



Upper Moreland Middle School

2025-2026

Bell Schedule



7:35 to 7:55 <i>Homeroom & Breakfast</i>	Period 1 <i>Doors open for arrival at 7:35. All students report to HR or breakfast. The late bell rings at 7:50, at which time all students must be in their HR for attendance and morning announcements.</i>	
7:55 to 8:55	Period 2	
8:55 to 9:55	Period 3	
9:55 to 10:55	Period 4	
6th Grade	7th Grade	8th Grade
Period 5: 10:55 to 11:55	Period 5: 10:55 to 11:55	Lunch: 10:55 to 11:25
Lunch: 11:55 to 12:25	Period 6: 11:55 to 12:55	Period 5: 11:25 to 12:25
Period 6: 12:25 to 1:25	Lunch: 12:55 to 1:25	Period 6: 12:25 to 1:25
1:25 to 2:25	Period 7	

6th Grade			7th Grade			8th Grade		
Period 1	7:35 - 7:55	HR	Period 1	7:35 - 7:55	HR	Period 1	7:35 - 7:55	HR
Period 2	7:55 - 8:55	UA/ WL/ I&E	Period 2	7:55 - 8:55	Core	Period 2	7:55 - 8:55	Core
Period 3	8:55 - 9:55	UA/ WL/ I&E	Period 3	8:55 - 9:55	Core	Period 3	8:55 - 9:55	Core
Period 4	9:55 - 10:55	Core	Period 4	9:55 - 10:55	UA/ WL/ I&E	Period 4	9:55 - 10:55	Core
Period 5	10:55 - 11:55	Core	Period 5	10:55 - 11:55	UA/ WL/ I&E	Lunch	10:55 - 11:25	Lunch
Lunch	11:55 - 12:25	Lunch	Period 6	11:55 - 12:55	Core	Period 5	11:25 - 12:25	Core
Period 6	12:25 - 1:25	Core	Lunch	12:55 - 1:25	Lunch	Period 6	12:25- 1:25	UA/ WL/ I&E
Period 7	1:25 - 2:25	Core	Period 7	1:25 - 2:25	Core	Period 7	1:25 - 2:25	UA/ WL/ I&E



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Early Dismissal Bell Schedule

7:35 to 7:55	Period 1
7:55 to 8:25	Period 2
8:25 to 8:55	Period 3
8:55 to 9:25	Period 4
9:25 to 9:55	Period 5 Grade 8 Teachers- release students at 9:57AM
9:55 to 10:25	Period 6
10:25 to 11:00	Period 7

2 Hour Delay Bell Schedule

9:35 to 9:55	Period 1	
9:55 to 10:35	Period 2	
10:35 to 11:15	Period 3	
6th Grade	7th Grade	8th Grade
Period 4: 11:15 to 11:55	Period 4: 11:15 to 11:55	Lunch: 11:15 to 11:45
Lunch: 11:55 to 12:25	Period 5: 11:55 to 12:35	Period 4: 11:45 to 12:25
Period 5: 12:25 to 1:05	Lunch: 12:35 to 1:05	Period 5: 12:25 to 1:05
1:05 to 1:45	Period 6	
1:45 to 2:25	Period 7	