

The Lyme School Lunch Menu



September 2025



| Lunch Menu | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|--|---|
| Prices Full Price Student Lunch: \$4.50 Adult/Large Meal Price: \$5.50 A La Carte Prices Vary *** Prices do not apply to free or reduced-price lunches | Labor Day No School | 1 2 Chicken Fingers French Fries Baby Carrots w/ Ranch Fresh Fruit Alternative: Sun Butter and Jelly Sandwich | 3 Chicken Fajitas with Salsa and Sour Cream Mexican Street Corn Salad Rice Fresh Fruit Alternative: Tuna Salad Sandwich | 4 Turkey Subs with Sandwich Bar Potato Chips Garden Salad Fresh Fruit Alternative: Vegetables with Ranch | 5 Flat Bread Pizza Yogurt Cup Fruit Cup Fresh Fruit Alternative: Salad Bar |
| | 8 Chicken Parmesan Pasta with Olive Oil and Herbs Green Beans Garlic Knot Fresh Fruit Alternative: Garden Salad | 9 Pulled Pork Sandwiches Garlic Herb Roasted Potatoes Vegetables with Ranch Fresh Fruit Alternative: Egg Salad Sandwich | 10 Chicken Noodle Soup Rolls Mandarin Oranges Fresh Fruit Alternative: Vegetables with Hummus | 11 Grilled Cheese Sandwiches Caprese Salad (Tomatoes, Fresh Mozzarella, Basil, and Balsamic) Gold Fish Crackers Fresh Fruit Alternative: Caprese Flat Bread | 12 French Bread Pizza Yogurt Cup Peach Cup Fresh Fruit Alternative: Salad Bar |
| *Milk is included with all paid meals and available for \$0.65 without a meal* The Lyme School Is an Equal Opportunity Provider | 15 Chili Corn Bread Cucumbers with Dill Dip Fresh Fruit Alternative: Tuna Salad Sandwich | 16 Chicken Patty Sandwich Sweet Potato Fries Broccoli Fresh Fruit Alternative: Chicken Salad Sandwich | 17 Turkey, Apple, and Cheddar Flatbread Corn on the Cob Carrots with Ranch Fresh Fruit Alternative: Caesar Salad | 18 Hot Dogs Pasta Salad Fruit Snacks Fresh Fruit Alternative: Sun Butter and Jelly Sandwich | 19 Flat Bread Pizza Yogurt Cup Fruit Cup Fresh Fruit Alternative: Salad Bar |
| There are cold alternatives available most days ** Menus are subject to change without notice | 22 Cheesy Chicken and Rice Casserole Mixed Vegetables Rolls Fresh Fruit Alternative: Cucumbers with Ranch | 23 Turkey and Cheddar Wraps with Lettuce and Tomato Vegetables with Ranch Potato Chips Fresh Fruit Alternative: Sun Butter and Jelly Sandwich | 24 Pasta with Meat Sauce or Marinara Garlic Knots Carrots Fresh Fruit Alternative: Garden Salad | 25 Tomato Soup Homemade Garlic Bread Green Beans Fresh Fruit Alternative: Egg Salad Sandwich | 26 French Bread Pizza Yogurt Cup Fruit Snacks Fresh Fruit Alternative: Salad Bar |
| Questions, Comments or Concerns? Chef Danielle Dindo, Food Service Director ddindo@lymeschool.org | 29 Chicken Alfredo with Pasta Broccoli Garlic Knot Fresh Fruit Alternative: Tuna Salad Sandwich | 30 Beef Tacos with Taco Bar Cilantro Lime Rice Mandarin Oranges Fresh Fruit Alternative: Vegetables with Ranch | | | |