary *** Prices do not apply to free or reduced-price lunches			¹ <i>Italian Sausages on a Bun with Peppers and Onions</i> <i>Chips</i> <i>Garden Salad</i> <i>Fresh Fruit</i> <i>Alternative: Chicken Salad Sandwich</i>	² <i>BBQ Chicken Thighs</i> <i>Rice Pilaf</i> <i>Mixed Vegetables</i> <i>Fresh Fruit</i> <i>Alternative: Garden Salad</i>	³ <i>Flat Bread Pizza</i> <i>Yogurt Cup</i> <i>Fruit Cup</i> <i>Fresh Fruit</i> <i>Alternative: Salad Bar</i>
	⁶ <i>Pasta with Pesto</i> <i>Caesar Salad</i> <i>Garlic Knot</i> <i>Fresh Fruit</i> <i>Alternative: Sun Butter and Jelly Sandwich</i>	⁷ <i>Nachos with Nacho Bar</i> <i>Tomato and Cucumber Salad</i> <i>Fruit Cup</i> <i>Fresh Fruit</i> <i>Alternative: Egg Salad Sandwich</i>	⁸ <i>Creamy Chicken Chowder</i> <i>Rolls</i> <i>Mandarin Oranges</i> <i>Fresh Fruit</i> <i>Alternative: Vegetables with Ranch</i>	⁹ <i>Ham and Cheese Subs</i> <i>Gold Fish Crackers</i> <i>Carrots with Ranch</i> <i>Fresh Fruit</i> <i>Alternative: Tuna Salad Sandwich</i>	¹⁰ <i>French Bread Pizza</i> <i>Yogurt Cup</i> <i>Fruit Snacks</i> <i>Fresh Fruit</i> <i>Alternative: Salad Bar</i>
<i>*Milk is included with all paid meals and available for \$0.65 without a meal*</i> <i>The Lyme School Is an Equal Opportunity Provider</i>	¹³ No School – Holiday 	¹⁴ <i>Beef Stew</i> <i>Rolls</i> <i>Green Beans</i> <i>Fresh Fruit</i> <i>Alternative: Garden Salad</i>	¹⁵ Brunch For Lunch French Toast Casserole w/ Berries Sausage Links Home Fries Fresh Fruit <i>Alternative: Turkey and Cheese Sandwich</i>	¹⁶ <i>Grilled Cheese Flatbread</i> <i>Tomato Basil Soup</i> <i>Veggies with Ranch</i> <i>Fresh Fruit</i> <i>Alternative: Ham and Cheese Sandwich</i>	¹⁷ <i>Flat Bread Pizza</i> <i>Yogurt Cup</i> <i>Fruit Cup</i> <i>Fresh Fruit</i> <i>Alternative: Salad Bar</i>
<i>There are cold alternatives available most days</i> ** Menus are subject to change without notice	²⁰ <i>Chicken Fingers</i> <i>French Fries</i> <i>Mandarin Oranges</i> <i>Fresh Fruit</i> <i>Alternative: Caesar Salad</i>	²² <i>Chicken Fajitas with Salsa and Sour Cream</i> <i>Vegetables with Ranch</i> <i>Tortilla Chips</i> <i>Fresh Fruit</i> <i>Alternative: Vegetables with Hummus</i>	²³ <i>Macaroni and Cheese</i> <i>Corn</i> <i>Apple Slices</i> <i>Fresh Fruit</i> <i>Alternative: Sun Butter and Jelly Sandwich</i>	²⁴ <i>Turkey and Cheese Sub</i> <i>Chips</i> <i>Caesar Salad</i> <i>Fresh Fruit</i> <i>Alternative: Chicken Salad Sandwich</i>	²⁵ <i>French Bread Pizza</i> <i>Yogurt Cup</i> <i>Annie's Bunny Grahams</i> <i>Fresh Fruit</i> <i>Alternative: Salad Bar</i>
Questions, Comments or Concerns? Chef Danielle Dindo, Food Service Director ddindo@lymeschool.org	²⁷ <i>Chicken with Pineapple Salsa</i> <i>Rice Pilaf</i> <i>Mixed Vegetables</i> <i>Fresh Fruit</i> <i>Alternative: Sun Butter and Jelly</i>	²⁸ <i>Cheese Quesadillas with Salsa and Sour Cream</i> <i>Black Bean and Corn Salad</i> <i>Cling Peaches</i> <i>Fresh Fruit</i> <i>Alternative: Vegetables with Ranch</i>	²⁹ <i>Buffalo Chicken Wrap with Ranch (Mildly Spicy)</i> <i>Celery and Carrot Sticks</i> <i>Sweet Potato Fries</i> <i>Fresh Fruit</i> <i>Alternative: Caesar Salad</i>	³⁰ <i>Hot Dogs</i> <i>French Fries</i> <i>Broccoli</i> <i>Fresh Fruit</i> <i>Alternative: Tuna Salad Sandwich</i>	³¹ <i>Flat Bread Pizza</i> <i>Yogurt Cup</i> <i>Peach Cup</i> <i>Fresh Fruit</i> <i>Alternative: Salad Bar</i>

